# Cahiers du Groupement Hahnemannien

(adversting)

#### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

#### Foreword

Part 1: ANALYSIS : A Short Repertory (Under Construction - summer 2000)

**Part 2: SYNOPSIS** : An exposition of the important and characteristic features of the most important remedies of the Homoeopathic Materia Medica, with their physiological spheres of activities, modalities and relationships

List of Remedies in the Materia Medica Portion: AAA \* Abro. \* Aco. \* Act-r. \* Act-sp. \* Ado. \* Aesc. \* Aeth. \* Agar. \* Ag-c. \* Ail. \* Alet. \* All-c. \* Alo. \* Alu. \* Amb. \* Am-c. \* Am-m. \* Amy-n. \* Anac. \* Anth. \* Ant-c. \* Ant-t. \* Ap. \* Apoc. \* Aral. \* Aran. \* Arg. \* Arg-n. \* Arn. \* Ars. \* Ars-io. \* Aru-t. \* Asa. \* Asar. \* Asclep. \* Ast-fl. \* Ast-r. \* Aur. \* **BBB** \* Bad. \* Bap. \* Bar-c. \* Bell. \* Bels. \* Benz-ac. \* Berb. \* Bism. \* Bor. \* Bov. \* Bro. \* Bry. \* Buf. \* Bur-p. \* **CCC** \* Cact. \* Cad-s. \* Calad. \* Calc-c. \* Calc-f. \* Calc-hyp. \* Calc-p. \* Calc-s. \* Calend. \* Cam. \* Canc-fl. \* Cann. \* Canth. \* Caps. \* Carb-a. \* Carb-v. \* Carb-ac. \* Card-m. \* Cast. \* Caul. \* Caus. \* Cean. \* Ced. \* Cep. \* Cham. \* Chel. \* Chenop. \* Chim. \* Chin. \* Chi-ar. \* Chi-s. \* Chio. \* Chl-hy. \* Chlor. \* Cic. \* Cimi. \* Cina. \* Cinb. \* Cist. \* Clem. \* Cob. \* Coca. \* Cocc. \* Coc-c. \* Cof. \* Colch. \* Coll. \* Col. \* Com. \* Con. \* Cop. \* Cor-r. \* Corn. \* Cratae. \* Croc. \* Crot-h. \* Crot-t. \* Cub. \* Culx. \* Cup-ar. \* Cup. \* Cyc. \* DDD \* Daph. \* Dict. \* Dig. \* Dios. \* Diph. \* Dros. \* Dulc. \* EEE \* Echi. \* Elap. \* Epip. \* Equi. \* Erig. \* Eucal. \* Eup-p. \* Eup-pur. \* Euphor. \* Euphr. \* Euon. \* FFF \* Fag. \* Fer. \* Fer-p. \* Flu-ac. \* Form. \* Frax. \* GGG \* Gamb. \* Gel. \* Gen. \* Glo. \* Gnap. \* Goss. \* Grap. \* Grat. \* Grind. \* Guai. \* Gym. \* HHH \* Ham. \* Hell. \* Helo. \* Hep. \* Hyds. \* Hyd-ac. \* Hyo. \* Hypr. \* III \* Ign. \* Iod. \* Ip. \* Iris. \* JJJ \* Jab. \* Jal. \* Jat. \* Jus. \* KKK \* Kali-ar. \* Kali-bi. \* Kali-bro. \* Kali-c. \* Kali-chl. \* Kali-io. \* Kali-m. \* Kali-n. \* Kali-p. \* Kali-s. \* Kalm. \* Kre. \* LLL \* Lac-c. \* Lac-d. \* Lach. \* Lapp. \* Latro. \* Laur. \* Led. \* Lept. \* Lil-t. \* Lith-c. \* Lob. \* Lues. \* Lyc. \* Lycps. \* Lys. \* MMM \* Mag-c. \* Mag-m. \* Mag-p. \* Mag-s. \* Manc. \* Mang. \* Mar-v. \* Med. \* Mel. \* Men. \* Meph. \* Mary, Mary, Merc. Merc., Merc. Paeon. \* Pall. \* Par-b. \* Par. \* Petr. \* Phel. \* Pho-ac. \* Pho. \* Phys. \* Phyt. \* Pic-ac. \* Plan. \* Plat. \* Plb. \* Pod. \* Polyg. \* Pru-s. \* Psor. \* Pul. \* Pyro. \* RRR \* Radm-b. \* Rana-b. \* Ran-b. \* Ran-sc. \* Raph. \* Rat. \* Rhe. \* Rhod. \* Rhus-t. \* Rob. \* Rum. \* Rut. \* SSS \* Saba. \* Sabal. \* Sabi. \* Samb. \* Sang. \* Sanic. \* Sars. \* Scil. \* Scop. \* Scut. \* Sec-c. \* Sele. \* Senec. \* Seneg. \* Sep. \* Sil. \* Solid. \* Spig. \* Spo. \* Stan. \* Stap. \* Stict. \* Stram. \* Stro. \* Strop. \* Sul. \* Sul-ac. Sul-io. \* Sumb. \* Symp. \* Syph. \* TTT \* Tab. \* Tarx. \* Tarn-c. \* Tarn. \* Tell. \* Terb. \* Teucr. \* Ther. \* Thlas. \* Thu. \* Thyr. \* Til. \* Tril. \* Tub. \* UUU \* Urt-u. \* Ust. \* VVV \* Val. \* Variol. \* Ver-a. \* Ver-v. \* Verb. \* Vib. \* Vinc. \* Vio-od. \* Vio-t. \* Vip. \* Vis-a. \* XXX \* Xantx. \* ZZZ \* Zin-ar. \* Zin-chr. \* Zin-io. \* Zin. \* Zin-ph. \* Zin-v.

Part 3:

(a) - Table of the Approximate Duration of Action of Remedies.

(b) - <u>Complementary Remedies</u>.

(c) - Antagonistic Remedies.

(d) - S.T.R.: Supplemental Reference Table i.e. a valuable additional table for ready reference to the Repertorial Portion in the Text. (Under Construction - summer 2000)

A \* B \* C \* D \* E \* F \* G \* H \* I \* J \* K \* L \* M \* N \* O \* P \* Q \* R \* S \* T \* U \* V \* W \* X \* Y \* Z

The "Supplementary Reference Table" has been, enlarged considerably, especially by transferring most of the comparisons to it from the text of the respective remedies. This makes for clearness and facility of reference.

C. M. BOGER.

Parkersburg, W. Va.

As long as old ailments reappear or are worse, without the appearance of essentially new symptoms which lie outside of its sphere of action, we should guard against a repetition of the remedy, or changing to a new one.

Boenninghausen.

Symptoms appearing last in a proving have the highest value.

Hering.

Copyright © Médi-T 1999

<u>H.I.</u>

## Cahiers du Groupement HAHNEMANNIEN du Docteur P. Schmidt

Publié sous la direction du Docteur J. Baur

Introduction Introduction

Abonnement aux Cahiers Abonnement

Historique des Cahiers Historique

Biographie du Dr P. Schmidt Biographie du Dr P. Schmidt

Cahiers

29ème série - 1992 Cahiers - 29ème série - 1992

### Présentation de Livres

Dr J. Baur : Homéopathie, médecine de l'individu Homéopathie, médecine de l'individu

Dr J. Baur : Les Manuscrits du Docteur Comte Sébastien Des Guidi Les Manuscrits du Docteur Comte Sébastien Des Guidi

Textes Copyright © Groupement Hahnemannien 2000 & Html Copyright © Sylvain Cazalet 2000 Ce site est réalisé et hébergé gratuitement par Homéopathe International.

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

#### FOREWORD

Correct prescribing is the art of carefully fitting pathogenetic to clinical symptoms, and as such at present requires a special aptness in grasping the essential points of symptom images, great drudgery a mastering a working knowledge of our large Materia Medica or a most skilful use of many books of reference.

It is the aim of this book to simplify and introduce method into this work, so that the truly homœopathic curative remedy may be worked out with greater case and certainty. For this purpose a combination of the analytic and synoptic methods has been thought best.

The spirit of the clinical symptom picture is best obtained by *asking the patient to tell his own story*, whenever this is possible. This account is then amplified and more accurately defined by the questioner, who should first try to elicit the evident *cause and course* of the sickness, to which he will add all the things which *now seem to interfere* with the sufferer's comfort. Especially should the natural modifiers of sickness - *the modalities*- be very definitely ascertained. The following are the most vitally important of such influences: *Time, Temperature, Open Air, Posture, Being Alone, Motion, Sleep, Eating and Drinking, Touch, Pressure, Discharges, etc.* 

A consideration of the *mental state* comes next in order of importance. Here the presence of *Irritability, Sadness* or *Fear* is the ruling factor.

The third step concerns the estimate to be put upon the patient's own description of his sensations. This is a very vital point and in order not to be misled it is always well to ascertain whether any of the following primary sensations are present: *Burning, Cramping, Cutting Bursting, Soreness, Throbbing* and *Thirst.* There may be many others, but the presence of any one of these often overshadows them, especially such as may be due to the play of the imagination ; which feature is in itself of more importance than the particular thing imagined.

Next in order comes the *entire objective aspect or expression of the sickness: This* should especially include the *Facial Expression*, *Demeanor, Nervous Excitability, Sensibility, Restlessness* or *Torpor, State of the Secretions* and any abnormal coloring that may be present.

Lastly the *part affected must* be determined ; this also, brings the investigation in touch with diagnosis.

By going over the above rubrics in the order named the contour of the disease picture will be pretty clearly outlined and will point fairly well toward the simillimum, and the prescriber has only to keep in mind the fact that the actual *differentiating factor may belong to any rubric whatsoever* and also that the scope of these rubrics reaches far beyond the appended synoptic text.

For ready reference the following diagram has been arranged:

**MODALITIES:** CAUSATION. TIME. TEMPERATURE. WEATHER. OPEN AIR. POSTURE. MOTION. EATING AND DRINKING. SLEEP. IF ALONE. PRESSURE. TOUCH. DISCHARGES.

MIND: IRRITABILITY. SADNESS. FEAR. PLACIDITY.

**SENSATIONS:** BURNING. CRAMPING. CUTTING. BURSTING. SORENESS. THROBBING. THIRST.

# **OBJECTIVE ASPECT:** DEMEANOR. RESTLESSNESS. NERVOUS EXCITABILITY. FACIAL EXPRESSION. TORPOR. SECRETIONS. COLOR. ODOR.

#### PART AFFECTED: Organs. Right. Left.

THE SYNOPSIS, is intended to make clear the *general expression or genius* of each remedy, and thereby help the prescriber correct his bearings. The scope of its contents is much enlarged by bracketing the most nearly affiliated remedies after some of the more important symptoms ; this also helps in making differentiations.

What often makes a cure hard is the laying of too much stress upon some particular factor at the expense of the disease picture as a whole, thus destroying its symmetry and forming a distorted conception of the natural image of the sickness. This does not, however, mean that all symptoms stand on the same level, for certain effects must be more prominent than others, yet be part and parcel of them. This is the sense in which we must learn to know our remedies, just as we do our friends, *by their air or personality*; an ever changing, composite effect, but always reflecting the same motive.

Whenever the chosen remedy excites little or no reaction, the selection has either been faulty, or what is just as likely, one of the fundamental miasms which calls for either Psorinum, Sulfur, Medorrhinum or Syphilinum, is present.

Whenever the general benefit derived from a single dose lags, the remedy should be repeated in the next higher potency, instead of looking upon the new symptoms as indicators for some other drug; for only the most inveterately rooted dyscrasia can, by varying its expression, resist the whole scale of an indicated remedy. Sometimes we can advantageously change to another potency scale of the same remedy, before attempting to scrutinize the remaining picture for those new developments which must point toward our next choice, nor should this successor be chosen until the new symptom picture-disease phase-takes on a fairly definite or settled form.

This new fifth edition of the Synoptic Key is herewith submitted to all brothers in the work. Only changes of proven valve in co-ordinating and assembling the significant features of seemingly disassociated symptom groups, have been made. Upon these depends almost wholly the final choice of the simillimum. They should reflect a speaking image, as it were, of the correctly indicated remedy. To this end rubrics from my private files have been freely drawn upon. The symptom features of many remedies have been clarified in order to increase their usefulness, especially in precisionizing differentiations. The Repertory is only intended to orient the searcher.

The possibilities that inhere in the contact of the simillimum with the disordered vital force can not be fore-known. It therefore behooves every prescriber to use the utmost care in selecting the curative remedy. It will always remain true, as Paracelsus says in "Erste buch von blatern," chap. 8. 1528. "Just so, Mercury, (etc.), -cures- things Mercuric" only.

The strain which runs through every pathogenetic symptom complex has been called the "genius" of the drug. To give this its proper place in the prescription should be the ideal of every prescriber. To this end is this book written.

Cyrus Maxwell BOGER, M. D. Parkersburg, W. Va.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

### List of Remedies in the Materia Medica Portion

# $\underline{A} * \underline{B} * \underline{C} * \underline{D} * \underline{E} * \underline{F} * \underline{G} * \underline{H} * \underline{I} * \underline{J} * \underline{K} * \underline{L} * \underline{M} * \underline{N} * \underline{O} * \underline{P} * \underline{R} * \underline{S} * \underline{T} * \underline{U} * \underline{V} * \underline{X} * \underline{Z}$

Α Abro. ABROTANUM Aco. ACONITUM NAPELLUS Act-r. ACTÆA RACEMOSA (see Cimi. : Cimicifuga Racemosa) Act-sp. ACTÆA SPICATA Ado. ADONIS VERNALIS Aesc. ÆSCULUS HIPPOCASTANUM Aeth. ÆTHUSA CYNAPIUM Agar. AGARICUS MUSCARIUS Ag-c. AGNUS CASTUS Ail. AILANTHUS GLANDULOSA Alet. ALETRIS FARINOSA All-c. ALLIUM CEPA (= Cep. : Cepa Vulgaris) Alo. ALOE SOCOTRINA Alu. ALUMINA Amb. AMBRA GRISEA Am-c. AMMONIUM CARBONICUM Am-m. AMMONIUM MURIATICUM Amy-n. AMYLIUM NITROSUM Anac. ANACARDIUM ORIENTALE Anth. ANTHRACINUM Ant-c. ANTIMONIUM CRUDUM Ant-t. ANTIMONIUM TARTARICUM Ap. **APIS MELLIFICA** 

Apoc. **APOCYNUM CANNABINUM** Aral. ARALIA RACEMOSA Aran. ARANEA DIADEMA Arg. **ARGENTUM METALLICUM** Arg-n. **ARGENTUM NITRICUM** Arn. **ARNICA MONTANA** Ars. **ARSENICUM ALBUM** Ars-io. **ARSENICUM IODATUM** Aru-t. ARUM TRIPHYLLUM <u>Asa</u>. ASA FŒTIDA Asar. ASARUM EUROPÆUM Asclep. ASCLEPIAS TUBEROSA Ast-fl. ASTACUS FLUVIATILIS (=Canc-fl. : Cancer Fluviatilis) Ast-r. **ASTERIAS RUBENS** Aur. AURUM METALLICUM

# В

Bad. BADIAGA Bap. **BAPTISIA TINCTORIA** Bar-c. **BARYTA CARBONICA** Bell. BELLADONNA Bels. **BELLIS PERENNIS** Benz-ac. **BENZOICUM ACIDUM** Berb. **BERBERIS VULGARIS** Bism. **BISMUTHUM METALLICUM** Bor. BORAX Bov. BOVISTA Bro. BROMUM Bry. BRYONIA Buf. BUFO (See Rana-b.. : Rana Bufo) Bur-p. BURSA PASTORIS (See Thlas. : Thlaspi Bursa Pastoris)

С

Cact. CACTUS GRANDIFLORUS Cad-s. CADMIUM SULFURICUM Calad. CALADIUM SEGUINUM Calc-c. CALCAREA CARBONICA OSTREARUM Calc-f. CALCAREA FLUORICA Calc-hyp. CALCAREA HYPOPHOSPHORICA Calc-p. CALCAREA PHOSPHORICA Calc-s. CALCAREA SULFURICA Calend. CALENDULA OFFICINALIS Cam. CAMPHORA Canc-fl. CANCER FLUVIATILIS (See Ast-fl. : Astacus Fluviatilis) Cann. CANNABIS Canth. CANTHARIS Caps. CAPSICUM ANNUUM Carb-a. CARBO ANIMALIS Carb-v. CARBO VEGETABILIS Carb-ac. CARBOLICUM ACIDUM Card-m. CARDUUS MARIANUS Cast. CASTOREUM Caul. CAULOPHYLLUM THALICTROIDES Caus. CAUSTICUM Cean. CEANOTHUS AMERICANUS Ced. CEDRON Cep. CEPA VULGARIS (See All-c. : Allium Cepa) Cham. CHAMOMILLA VULGARIS Chel. CHELIDONIUM MAJUS Chenop. CHENOPODIUM ALBUM

Chim. CHIMAPHILA UMBELLATA Chin. CHINA OFFICINALIS (RUBRA) Chi-ar. CHININUM ARSENICICUM Chi-s. CHININUM SULFURICUM Chio. **CHIONANTHUS VIRGINICA** Chl-hy. CHLORALUM Chlor. CHLORUM Cic. **CICUTA VIROSA** Cimi. CIMICIFUGA RACEMOSA (See Act-r. : Actæa Racemosa) Cina. CINA Cinb. CINNABARIS Cist. **CISTUS CANADENSIS** Clem. CLEMATIS ERECTA Cob. COBALTUM METALLICUM Coca. COCA Cocc. COCCULUS INDICUS Coc-c. COCCUS CACTI Cof. COFFEA CRUDA Colch. COLCHICUM AUTUMNALE Coll. **COLLINSONIA CANADENSIS** Col. COLOCYNTHIS Com. COMOCLADIA DENTATA Con. CONIUM MACULATUM Cop. **COPAIVA OFFICINALIS** Cor-r. CORALLIUM RUBRUM Corn. CORNUS FLORIDA Cratae. CRATÆGUS OXYACANTHA Croc. **CROCUS SATIVUS** Crot-h. **CROTALUS HORRIDUS** 

Crot-t. CROTON TIGLIUM Cub. CUBEBA OFFICINALIS Culx. CULEX MUSCA Cup-ar. CUPRUM ARSENICOSUM Cup. CUPRUM METALLICUM Cyc. CYCLAMEN EUROPÆUM

# D

Daph. DAPHNE INDICA Dict. DICTAMNUS ALBUS Dig. DIGITALIS PURPUREA Dios. DIOSCOREA VILLOSA Diph. DIPHTERICUM Dros. DROSERA ROTUNDIFOLIA DULCAMARA

# E

Echi. ECHINACEA ANGUSTIFOLIA Elap. **ELAPS CORALLINUS** Epip. **EPIPHEGUS VIRGINIANA** Equi. EQUISETUM HIEMALE Erig. **ERIGERON CANADENSIS** Eucal. EUCALYPTUS GLOBULUS Eup-p. EUPATORIUM PERFOLIATUM Eup-pur. EUPATORIUM PURPUREUM Euphor. EUPHORBIUM Euphr. **EUPHRASIA OFFICINALIS** Euon. EVONYMUS EUROPÆUS (=Euonymus Europaeus)

# F

Fag. FAGOPYRUM ESCULENTUM Fer. FERRUM METALLICUM Fer-d. FERRUM PHOSPHORICUM Flu-ac. FLUORICUM ACIDUM Form. FORMICA RUFA Frax. FRAXINUS AMERICANA

# G

Gamb. GAMBOGIA (=Cambogia) <u>Gel</u>. **GELSEMIUM SEMPERVIRENS** Gen. GENISTA SCOPARIA (=Scop. : Scoparius Genista) Glo. GLONOINUM Gnap. **GNAPHALIUM POLYCEPHALUM** Goss. **GOSSYPIUM HERBACEUM** Grap. GRAPHITES Grat. **GRATIOLA OFFICINALIS** Grind. **GRINDELIA ROBUSTA** Guai. **GUAIACUM** Gym. **GYMNOCLADUS CANADENSIS** 

# Н

Ham. HAMAMELIS VIRGINIANA Hell. HELLEBORUS NIGER Helo. **HELONIAS DIOICA** Hep. HEPAR SULFUR Hyds. HYDRASTIS CANADENSIS Hyd-ac. HYDROCYANICUM ACIDUM Hyo. HYOSCYAMUS NIGER Hypr. HYPERICUM PERFORATUM

I Ign. IGNATIA AMARA Iod. IODUM Ip. IPECA Iris.

**IRIS VERSICOLOR** 

J

Jab. JABORANDI Jal. JALAPA Jat. JATROPHA CURCAS Jus. JUSTICIA ADHATODA

# Κ

Kali-ar. **KALIUM ARSENICOSUM** Kali-bi. KALIUM BICHROMICUM Kali-bro. KALIUM BROMATUM Kali-c. KALIUM CARBONICUM Kali-chl. KALIUM CHLORICUM Kali-io. KALIUM IODATUM Kali-m. KALIUM MURIATICUM Kali-n. KALIUM NITRICUM Kali-p. KALIUM PHOSPHORICUM Kali-s. KALIUM SULFURICUM Kalm. KALMIA LATIFOLIA Kre. KREOSOTUM

# L

Lac-c. LAC CANINUM Lac-d. LAC DEFLORATUM Lach. LACHESIS MUTUS Lapp. LAPPA MAJOR Latro. LATRODECTUS MACTANS Laur. LAUROCERASUS Led. LEDUM PALUSTRE Lept. LEPTANDRA VIRGINICA Lil-t. LILIUM TIGRINUM

Lith-c. LITHIUM CARBONICUM Lob. LOBELIA INFLATA Lues. LUESINUM (=Syph. : Syphilinum) Lyc. LYCOPODIUM CLAVATUM Lycps. LYCOPUS VIRGINICUS Lys. LYSSINUM (Hydrophobinum)

### Μ

Mag-c. **MAGNESIA CARBONICA** Mag-m. MAGNESIA MURIATICA Mag-p. MAGNESIA PHOSPHORICA Mag-s. MAGNESIA SULFURICA Manc. MANCINELLA VENENATA Mang. MANGANUM METALLICUM Mar-v. MARUM VERUM (See Teucr. : Teucrium Marum) Med. MEDORRHINUM Mel. MELILOTUS Men. **MENYANTHES TRIFOLIATA** Meph. **MEPHITIS PUTORIUS** Merc-c. MERCURIUS CORROSIVUS Merc-cy. **MERCURIUS CYANATUS** Merc-d. MERCURIUS DULCIS Merc-i-f. MERCURIUS IODATUS FLAVUS (Proto-iodatus) Merc-i-r. MERCURIUS IODATUS RUBER (Bi-iodatus) Merc-p-r. MERCURIUS PRÆCIPITATUS RUBER Merc. MERCURIUS SOLUBILIS Mez. MEZEREUM Mill. MILLEFOLIUM Mos. MOSCHUS Murx. MUREX PURPUREA

Mur-ac. MURIATICUM ACIDUM Mygl. MYGALE LASIODORA Myri. MYRICA CERIFERA

# Ν

Naj. NAJA TRIPUDIANS Nat-c. NATRUM CARBONICUM Nat-m. NATRUM MURIATICUM Nat-p. NATRUM PHOSPHORICUM Nat-s. NATRUM SULFURICUM Nit-ac. NITRICUM ACIDUM Nux-m. NUX MOSCHATA Nux-v. NUX VOMICA

### 0

Oci-c. OCIMUM CANUM Oenan. **CENANTHE CROCATA** <u>Old</u>. OLEANDER Ol-an. OLEUM ANIMALE Ol-j. **OLEUM JECORIS ASELLI** Onos. ONOSMODIUM VIRGINIANUM Op. OPIUM Osm. **OSMIUM METALLICUM** Ox-ac. **OXALICUM ACIDUM** 

# Ρ

Paeon. PÆONIA OFFICINALIS Pall. PALLADIUM METALLICUM <u>Par-b</u>. PAREIRA BRAVA <u>Par</u>. PARIS QUADRIFOLIA <u>Petr</u>. PETROLEUM <u>Phel</u>. PHELLANDRIUM AQUATICUM

Pho-ac. PHOSPHORICUM ACIDUM Pho. PHOSPHORUS Phys. PHYSOSTIGMA VENENOSUM Phyt. PHYTOLACCA DECANDRA Pic-ac. PICRICUM ACIDUM Plan. PLANTAGO MAJOR Plat. PLATINA Plb. PLUMBUM METALLICUM Pod. PODOPHYLLUM PELTATUM Polyq. POLYGONUM SAGITTATUM Pru-s. PRUNUS SPINOSA Psor. **PSORINUM** Pul. PULSATILLA Pyro. PYROGENIUM

# R

Radm-b. RADIUM BROMATUM Rana-b. RANA BUFO (=Buf. : Bufo) Ran-b. RANUNCULUS BULBOSUS Ran-sc. RANUNCULUS SCELERATUS Raph. **RAPHANUS SATIVUS NIGER** Rat. RATANHIA Rhe. RHEUM OFFICINALE Rhod. RHODODENDRON CHRYSANTHUM Rhus-t. RHUS TOXICODENDRON Rob. **ROBINIA PSEUDO-ACACIA** Rum. RUMEX CRISPUS Rut. **RUTA GRAVEOLENS** 

# S

SABADILLA OFFICINARUM

Sabal. SABAL SERRULATA Sabi. SABINA Samb. SAMBUCUS NIGRA Sang. SANGUINARIA CANADENSIS Sanic. SANICULA AQUA Sars. SARSAPARILLA Scil. SCILLA MARITIMA Scop. SCOPARIUS GENISTA (See Gen. : Genista Scoparia) Scut. SCUTELLARIA LATERIFLORA Sec-c. SECALE CORNUTUM Sele. SELENIUM METALLICUM Senec. SENECIO AUREUS Seneq. SENEGA Sep. SEPIA OFFICINALIS Sil. SILICA Solid. SOLIDAGO VIRGA AUREA Spig. SPIGELIA ANTHELMIA Spo. SPONGIA TOSTA Stan. STANNUM METALLICUM Stap. **STAPHYSAGRIA** Stict. STICTA PULMONARIA Stram. STRAMONIUM Stro. STRONTIUM CARBONICUM Strop. STROPHANTHUS HISPIDUS <u>Sul</u>. SULFUR Sul-ac. SULFURICUM ACIDUM Sul-io. SULFUR IODATUM Sumb. SUMBUL Symp. SYMPHYTUM OFFICINALE

Syph. SYPHILINUM (See Lues. : Luesinum)

Т Tab. TABACUM Tarx. TARAXACUM Tarn-c. TARENTULA CUBENSIS Tarn. TARENTULA HISPANA Tell. **TELLURIUM METALLICUM** Terb. TEREBINTHINA Teucr. TEUCRIUM MARUM (= Mar-v. : Marum Verum) Ther. THERIDION CURASSAVICUM Thlas. THLASPI BURSA PASTORIS (=Bur-p. : Bursa Pastoris) Thu. THUYA OCCIDENTALIS Thyr. THYROIDINUM Til. TILIA EUROPÆA Tril. TRILLIUM PENDULUM <u>Tub</u>. TUBERCULINUM

# U

Urt-u. URTICA URENS Ust. USTILAGO MAIDIS

# ۷

Val. VALERIANA OFFICINALIS Variol. VARIOLINUM Ver-a. VERATRUM ALBUM Ver-v. VERATRUM VIRIDE Verb. VERBASCUM THAPSUS Vib. **VIBURNUM OPULUS** Vinc. **VINCA MINOR** Vio-od. VIOLA ODORATA Vio-t. **VIOLA TRICOLOR** 

<u>Vip</u>. VIPERA TORVA <u>Vis-a</u>. VISCUM ALBUM

**X** <u>Xantx</u>. XANTHOXYLUM FRAXINEUM

Ζ

Zin-ar. ZINCUM ARSENICICUM Zin-chr. ZINCUM CHROMATUM Zin-io. ZINCUM IODATUM Zin. ZINCUM METALLICUM Zin-ph. ZINCUM PHOSPHORICUM Zin-v.

ZINC VALERIANICUM

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

### ABROTANUM

#### REGION: Nerves. Nutrition. Veins.

#### WORSE:

Cold air. Wet. Checked secretions. Night. Fogs.

#### BETTER:

Loose stool (Nat-s. Zin.). Motion.

Numb, weak, tremulous and paretic. Can't hold up head. **Exudations**, into pleura, joints, from navel, etc. **True metastases**; receding gout, etc. **Alternations**; piles with rheumatism (Coll. Sabi.). Rheumatism, after diarrhœa. **Emaciation**; ascending; of legs. ...... Cross, irritable children. Pale hollow eyed, old face. Distended veins; on forehead. Nosebleed; of youths. Vomits much offensive fluid. Stomach floats in water (Buf.). **Bloated abdomen.** Pains in left ovary. Nightly backache. Weak joints; can't hold up head. Face cold, dry and wrinkled. Cold, prickling, numb fingers and toes. Flabby skin. Protruding piles; burn on touch.

Related: Chin. Led.

# **ACONITUM NAPELLUS**

REGION: MIND: Brain. <u>NERVES:</u> Medulla. Sympathetic. Vagus. Respiratory centre. <u>HEART:</u> Arterial. Circulation. <u>Viscera:</u> Larynx. Chest. Abdomen. Joints.

WORSE: <u>Violent emotions:</u> FRIGHT. SHOCK. Vexation. Sleeping in sun. <u>Chilled by:</u> COLD, dry winds. While sweating. Pressure and touch. Noise. Light. Dentition. During menses. Night; in bed, P.M. lying on side.

# BETTER:

Open air. Repose. Warm sweat.

Robust habit. Sudden, violently acute, painful effects, a big storm that soon blows over. Tension. Congestion; often apoplectic. Excited nervous and vascular systems. Inflammation. Congestion to head and chest: acute. Inflammation: internal; rheumatic. Bright red hæmorrhage (Bell.). Acute senses. Sticking, tearing pains. Parts feel numb, big, burn, tingle, prickle or crawl; remain sore or numb after the pains. Neuralgia. Crepitation. Painfully sore externally, with internal heaviness. Collapse. ..... TERROR. ANXIETY. AGONIZING FEAR; of death, crowds, etc. RESTLESS, excited, nervous, feverish, impatient and anxious. Beside himself; frantic from intensity of the pain; WITH FEAR; screams, moans, gnaw the fist, bites the nails (Ars.), wants to die. Delirium. Convulsions. Forebodings; predicts time of death. Sensitive. Music saddens. Anxiety, congestion and pain. Head heavy. As of a hot band about head, or boiling heat in brain. Hair seems on end. Violent squeezing or bursting, in forehead or eyes; crackling in, throbs in I. forehead (r. Ant-t. Bell. Ign.); aches, with more urine; burning in. Shooting in eyeballs. Numb nose; with epistaxis (Bell. Med.). Nose runs hot water. Coryza. ANXIOUS LOOK (Spo.). Eyes glitter; stare; bleared; foreign bodies in. Hot, red cheeks. Face: glastly look; alternately red and pale; one cheek red and hot, other pale and cold. Face pales on rising. Faintness. Toothache. Throbbing in teeth and in head. Everything tastes bitter. Water has a bad taste. Chokes on swallowing. BURNING THIRST; craves acids, beer; < after ices. Appetite: milk agrees. Projectile vomiting (Ver-v.). Violent bilious or bloody vomitus. Stools of pure blood; slimy, grass green, or white; < hot days and cold nights (Dul. Merc-c.). Dysentery. Itching, sticking at anus. Retained, scanty, red or bloody urine. Agonizing dysuria. Cystitis. Urethral chill. Orchitis. Suddenly suppressed menses. Respiration short; during sleep; anxious; hard; sits erect. Dry, hoarse, painful cough, or short, barking, ringing, or whistling cough, < from every inspiration. Grasps larynx; < night or drinking. Laryngitis. Croup with fever. Violent rushes of blood to chest. Pneumonia. Stitches in chest. Oppression of left chest. Pleurisy. Heart feels swelled. Carditis. Complaints of heart worse from sitting erect. Palpitation, anxious; with pain down I. arm. Red finger-tips. Powerless legs. Red, shining swelling. DRY, HOT SKIN, or as if ice water on it. Miliary eruptions. Sleepless and nervous. Pulse fast, bounding, shaking, forcible and tumultuous or wiry. Pulse very irritable. Arterial tension (Ver-v.). CHILL; in waves; alternates with heat. HIGH FEVER. Dry, burning heat; in eyelids; nose, mouth, throat, lungs; on palms; must uncover. Sweat: on uncovered parts; wants covers; drenching. Back and sacrum feel bruised. Remote effects of fright (OP.). Cries out and grasps genitals.

Complementary: Sul. Related: Bell. Cham. Cof.

# ACTÆA RACEMOSA

(Cimicifuga Racemosa)

REGION: Mind. Occiput. Vertex. Nape. <u>NERVES AND MUSCLES:</u> Cerebro-spinal. Eyesballs. Ovario-uterine. Heart. FEMALES. Joints. Left side; ovary, chest, etc. Front of thighs. WORSE: Menstruation; suppressed. During labor. Emotions. Alcohol. Night. <u>Air:</u> Damp. Cold. Wind. Drafts. Change of weather. Heat and cold. Sitting. Puberty and climaxis.

### BETTER:

Warm wraps. Open air. Pressure. Continued motion. Grasping things. Eating.

A depressing irritant, causing exhaustion and low spirits, combined with oversensitiveness, < during pain (Nux-v.). Plumpness. Irregular, changeful or alternating symptom groups; utero-rheumatic (Caul.), etc. Violent pains; achings; shooting, here and there; shock-like, with cries, faints, etc.; up nape, about thorax, ovary to ovary (Arn.); lumbar spine, etc.; or alternating with other states. Myalgia. Ovaralgia. Lumbago. Bruised, sore or heavy, aching muscles; behing eyeballs, uterus, neck; with a general sick feeling. Grippe. Variola. Trmbling, twitching; of part lain on, tongue, fingers, etc. Chorea; cardiac. Compressive pain; temples, feet, etc. ...... Insanity before menses. Melancholy. Agitation. Alternate mental and physical effects. Nervous, fidgety, excitable and jerky. Annoyances drive her crazy. Depressed and talkative, with constant change of subject. Suspicious. Gloomy forebodings; of death; insanity, etc. Sees rats. Sees various colors and forms. Mania; alcoholic, puerperal, etc. Deathly fear, of rats, etc.; agitated. Weak will. Waving in brain (Glo.). Head retracted. Vertex; as if to fly off; as of a cold draft or heat on. Occiput; like a blow or pressive pain, ascends to eyes (I). Eyeballs ache; feel big. Sees red flashes, with black borders. Tinnitus; violent with deafness. Pale, hot face. Thick saliva. Mucus on teeth, or coppery mucus hawked up. Burning in throat. Nausea in A.M.; of pregnancy or alcoholism; in bowels; < pressure on spine. Vomits green; holds head and groans. Profuse, clear urine; weakening; with vellow sand. Menses irregular in time and amount; more flow more pain. Slow labor with nervous shivers. Uterine atony (Alet.). After-pains. Sore and tender along track of pains. Nervous; urination, shuddering, cough, etc. Delicate, sensitive women. Spasms of cerebro-spinal fever. Thyroid aches before menses. Incessant, dry night cough; < speaking. Sharp stitches in I. chest. Pleurodynia. Left inframammary pain. Heart sore; swelled; needle-like pains; backward from or to I. arm. Muscles fatigue. Neckache. Throws head back. Arms numb, cramp down; I. seems bound to side. Irritable, sensitive spine; < lying on it. Stiff, contracted neck, back (Agar.) or Tendo Achilles. Pain at angle of I. scapula (Chen.). Heavy, pulsative lumbar pain, through hips and down thighs. Cramps in limbs; in calves. Alternate mental and rheumatic symptoms. Itching soles. Sleepless or dizzy, drunken sleep; with arms over head or yawning. Pulse weak, irregular; drops every 3rd or 4th. beat. Chilly females. Cold sweat on hands and feet.

Related: Bap. Caul. Gel. Ign. Pul.

# ACTÆA SPICATA

REGION: Joints: Wrist. Small. WORSE: Change of weather. Slight exertion. Cold. Night. Touch.

Old age. Tingling. Weakness. ..... Joints swell; can not move. Paralytic weakness of affected parts. Hypersensitive to cold.

Complementary: Caul. Colo. Sabi. Stic. Viol.

# **ADONIS VERNALIS**

#### REGION: HEART. Spine. Epigastrium. Kidneys. Skin.

### WORSE:

Cold. Lying.

## BETTER:

Exertion.

Wandering pains. ...... Apprehension. Vertigo, < when in motion; with palpitation. Aching occiput. Tight scalp. Tongue as if scalded. Thirstless. Faint in epigastrium, with vertigo. Bowels as if to break; < bending. Urging to urinate. Albuminuria. Dropsy. Dyspnœa; < touching back. Dry, tickling cough; from heart. Heart weak, fatty, arrhythmic. Spine and nape stiff; with a tired ache. Vesicles on skin. Sleepless; from rambling thoughts.

Related: Buf.

### ÆSCULUS HIPPOCASTANUM

**REGION:** <u>Veins:</u> Liver. Naso-pharynx. ABDOMEN (R). RECTUM. <u>Mucus membranes:</u> Naso-pharynx. Occiput. Sacro-iliac region.

#### WORSE:

**Morning**, on waking. After stool. Lying. Stooping. Urinating. Walking.

**BETTER:** 

<u>COOL:</u> Open air. Bathing. Bleeding (piles). Kneeling. Continued exertion.

**Reflex rectal symptoms. Rectum**: painful constriction; as of a knife sawing up and down. HOT, DRY, STIFF, ROUGH or full feeling internally; throat, abdomen, anus, etc. Purple puffy parts. Venosity. Pains, sticking; like hot lightning. ...... Irritable. Crushing in occiput. Nose sensitive to cool inspired air; it burns. Congestive catarrh. Follicular pharyngitis. Throbs, deep in abdomen. Stool, hard, dry; of several colors. RECTUM: sore, as of a burr or sticking pains long after stool; as of a bug crawling from anus (Sul.). Piles, purple, painful, external; with BACKACHE (Nux-v.), chest pains, etc. Laming, dull, lumbar pain; small of back gives out; repeated efforts at rising; < walking. Lumbar region or back: as if to break. Bruised pain in sacrum and hips. Paralytic heaviness: of arms, spine, feet.

Complementary: Carbo-v. Lach. Mur-ac. Related: Alo. Collin. Pul.

# ÆTHUSA CYNAPIUM

REGION: BRAIN. Nerves. Digestion. Occiput. Neck. Glands. Liver.

WORSE:

MILK. Hot weather. Dentition. Frequent eating. Over-exertion.

> Complementary: Calc-c. Related: Ant-c. Cic.

AGARICUS MUSCARIUS

#### **REGION:**

<u>SPINAL AXIS</u>: OCCIPUT. **NERVES. Lumbar region**. Peristalsis. **Heart. Circulation**. Respiration. Chest.

#### WORSE:

<u>Air:</u> COLD. FREEZING. OPEN. Stormy. <u>Exhaustion:</u> Mental. Coition. Debauchery. Alcohol. Pressure. Touch. Morning. During menses.

#### BETTER:

Gentle motion.

Gradual onset, Many symptoms (Tub.), IRREGULAR, ANGULAR, UNCERTAIN AND EXAGGERATED MOTIONS (Ign.); he reaches too far, staggers or steps too high, drops things, etc. TREMBLING, TWITCHING, JERKING or fibrillar spasm; here and there; < EYELIDS or tongue. Shuddering. Nervous and restless. Chorea. As of cold needles, a cold drop or a weight on parts. Painful twitching, then parts stiff and cold. ..... Hilarious or dull and dizzy; as if drunk. Turns head to and fro. Headache, > after stool or urine. Oscillating eyeballs. Gum in canthi, Musca volitantes, Angle of mouth droops, As of a lump in epigastrium. Rumbling and fermenting in bowels. Hot flatus or semen; cold urine. Isolated coughing attacks, then sneezing; as if from spine; easy expectoration of flocculi or balls of mucus. Indistinct, jerky speech. Palpitation during coition; depressed afterward. Premature ejaculation. Pressure or burning sticking from heart to left scapula. Angina pectoris, has excessive pain only. Metastases from suppressed milk. Single vertebra sensitive to heat. **Spine sensitive**, > pressure or touch; shooting, burning along; seems short (Sul.), < stooping; stiff. Restless arms. BURNING-ITCHING (Ap.), < IN SKIN; AS IF FROZEN; changing place on scratching. Skin pains when cold. Chilblains. Yawning; before pains or spasms; as a concomitant. Chills or sweats easily. Sweats on alternate sides. Night sweats. Itching, over affected part. Cold buttocks.

> Antidotes: Coff. Pul. Complementary: Calc-c. Related: Phys. Tub.

## AGNUS CASTUS

REGION: SEXUAL ORGANS. MIND. Nerves. Eyes.

#### WORSE: VENERY.

Sprains.

IMPOTENCY AND PREMATURE OLD AGE. **Jaded rakes.** ..... Distraction. BAD MEMORY. Sad and despairing; repeats that he will soon die. Cold, relaxed genitals.

Spermatorrhœa. Gnawing-itching; < eyes. Agalactia.

Related: Old. Pho-ac.

# AILANTHUS GLANDULOSA

REGION: BLOOD. THROAT. Skin. Mind.

WORSE:

Suppressions. Raising up. Sight of food.

### BETTER:

Hot drinks.

Related: Aru-t. Bap. Lac-c.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

# **ALETRIS FARINOSA**

REGION: Female organs (R). Blood.

WORSE: Loss of fluids.

#### BETTER:

Passing flatus. Bending backward.

Related: Chin. Helo. Tril.

### **ALLIUM CEPA**

(Cepa Vulgaris)

**REGION:** <u>MUCOUS MEMBRANES:</u> NOSE. EYES. Larynx. Bowels. Nerves. Left to right.

#### WORSE:

WARM ROOM. Wet feet. Singing. Damp. N.E. Winds. Spring.

#### BETTER:

Cool, open air. Bathing. Motion.

Acute colds, catarrhs or neuralgias. Shooting pains; as fine as a thread. ...... Forehead aches; into eyes and face; > free coryza or menses. Watery eyes, < coughing; wants to rub them (Scil.). FREQUENT, VIOLENT SNEEZING, CORYZA; ACRID, FLUENT; with burning, smarting. Dripping nose or from uvula. Sensitive to odors. Raw throat or larynx. Flatulence; noisy; foul; painful. Copious urine. Incessant, hacking, tickling cough; holds it back; as if to tear or split larynx; must grasp it. Painful talking. Hoarseness. Senile bronchitis. Neuralgia of stump. Galled feet.

Complementary: Pho. Related: Euphr. Gel. Kali-io.

# ALOE SOCOTRINA

**REGION:** <u>ABDOMINAL VEINS:</u> RECTUM. **Liver**. Colon. Pelvis. **Lumbar region.** Head. Female organs.

#### WORSE:

HEAT; damp. Summer. Early A.M. (in bed). After dysentery. Stepping hard. Evening.

### BETTER:

Cool, open air. Cold applications.

> Complementary: Sul. Related: Lil-t. **Pod**. Sep. **Sul**.

### **ALUMINA**

REGION: SPINAL CORD, lumbar. Abdomen, left. RECTUM. Lower limbs. Mucus membranes. Skin.

WORSE: WARMTH; ROOM, bed. <u>Foods:</u> Artificial. Potatoes. Speaking. Dry weather. Early on awaking. Sitting. After menses.

### BETTER:

**Evening**. Open air. <u>Moderate:</u> Exertion. Temperature.

Thin, inactive; inclines to lie down. Paretic effects. Talking is exhausting. Exhaustion after menses. DRYNESS; of mucous surfaces, eyes, throat, rectum, etc., or irritability and relaxation. Scanty, thick, acrid discharges (Hyds.). Mucus discharges, profuse: before menses, leucorrhœa runs to feet; expectoration. Induration. Chronicity. ...... Illusions of being larger, numb, smooth, heavy, time passing too slowly, etc. Hasty, but slow of execution, hence mistakes in speaking, writing, etc. Peevish. Depressive mental states. Depressed, on awaking. Timorous; fears his own impulses; the sight of knives; loss of reason, etc. Bad memory. Vertigo, < talking. Violent stitches in brain. Dry, falling hair. Weak eyelids. Double squint; < teething. Inflamed, burning eyes. Hot, red ear. Dusky wrinkled, old look. As of white of egg or a cobweb on face. Teeth feel long; pain extends to other parts (Kali-bi.). Twitching low jaw (Gel.). Uvula hangs down. Throat feels full of sticks or constricted. Craves coarse foods (Calc-c.). Big bellied children. Pains from rectum to ankle. Inactive rectum and bladder; strains to pass a soft stool; hard ones cause severe cutting. Stools of small balls, hard knots or bright clots of blood. Must strain at stool to urinate; slow flow. Tickling in sexual organs; increased desire. Profuse leucorrhœa. Constant, dry, hacking cough; interrupts breathing; with sneezing. Sudden loss of voice. As of a hot iron thrust through lower spine. Heavy lower limbs; staggering. Festination. Locomotor ataxia. Totters, if eyes are closed. Painful soles. Gnawing under nails. Bones feel squeezed. Dry, rough, cracked skin. Itching burning over seat of pain. Intolerable itching from heat of bed. Eczema. Chilliness; > open air. Heat, with itching.

> Antidotes: Cad-m. Jaborand. Related: Bry. Plb.

# AMBRA GRISEA

**REGION:** <u>NERVES:</u> Pneumogastric. Solar plexus. Spinal. **Mind**. Female organs. **One side.** Chest, left.

WORSE: <u>Slight causes</u>: Presence of others. Music. Embarrassment. Agitation. Worry. Thinking of it. Old age. Evening. Warmth. Milk.

**Dry, nervous, meager habit.** Early senility. Weakness of upper **part** of body with trembling of lower parts. **Worn out, yet overimpressionnable**; slight things < the breathing, the heart, start the menses, etc. **Symptoms suddenly change place**; asleep, numb feeling (in spots), **twitching**, itching, trembling, ebullitions, etc. General pulsation. ...... **Dreamy**, flitting ideas or fixed disagreeable fancies. Slow grasp. Does not understand what she reads. Sad. **Bashful. Vertigo**; senile. Nosebleed, during menses. Coldness in abdomen. **Confusion, in occiput;** also sprained feeling in. Imaginations. Coldness of body with twitching. Asthma: dry;

senile; < coition. Flatulence. Can't have others present when urinating (Nat-m.) or during stool; < during pregnancy. Itching labiæ. Spasmodic cough, then eructations. Bluish, white expectoration. As a lump in chest (I). Palpitation. Sweat on abdomen and thighs.

Related: Bar-c. Ign.

### AMMONIUM CARBONICUM

REGION: <u>HEART:</u> Circulation. Blood. RESPIRATION. Lungs. Bronchiæ. Right side.

WORSE:

<u>COLD:</u> CLOUDY DAYS. DAMP. Locally. **Raw, open air**. Falling asleep. 3-4 A.M. DURING MENSES. Motion.

#### BETTER:

PRESSURE. Eating. Lying on abdomen.

Related: Ant-t. Carb-v. Glo. Lach. Mur-ac.

# AMMONIUM MURIATICUM

REGION: <u>MUCOUS MEMBRANES:</u> CHEST. Gall-ducts. Liver. Blood. Female organs. Tips of fingers and toes. Between scapulæ.

#### WORSE:

Morning (head, chest). Afternoon (abdomen). Evening (skin, fever, limbs). Sprains (chronic). Periodically.

#### BETTER:

Open air. Rapid motion.

Related: Caus.

# AMYLIUM NITROSUM

#### **REGION:**

VASO-MOTOR NERVES: **Circulation**. HEAD. **Heart**. Respiration.

#### WORSE:

CLIMACTERIC. SLIGHT CAUSES. Emotions. Heat. Close room.

Related: Glo. Lach.

### ANACARDIUM ORIENTALE

REGION: MIND. <u>Nerves:</u> Stomach. Skin. Palms. Muscles. Joints.

WORSE: MENTAL EXERTION. <u>Emotions:</u> Anger, fright, care, etc. Stepping hard. Motion. Drafts. Open air. Cold. Long after eating.

#### BETTER:

Eating. Hot bath.

Related: Ign. Rhus-t.

# ANTHRACINUM

**REGION:** Cellular tissue.

Terrible burning pains, with great prostration. Malignancy. Sepsis. Suppuration. Carbuncle. **Abscess of septum.** Quinsy. Succession of boils. (Arn. Sul.). **Black or blue blisters.** Gangrene. Hard cellulitis.

Related: Ars. Tarn-c.

## ANTIMONIUM CRUDUM

REGION: STOMACH. DIGESTIVE TRACT. MIND. SKIN. Changing sides.

WORSE: COLD: BATHING. Dampness. WATER (on head).

#### OVEREATING. Acids. Sweets. HEAT: SUMMER, of sun. Overheating. Radiated.

Related: Sul.

# ANTIMONIUM TARTARICUM

REGION: MUCOUS MEMBRANES. <u>Pneumogastric nerve:</u> Bronchi. Lungs. Heart. CIRCULATION. Respiration. Stomach. Bowels. Sleep. Lumbar region. Skin.

#### WORSE:

WARM: Room. Wraps. Weather. Anger. Lying. Morning. Overeating. Cold. Dampness.

### BETTER: Expectoration. Sitting erect.

Motion. Vomiting.

**Depression**. LACKS REACTION. INCREASINGLY WEAK. DROWSY, SWEATY AND RELAXED. MUCH SECRETION OF MUCUS. Old people and children. Complaints arising in digestive sphere. ...... Icy finger-tips. Whines before attack, cough, etc. Crushing weight on chest. Won't be touched or looked at. Prostrated in mind and body. Stupid on awaking. Unwilling to be looked at or touched. Wants to be carried up-right. Mucus in tarsi. One eye closed. Upper lip drawn up. Tongue: thick white pasty coat; very red or red streaks; dry down middle. Flow of saliva. Craves apples. Vomits or expectorates with great effort. Abdomen feels full of stones. Expectoration: gluey; suppressed. Feet go to sleep on sitting down. Shocks on dropping to sleep. Asphyxia neonatorum. **Apathy** or easily annoyed; wants to be let alone. Peevish, whining and moaning. Clings to attendants. Consciousness wanes on closing eyes (Cann-i.). As of a lump in forehead. Sooty or flapping nostrils. Sickly, sunken, pale, bluish or twitching face; covered with cool sweat. Papillæ show through white coat on tongue. Tongue flabby, red in streaks. Craves acids, which disagree. Belchings, like bad eggs. NAUSEA; in waves; with weakness and cold sweat (Lob. Ver-a.), loathing or anxiety. Forcible vomiting; then exhaustion and sleep (Æth.). Violent retching. Sinking at stomach. Mucus or grass, green stools. Diarrhœa; of eruptive diseases. Unequal breathing. SUFFOCATIVE SHORTNESS OF BREATH; before cough or alternating with cough; a leaflet seems over trachea. LOOSE, COARSE, RATTLING COUGH; CHEST SEEMS FULL, YET LESS AND LESS IS RAISED; then vomiting or sleep (Æth.); < anger. Must sit up to breathe or cough. Coughs and yawns alternately. Thick expectoration. Capillary bronchitis or bronchitis. Pleuro-pneumonia. Paralytic depression of heart and lungs (Bar-c.). Violent (lumbar) backache; < lifting; motion excites retching and cold sweat. Restless arms. Dropsy of legs. Yawning; with many complaints. SOMNOLENCY; with all complaints, or from warmth. Torpid, cool, SWEATY SKIN. Delayed or receding, blue or pustular eruptions. Sycosis barbæ. Smallpox. Impetigo. Weak, quick pulse. Heat coming from heart. Burning sensation. Sticky sweat.

Complementary: Bar-c. Related: Am-c. Asclp. Ip. Lob. Op.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

### **APIS MELLIFICA**

#### **REGION:**

CELLULAR TISSUE: EYES. FACE. FAUCES. OVARIES. SEROUS CAVITIES. SKIN. KIDNEYS. BLADDER. Nerves. Respiration. Heart. Blood. Right side; right to left.

#### WORSE:

<u>HEAT:</u> ROOM. Weather. **Drinks**. Fire. Bed. Hot bath (Op.). **Touch**, even of hair. After sleep. 4 P.M. Pressure. Suppressed eruptions.

#### BETTER:

<u>COOL:</u> AIR. Bathing. Uncovering. Slight expectoration. Motion.

Stinging burning, prickling, smarting, like hot needles. Must lie down. Rapid onset. SUDDEN; SHRILL CRIES or pains, that extort cries; nervousness, swelling, effusion, etc. SENSITIVE; to pain. Sharp STINGING burning or bruised SORENESS; of brain, ABDOMEN, ovaries, bladder, etc. PUFFINESS, shiny redness. Œdema; of evelids or lips; red; saccular. BURNING-itching. Infections. Inflammation. Stiffness. Numbness. ..... Childish. Irritable, excitable, jealous, fussy and fidgety or apathic. Foolishly suspicious. Nervous and awkward or absent-minded; drops things. SUDDEN, PIERCING SHRIEKS. Head pains; stabbing or as of a **blow; < occiput**. ROLLS THE HEAD. Numb, tired headache, > pressure. Painful hair. Musty head sweat. Cheeks hang down. Eyes puffy; conjunctiva or lids like water-bags; red; chemosed. Perforating corneal ulcer. Profuse hot tears. Photophobia; yet can't bear coverings. Squint. Blindness, > stool. Myosis. Face puffy or red, < about eyes; waxy pallor. Scarlatinal otitis. Red nose. Cold nose. Red mouth or tongue. Grinds teeth. Tongue: vesicles on edge; swelled; raw; as if burnt; sore. Sandy, glazed or translucent pharynx, > cold things. Ædema of uvula. Purpleness of throat. Meaty, red tonsils. Right tonsil, > cold drinks. Angina. Diphtheria; early prostration (Merc-cy.); dirty membrane. ADIPSIA; but thirst during chill. Ascites. Orange vellow or tomato-sauce stools; odorless; < motion. Anus sore, swelled; oozes blood or stands open (Pho.). Burning urination. Dysuria. Scant, foul urine; coffee-grounds sediment. Nephritis. Ovaries numb; tumor of r.; cystic. Amenorrhœa of puberty. Panting breathing; feels as if every breath would be his last. Air hunger. Larynx, drawn in. Thirstless and dropsical. Abdomen tight, as if to break, on straining at stool. Profuse urine, but drinks little. Ovaries congested, with suppressed menses. Heart, stitches backward from apex; beat shakes whole body. Hands and feet numb. Palms hot. Nails feel loose. Skin rosy red; sensitive; rough eruption on; sting-like spots on; pale. Large urticaria. Asthma from hives. Erysipelas. Scarlatina.

Dry, hot skin, alternates with gushes of sweat. SLEEPY, but too nervous; when hot; and CRIES OUT. Kicks covers off. Weak, quick pulse. Chill: anticipates; with dyspnœa, urticaria, desire to uncover; alternates with heat; right side. BURNING HEAT; but chilly if moved; without thirst; at 4 P.M. Heat of one part, with coldness of another. Sweat in gushes; partial.

Complementary: Arn. Bar-c. Merc-cy. Mat-m. Antidote: Carb-ac. Related: Ars. Canth. Pul. Urt-ur.

# **APOCYNUM CANNABINUM**

#### REGION: URINARY ORGANS. Heart. Digestive tract. Uterus.

#### WORSE:

<u>COLD:</u> Weather. **Drinks**. Uncovering. Lying.

### BETTER:

Warmth.

**Weak and dropsical.** Scanty discharges. Irritation. ...... Bewildered. Can't think. Faint. Thirst, but water distresses; vomits every drink. Uræmic vomiting. **Sinking at epigastrium.** Noisy, yellow, painless, gushing stools. Diarrhœa; with dropsy. Bed-wetting of old men. Enlarged prostate. Uterine hæmorrhage, then dropsy (Chin.). Oppression of chest. Rough, **dry skin**. Can't sweat. Sleepy. Pulse slow, fluttering, irregular or intermittent.

Related: Chin-ar. Nux-v.

## ARALIA RACEMOSA

### **REGION:**

Respiration. Mucous membranes.

WORSE: After a short nap. Drafts.

#### BETTER:

Lying with head high. Sitting up.

Complementary: Lob.

# **ARANEA DIADEMA**

#### **REGION:**

Nerves. Blood. Bones. Right side.

#### WORSE:

EXACT PERIODICITY. DAMPNESS: **Cold**. During rains. **Bathing**.

#### BETTER:

Smoking.

Complementary: Ced.

# ARGENTUM METALLICUM

# **REGION:**

NERVES. <u>Cartilages, mucous membranes:</u> LARYNX. Bones. Condyles. Joints. Genito-urinary. Left side; ovary. Testis (R).

### WORSE:

USING VOICE. Mental strain. Noon. Cold damp. 3 to 5 A.M.

#### BETTER:

Motion. Coffee. Wrapping up.

Related: Sele. Stan. Zin.

# **ARGENTUM NITRICUM**

REGION: MIND. <u>NERVES:</u> Cerebro-spinal. ABDOMINAL. <u>MUCOUS MEMBRANE:</u> STOMACH. Bowels. Eyes. Throat. Urethra. Periosteum. Skin. Left side.

#### WORSE:

EMOTIONS: ANXIETY. Suspense. In room. Sugar. Shut in places. Lying on R side. Looking down. Drinking. Crowds.

#### BETTER:

<u>COOL:</u> AIR; open. Bath. Hard pressure. Motion.

Old, dried up, tremulous and weak. Progressive emaciation. Paralysis, ascending. Parts seem ENLARGED or bound up (Glo.). VIOLENT PAINS; LIKE DEEPLY STICKING SPLINTERS; sharp shooting, like lightning; < down back or legs; cause starting; grinding or radiating. Sinking downward from head. Ulceration, with much yellow, bloody pus (Hep.). ...... Conjoined mental and digestive symptoms. Tormented by strange ideas or emotions. Nervous, impulsive and hurried, yet timid and anxious (Ars.). Fearsome. Dreads ordeals, impending evil, passing a certain point, dark (Stram.), etc. Incoherence. Faltering speech, gait, erections, etc. Nervous headache and nervous diarrhœa. Brain-fag. Head as if in a vise; > tight bandage. Vertigo; epileptic, < night. Compressive or deep head pains; loses his senses (Laur.). Boring in I. frontal eminence, 11-12 A.M. Migraine. Scaly tarsi. Eyeballs feel big (Guai.). Swelled carunculæ; chemosis. Photophobia. Violent purulent ophthalmia. Dilated pupils. Sickly, gravish, muddy color. Painful, red tip of tongue, or (dry) aphthæ on edge. Food lodges in pharynx. Throat sensitive; as of a rough stick (Phyt.) or splinter in, > cool drinks. Dark red fauces and uvula. Craves sugar, which <. Astringent sour or bitter-sour taste and vomitus. Alcoholic gastritis. Gastralgia; in a spot. Eructates ingesta. FLATULENCE; bursting (Lyc.); loud explosive belching (Coca.), discharged upward and downward; noisy diarrhœa. Emotional diarrhœa. Shreddy, mucus stools, turning green; < drinking. Violent pains from kidneys to bladder. Cutting in urethra, with painful priapism. Yellow, bloody gonorrhœa. Painful coition. Cough from laughing. Dyspnœa, nervous or flatulent; < gastric pains. Palpitation, < lying on r. side. Craves fresh air. Laryngitis. Throbbing or weak spine. Trembling limbs. Peripheral neuralgias. Ischias antica. Weakness, rigidity or twisting in calves. Ulcers, angry, deep; hard edges; warty granulations. Adherent crusts. Chill if uncovered, yet smothers when wrapped up. Shivers through bowels; up back.

> Complementary: Nat-m. Antidotes: Cina. Nat-m. Related: Lyc. Pul.

# ARNICA MONTANA

REGION: BLOOD. BLOOD-VESSELS. Nerves. Muscles. Digestive organs.

#### WORSE:

INJURIES: BRUISES. Shocks. Jarring. Labor. Overexertion. Sprains. TOUCH. After sleep. Motion. Old age. Alcohol.

### BETTER:

Lying: Head low (Ver-v.). Outstretched.

A very painful and offensive remedy. Progressive weakness. Has absorbent action. Shock: mental or physical. VERY PAINFUL BRUISED, SORENESS; all over; after the pains; of the bleeding part (Fer.), etc. Crushing pain. BED FEELS HARD, or full of lumps. As of a lump back of stomach, etc. Suddenly shifting joint (Colch.) or paralytic pains. FOUL: breath, taste, flatus, stool, etc. Typhoid. Sepsis. HÆMORRHAGIC TENDENCY; epistaxis, etc. Involuntary evacuations. ...... Nervous, sanguine temperament. FEARS; being struck or approached; sickness; instant death; on awaking, etc. Morose, repellant mood. Physically restless, but mentally prostrate or apathetic; says nothing ails him (Op.); reverse (Ars.) answers slowly, with an effort. Feels well, in dangerous cases. Brain feels tired. Vertigo; of old age. Bloodshot eyes. Ruddy, congested face. Apoplexy. Fevers. Bright red, puffy fauces. Red stripe down center of tongue. Post-natal dropping. Catarrh of antrum. Eructations tasting of bad eggs. Anorexia by day, but canine hunger before midnight. Cramps from epigastrium down over bowels, then foul stools. Acrid, foamy, stools. Cutting in kidneys. Urine retained or dribbles; after labor. Must wait for urine to pass. After-pains; < suckling. Hoarseness; < exertion, colds, or getting wet. Coughs without waking, or cough causing cries. Heavy lower chest. Sore nipples. Arm pains, > hanging down. Heart-beat shakes whole body. Weakened heart muscle. Angina. Heart pains; left to right. Dusky, mottled skin. Every little hurt makes a black and blue spot. Petechiæ. Erysipelas. Symmetrical eruptions. Very sore acne or crops of small boils. Sopor: drops to sleep as he answers. Troublous or frightful dreams; awakes in terror. Coldness of part lain on. Thirst during chill. Hot head with cool body. Must uncover, but it chills him (reverse of Nux-v.).

> Complementary: Calc-c. Nat-s. Sul-ac. Related: Bells. Echi. Hyper. Rhus-t.

### ARSENICUM ALBUM

REGION: MUCOUS MEMBRANES. MIND. RESPIRATION. Lungs; R apex. Blood. Heart. Nerves. SPLEEN. Lymphatics. Muscles. SKIN. Serous cavities. Organs.

#### WORSE:

<u>COLD:</u> ICES, DRINKS. FOODS. **Air**. <u>PERIODICALLY:</u> MIDNIGHT; **after**. AFTER 2 A.M. 14 days. Yearly. VEGETABLES. DRINKING. TIPPLING. Infections. Bad meat. <u>Eruptions:</u> Undeveloped. Suppressed. Quinine. Lying on part. Tobacco. EXERTION.

#### BETTER:

HOT: APPLICATIONS (dry). FOOD. Drinks. Wraps. Motion. Walking about. ELEVATING HEAD. Sitting erect. Company. Sweating.

Sudden, intense effects. Restless, anxious and very weak. Maddening pains; BURNING LIKE FIRE, hot neddles or wires, > heat, felt, even during sleep; exciting shortness of breath (Nat-s.) or chilliness. Inveterate neuralgias. Multiple neuritis. VERY RESTLESS, < affected part. Increasingly irritable (Cimi.) or SUDDEN GREAT WEAKNESS, from trivial causes. Rapid emaciation. ACRID, SCANTY, THIN SECRETIONS; coryza, saliva, sweat, etc. PUTRID, CADAVERIC ODORS. Destructive processes. Malignancy. Sepsis. Low vitality. Pale, puffy, baggy SWELLING. Dropsy. Anæmia. ..... Anxious. Oversensitive. Fastidious. EXACTING. Fault-finding. ANGUISH; despairs of recovery (Aco.). AGONIZING FEAR OF DEATH; nightly; yet tired of living. VIOLENCE; self-torture; pulls her hair; bites her nails. Suicidal impulses. Restless and suspicious. Congestion to head, > cold, but neuralgia, > heat. Pain alternates between head and stomach or body. Pain over I. eye. Restless head. Early grayness. Falling hair. Spasm of eyelids. Burning tears. Scrophulous ophthalmia. Takes colds. Nose colds descend to chest. Cold sores; in nose. Sneezing, with biting, watery coryza; but stopped nose. Hay fever. Sensitive smell; loathes odor, sight or thought of food. PALE, anxious, sunken, haggard or distorted countenance; with cold sweat. Black lips. Bluish white tongue. Nightly toothache. INSATIABLE BURNING THIRST; CRAVES ICE COLD WATER, BUT IT DISTRESSES STOMACH (Nux-v.) AND IS VOMITED AT ONCE; with anorexia; during heat. DRINKS LITTLE AND OFTEN. Gastritis. Swelled spleen. Vomiting, with purging, from ptomaine poisoning. Foul, rice water or small, acrid, burning, black, mucous or lienteric stools; < cold drinks. Scanty urine. Uræmia (Pip-m.). Profuse acrid leucorrhœa. As of a vapor in larynx. SHORT BREATH; felt in nose; must sit up; < odors, receding eruptions or ascending. Whistling inspiration. Wheezing breathing. Cough alternately dry and loose; must sit up. Frothy expectoration. Acute pain through upper third of r. lung. Asthma. Pulmonary ædema. Cough; dry, nightly; < drinking. Heart; weak; trembles; palpitates; < slight causes. Stiffness, ascends from coccyx to nape. Alternate internal and skin symptoms. SKIN; LOOKS SEARED; dry, rough, dirty or shrivelled (Op.). Free desquamation. Eczema. Acuminate eruptions. Hives after eating fish. Ulcerative tendency; chronic; with burning. Phagedena. Gangrene. Shocks on dropping to sleep. Restless sleep. Dreams of death. COLD, externally, with internal, burning

heat; in spots; sensitive to, yet > in open air (Aur.). **Chills**; irregular; shaking; craves hot drinks; and can't get his breath. Heat, as of hot water in veins or they burn like lines of fire; burning or coldness in chest (Bry. Lach. Nat-m. Sul.). Hectic. Sweat; with insatiable thirst, dyspnœa or exhaustion; cold. Atypical or larval malaria. Old case of malarias. Waves of icy coldness in blood-vessels or intense boiling heat. Yellow fever (prophylactic).

Complementary: Nat-s. **Pul**. Thu. Related: Sul-ac. Ver-a.

# **ARSENICUM IODATUM**

REGION: <u>MUCOUS MEMBRANES</u>: NOSE. Digestive tract. Lungs. Heart. Glands. Skin. Left side. Nerves.

#### WORSE:

<u>Weather:</u> Dry. Cold. Windy. Foggy. Exertion. In room. Apples. Tobacco smoke.

#### BETTER:

Open air.

> Complementary: Kali-io. Related: Kali-bi.

### ARUM TRIPHYLLUM

REGION: <u>Mucous membranes:</u> Mouth. THROAT. Larynx. Kidneys. Brain. Blood. Skin.

WORSE:

Over use of voice: TALKING. Singing. Cold, wet winds. Heat.

> Complementary: Nit-ac. Related: Ars. Merc-c.

Copyright © Médi-T 1999

<u>Main</u>

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

## ASA FŒTIDA

### REGION: NERVES. Mind. Gullet. Digestive tract. <u>Periosteum:</u> Ears. Nose. Tibia. Left side.

### WORSE:

Night. In room. Rest. Eating. Suppression. Mercury. Noise. Sitting. Warm wraps.

#### BETTER:

Motion in **open air**. Pressure.

Related: Aur. Lach. Sumb. Val.

### ASARUM EUROPÆUM

**REGION:** NERVES. **Mucous membranes**. Female organs.

WORSE:

PENETRATING SOUNDS. Dry. Cold. Emotions.

### BETTER:

Cold bathing; of face (Flu-ac.).

EXCESSIVE NERVOUS SENSIBILITY; scratching on silk, rattle of paper, etc., is unbearable. Contractive sensations. ...... Lightness, as if floating. Painfully sensitive hearing. Cold saliva. Violent vomiting. Gelatinous or shreddy mucus stools. Lientery. Asthmatic breathing, < odors or cold. Violent backache, takes her breath, < motion.

Related: Arg-n. Castor. Ther.

# **ASCLEPIAS TUBEROSA**

#### **REGION:**

<u>SECRETIONS:</u> SKIN. **Serous**. Mucous. Chest (R). Muscles.

### WORSE:

Motion. Deep breathing. Lying. Tobacco.

Related: Ant-t.

# **ASTACUS FLUVIATILIS**

(Cancer Fluviatilis)

#### REGION: Liver. Glands. Vaso-motors.

### WORSE:

Air. Uncovering.

**Stinging pains**. Shiverings. ..... Cough, > walking. URTICARIA; with hepatic symptoms, jaundice, etc.; with cramps in liver region; on right side only.

Related: Calc-c. Rhus-t.

# **ASTERIAS RUBENS**

REGION: Circulation. Nerves. Female organs. Rectum. Left side.

### WORSE:

Heat. Menses. Contradiction. Cold wet.

Related: Murex. Sep.

# AURUM METALLICUM

REGION: MIND. Nerves. VASCULAR SYSTEM. Heart (R). Bones: NASAL. Skull. Patellæ. Joints. Glands. Liver. Kidnevs.

WORSE: <u>Emotions:</u> Depressing. Disordered affections. Mental exertion. Cold. <u>Night:</u> Sunset to sunrise. Abuse of Merc. or Kali-iod. Cloudy weather.

BETTER: Cool; open air. Cold bathing. Becoming warm. Music. Walking.

and self-reproaches; starting from heart. Weak memory. Vexed mood; enraged by least contradiction. Loquacity. Rapid questioning. Fears the least noise. Violent confusing headache; syphilitic. Hemiopia upper horizontal. Sore orbits. Congested, bluish-red face. Pains in zygomæ. Red knobby nose. Ozœna. Foul breath. Bulimy. Soreness over liver. Hepatitis. Ascites. Jaundice, of pregnancy. Liver, with heart symptoms. Chronic orchitis. Crushing weight under sternum < ascending. Dyspnœa; < laughing. Oppression at heart; as if to stop, then gives one hard thump. **Violent palpitation**; at puberty. Cardiac hypertrophy. Angina pectoris. Aortic disease. As if lower spine bulged backward. Pott's disease. Nightly leg pains. Painfully sensitive to cold. Sweat about genitals. Cold and damp all over.

Related: Merc.

# BADIAGA

**Cough**; excited by sweets, candy, etc. (Med. Spo. Zin.). EXPECTORATION; **flies from mouth** (Kali-c.).

# **BAPTISIA TINCTORIA**

### **REGION:**

BLOOD. **Mind**. Nerves. <u>Mucous membranes:</u> Digestive tract. Left side.

### WORSE:

Humid heat. Fogs. In room. Pressure. On awaking.

SORE, HEAVY, ACHING MUSCLES; gall-bladder, heart, etc WITH RAPID PROSTRATION; the bed is too hard, yet he feels too sick to move. Dark; mucous membranes, exudates, hæmorrhage, stools, spots in body, etc. Brown; sordes, stripe down center of tongue, stool, menses, etc. FOUL; odor of body; excretions, stool, sweat, etc. Grippe. Zymoses. Sepsis. Typhoid states. Bed sores, etc. Insensible to pain. Restless mind but lifeless body. Bewildered. Thick speech. Sensation as of a blow on occiput. Dull, drowsy, besotted look. SENSE OF DUALITY; PARTS FEEL SCATTERED ABOUT, SEPARATED, numb or too large. Dull and confused. Falls asleep while answering or does not complete his sentence. Eyes feel swelled. DUSKY, SODDEN, BESOTTED, STUPID COUNTENANCE. Dark red, tumid mouth and throat. Throat, numb inside but sensitive outside. Fetor oris. Tongue cracked, bleeds, feels thick or is heavily coated. Viscid saliva. Aphthæ. Ragged ulcers in throat. Can't swallow solids. Spasm of gullet. Easy vomiting. Diarrhœa; sudden; horribly foul, mushy, painless, dark or slaty. Symptoms radiate from small of back. Dyspnœa from weakness in chest. Air hunger; on waking, > standing. Bronchial asthma. Drowsy, stupid and languid; slides down in bed and lower jaw drops (Mur-ac.). Hyperpyrexia. Livid spots on body. Uræmia.

Related: Arn. Gel. Hyo. Lach. Mur-ac. **Op**. Rhus-t.

# **BARYTA CARBONICA**

REGION: NUTRITION. MIND. <u>GLANDS:</u> THROAT. Prostate. HEART. Nerves. Blood-vessels. Lungs.

### WORSE:

**Company**. Thinking of it. <u>Cold:</u> **Damp**; to feet. To head. Changes. <u>Lying on:</u> **Painful part**. Left side. Odors.

### **BETTER:**

Warm wraps.

Torpid, dwarfish (Med. Syph.) or marasmic. Weakly. Senility; early (Calc-c.). Adenopathies. Scrophula. Chronicity. Single effects (Agar. Con.). Burning, localised. Numb parts; mouth, genitals, fingers, etc. Forced through a narrow place, as if. Vascular softening and dilatation. Paralytic effects. Apoplexy. Too tired to even eat. Wants to lie down. Takes colds. Inflamed mucous membranes. ...... SLOW, INEPT AND BACKWARD. Childish, thoughtless behavior. Timid. **Cowardly**. Groans from every little thing. Increasing mental weakness. **Weak**, beclouded mind. Bad memory. Forgets her errand or the word in her mouth. Irresolute. Mistrustful. Shy of strangers. Brain feels loose; > cool air. Heavy pressure over eyes (Bell.). Baldness; < vertex. Hazy cornea. Eyes, > looking down. Old, sickly, weakened look. Crusty ears. Nose dry, < blowing it. Pendulous lips. Weak tongue. Burning soreness or vesicles on tip of tongue. Throat (glands) affected by every cold; < menses. Chronic quinsy. Enlarged tonsils (Calc-p.). Spasm of œsophagus. Sore spot in stomach. Diarrhœa, with lumbar ache. Flabby genitals. Erections when riding. Paralytic aphonia. Asthma, < wet, warm air; senile (Bar-m.). Chronic bronchitis. Heart; bruised sore; < suppressed footsweat. Trembling feet. Hot, bruised soles at night. Cold, foul footsweat. Indurated glands; tonsils; cervicals, swelled like knotted cords. Cysts. Lipoma. Warts. Acne. Pulse slow and small. High blood-pressure. Arterio-sclerosis.

Related: Kali-p. Med. Sil.

### BELLADONNA

REGION: Nerve centers. Brain. Blood-vessels. Capillaries. <u>Mucous membranes:</u> Eyes. Mouth. THROAT. Skin. Organs. Right side.

WORSE: <u>Heat:</u> of sun; if heated. Afternoon **(3 P.M.).** DRAFTS; **on head**; hair cut (Glo.). **Washing head**. **After taking cold**. CHECKED SWEAT. LIGHT. NOISE. JARRING. **Touch**. Company. Pressure. **Motion. Hanging down.** 

# BETTER:

Light covering. Bending backward. Rest in bed.

Plethoric, brainy. SUDDEN, VIOLENT EFFECTS. DRYNESS, BRIGHT REDNESS -streaked (Pho.)- AND BURNING HEAT; WITH GREAT PAIN; FULNESS OR SWELLING. CONGESTION: TO HEAD. Dilated arteries. Inflammation. Heat in body, parts, discharges, etc. CONSTRICTIONS. Parts are hot, swelled, red and dry. THROBBING, SHARP CUTTING, SHOOTING or clawing PAINS: of maddening severity; coming and going, in repeated attacks (Nit-ac.). Scant or hot discharges. JERKS. Shocks. TWITCHINGS. SPASM; of throat, vagina, etc. ...... Over-active. Excited. WILDLY DELIRIOUS; ferocious, noisy, cries out. RESTLESS and talks fast. Tries to escape. Furibund. Biting mania. Violent delirium. THROBBING HEAD; < temples; < motion; > letting hair down. Brain rises and falls in waves. Rolls head. Pains go downward from head. HEAD SENSITIVE TO DRAFTS AND COLD, or washing hair. HAMMERING THROB. Pulls her hair. Meningitis. Sunstroke. DILATED PUPILS. Prominent, sparkling eyes. Red sclerotic. Lurid, red, terrifying hallucinations; on closing eyes. Blind attacks; then yellow vision. Sees red. Flashes before vision. PHOTOPHOBIA. Red nose. Fiery RED, turgid, hot FACE, or alternately pale and red. DRY, HOT MOUTH AND THROAT (Pho. Rhus-t.). Toothache, > biting. Swelled tongue. Strawberry tongue. Urging to swallow, with choking. Drinks in sips. Must drink to swallow. Craves lemonade. Pain from stomach or liver to shoulder and throat, < lying on it. Cutting epigastric colic, > bending backward. Distended transverse colon. Clawing or downward forcing in abdomen. Acute prolapsus ani (Ars.). Stools contain chalky lumps. Enuresis on lying down; nocturnal. Fiery red urine. Early, profuse, hot (Sabi.), red, gushing menses. Rigid os. Metritis. Bearing down > standing, < lying. Red streaked mammæ. Dry cough. Barking voice. Stiff r. neck and shoulder in afternoon. Back feels broken. BRIGHT, RED, GLOSSY SKIN. Intense dermatitis. Scarlatina. Erysipelas. Sleepy, but can't sleep. Heavy, hot sleep. JERKS DURING SLEEP. Frightful dreams; of quarrels, fire, etc. Internal coldness with external, pungent, burning heat. HOT HEAD, with cold limbs (Sul.). Hot sweat. Skin hot, but moist and dry alternately. Spasm, then prolonged unconsciousness.

> Complementary: Calc-c. Hep. Merc. Related: Glo. Hyo. Stram.

# **BELLIS PERENNIS**

REGION: BLOOD-VESSELS. Nerves. Spleen. Joints. Left side.

WORSE: INJURY. Sprains. TOUCH. Cold baths or drinks. Wet. Becoming chilled when hot.

### BETTER:

Continued motion. Cold (local).

BRUISED SORENESS. Hard, **aching**, squeezing or **throbbing** pain. Tired, fagged. **Deep trauma or septic wounds; especially abdominal**, pelvic, etc. Acrid pus; destroys the hair. Bleeding. ...... Impulse to move. Headache, ending in shooting. **Fulness about spleen**. Falls on coccyx (Hypr.). Boils. **Wakeful**; too early. Sensitive to cold. Senile blood stasis. Unbearable pains that drive to distraction, < heat and > cold. Senile vertigo.

Related: Arn.

Copyright © Médi-T 1999

# A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

## **BENZOICUM ACIDUM**

REGION: URINE: Kidneys. Bladder. JOINTS. Heart. Bowels. Left side.

#### WORSE:

Open air. Cold. Changing weather.

#### BETTER:

Heat. Profuse urine.

Related: Calc-c.

# **BERBERIS VULGARIS**

**REGION:** <u>Urinary and digestive tract:</u> KIDNEYS. Liver. Bladder. Lumbar region (hips). Joints. Uterus. Spermatic cord.

WORSE: <u>Motion:</u> Jarring. Stepping hard. Rising from sitting. Fatigue. Urinating.

Pains from stomach to back or the reverse. Torn loose feeling in epigastrium. Biliary and urinary calculi. **Colic**, pains from gall-bladder to epigastrium; bilious; along ureter, arresting breathing; **renal** (r). Stools, pale, smarting, tough; watery, with jaundice. Fistula ani. Burning kidneys. Clear discharge from meatus, before urinating. **Urine thick, turbid, yellow**; red, mealy, **sandy or slimy sediment.** Dysuria. Genitals: cold, sweaty, pains change sides. Gray or brown mucus replaces menses. **Backache with severe prostration**. Sore spot under (r) scapula (Chel.). Crushing, stitching, paralysing lumbar pain. Numb lumbar region. Pain from **iliac crests down front of thighs**; when urinating. Lumbago. Itchy skin. Eruptions leave a brown stain. Chilly. **Cold single parts.** Everything excites sweating.

Complementary: Mag-m. Related: Benz-ac. Coc-c. Kali-bi. Lyc. Pul.

# **BISMUTHUM METALLICUM**

REGION: DIGESTIVE TRACT: Stomach. Intestines. WORSE: Eating; overeating.

BETTER:

Cold; drinks; applications. Bending back. Motion.

Related: Ars. Cad-s.

# BORAX

REGION: Occiput. <u>NUTRITION:</u> NERVES. MUCOUS MEMBRANES. MOUTH. Skin. Kidneys. Bladder.

WORSE: DOWNWARD MOTION. Sudden noises. Cold; wet. Least uncovering. Nurslings. Children. Fruit.

# **BETTER:** 11 P.M.

Tough, bloody mucus. Tousy persons (Med. Sul.): frowsy hair, tangles at ends. Frightened at every noise; starts from sleep, as if to fall. Restless in afternoon. Gummy, crusty eyelids and nostrils. Raw tarsi. Acrid coryza. Red nose of young women. Dirty complexion. Puffy face. Dry cracked tongue. Palate hard and wrinkled. Eructations when painful parts are pressed. Poorly nourished, soft and flabby. Aphtous, catarrhal tendency. Clear, thick, hot, biting discharges. Heat in single parts; mouth, vagina, palms, etc. Sticking or drawing pains; intercostal, in soles, etc. Shrivelled skin or mucous membranes. Marasmus. ..... Nervous, anxious, fidgety, fickle. Fretful, before stool. Fears downward motion. Starts at trifles, sudden sounds, etc. Anxious cries during sleep. Hot head of babies; they cry and scream when nursing or before passing stool or urine. Entropion. Red about eyes. Dry, tender, aphthous mouth. Puffy, indented tongue. Griping toothache, < wet weather. Nausea when thinking hard. Catch in groin on coughing. Stools: turning green; like boiled starch. Mucous diarrhœa, then weakness. Loose, pappy, repulsive stools. Hot, acrid, smarting urine. Nephritis. Cystitis. Easy conception. Membranous dysmenorrhœa. Albuminous leucorrhœa. Clear, hot, pasty leucorrhœa. Empty feeling in mammæ, after child nurses. Averse to coition. Pain in opposite breast, as child nurses. Mother's milk is thick and tastes badly. Blood-streaked or mouldy expectoration. Limbs tremble, at 10 A.M. Itching on back of hands. Eczema. Weak calves. DRY SKIN; festers easily, won't heal. Sweat on stomach. Stitch in right chest, < deep breath and > hard pressure. Heart feels as if on right side. Violent palpitation.

Related: Bell.

# BOVISTA

REGION: <u>CIRCULATION:</u> HEART. Uterus. Kidneys. SKIN.

### WORSE:

Menses. Full moon. Getting warm.

### BETTER:

Doubling up. Eating.

Related: Ap. The Carbons. Ustil.

BROMUM

REGION: LARYNX. RESPIRATION. Heart. Circulation. Glands: Parotid. Thyroid. Ovaries. Mammæ.

WORSE: <u>WARM:</u> DAMPNESS. Overheating. Room. Chilled while hot. Sea bathing. Dust. Drafts. Until midnight.

#### BETTER:

Nosebleed (vertigo, head, chest). At sea. Motion.

Related: Lach. Samb.

# BRYONIA

REGION: Blood. CIRCULATION. Liver. <u>SEROUS MEMBRANES:</u> HEAD. CHEST. JOINTS. ABDOMEN. <u>Motor apparatus:</u> Nerves. Muscles. Right side. Lymphatics. Cellular tissue.

#### WORSE:

MOTION: LEAST RAISING UP. STOOPING. EXERTION. COUGHING. DEEP BREATHING. Dry: Heat. Cold. HOT: BECOMING. ROOM. Weather. Drinking, while hot. EATING. Vegetables. Acids. Calomel. VEXATION. Touch. Suppressions. Taking cold. Early A.M.

BETTER: <u>PRESSURE:</u> LYING ON PAINFUL PART. Bandage, etc. COOL OPEN AIR. QUIET. Cloudy, damp days. Drawing knees up. Heat to inflamed part.

Slowly advancing, forcible processes, localizing in unyielding tissues. Very painful effects; on coughing holds sides, chest or head; in joints, etc. BURSTING, STITCHING or heavy, sore pain, going backward. AVERSE TO LEAST MOTION, even of distant parts. Dryness everywhere. Dryness of the mucous membranes. Scanty, adherent secretions. Congestion, INFLAMMATION, exudation. Streaks of red. Gastro-bilious-rheumatic type. ..... Determined, taciturn, irritable and ugly. Wants to be let alone or go home. Dull. DIZZY OR FAINT ON RAISING UP. Vertigo; felt in occiput. BURSTING, SPLITTING OR HEAVY crushing headache; fronto-occipital; < moving eyes, coughing, straining at stool, etc. Pain over I. eye. Sensitive scalp; every hair pains. Oily hair. Eyeballs sore; pains behind. Dark red face. Nosebleed; vicarious. Suppressions or non-appearing discharges, eruptions, etc. Wagging lower jaw. Descending colds. Chewing motions. Dry, parched, cracked lips. Dry mouth. Tongue very dry, rough, coated along center; red at base. Soapy saliva. BITTER TASTE, or vomitus. Hawks brown lumps from posterior nares. THIRST; FOR LARGE DRINKS. Craves what he can't relish. Loathing. Nausea, < lying on r. side. Throbbing, tender epigastrium. Heavy load in stomach. Heavy, sore liver, > lying on it. Appendicitis. Peritonitis. LARGE, DRY, VERY HARD STOOLS, as if burnt. Constipation. Gushing diarrhœa on rising, < cabbage; burning; < hot weather. Lumps of tough mucus after stool. Yellow, mushy stool. Vicarious menstruation. Right chest; rusty expectoration. Wants to take a deep breath, but can't, or it excites cough. DRY, HARD, VERY PAINFUL COUGH, as if from stomach; < eating or drinking. Blood-streaked or tough expectoration. Bronchitis. Pneumonia (r.). SHARP STITCHES IN CHEST, or at r. scapula. Dry, friction sound. Pleurisy. Stony, hard mammæ; before menses. Milk fever. Heavy, hard breasts before menses. Interscapular numbness or pain going to epigastrium or from I. to heart. Lumbago, < stooping. Delirium; dreams of hard work. FULL, QUICK, HARD PULSE. Undeveloped measles. Jaundice. Chill, with hot head and red face; < warm room. Dry, burning heat; with < of all symptoms; blood seems hot. Painful, continued fevers; typhoid, catarrhal, etc.; after suppressions. Sour or oily sweat. Groins sore before menses.

> Complementary: Alu. Lyc. Nat-m. Related: Phyt. Rhus-t.

**BUFO** 

(See Rana Bufo)

**BURSA PASTORIS** 

(See Thlaspi Bursa Pastoris)

# **CACTUS GRANDIFLORUS**

REGION: HEART (muscle). CIRCULATION. Head; right. Chest.

### Circular muscles.

# WORSE:

Lying: On left side. On occiput. Periodically. Exertion. 10-11 A.M. or 11 P.M. Night.

### BETTER:

Open air. Pressure on vertex.

Related: Aco. Coc-c.

# CADMIUM SULFURICUM

#### REGION: Stomach. Respiration.

### WORSE:

Raising up. Least motion. Cold.

**Faintness on rising.** Ozœna. Craves little drinks of cold water, which are vomited at once. Nausea, that compels quiet to avoid vomiting. Suffocates on dropping to sleep. Chest contracted; with asthma.

Related: Zin.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA **Bv Cvrus Maxwell BOGER** Presented by Médi-T

# PULSATILLA

### **REGION:**

MIND. VEINS.

MUCOUS MEMBRANES: TONGUE. STOMACH. BOWELS. FEMALE AND GENITO-URINARY ORGANS. Respiration.

One side. **Right heart.** 

WORSE:

WARMTH: AIR. ROOM. Clothes. BED. Getting feet wet. SUPPRESSIONS. EVENING. REST. **BEGINNING MOTION.** LYING: one side (L). EATING: RICH FOOD. Long after. FATS. Ices. Eggs. PUBERTY. PREGNANCY. Before menses. Iron. Quinine.

# BETTER:

COLD; FRESH, OPEN AIR. Uncovering. ERECT POSTURE. Gentle motion. Continued motion. After a good cry.

CHANGEFUL. SHIFTING SYMPTOMS; rising to a certain pitch, then suddenly ceasing; going to part lain on; unilateral. THIRSTLESS, SHORT OF BREATH AND CHILLY; with digestive or menstrual disorders. SUPPRESSIONS; otorrhœa, menses, lochia, milk, etc. Metastases. Alternations. Phlegmasia. Venosity. Hæmorrhage; passive; vicarious. Anæmia. PROFUSE, BLAND, THICK, YELLOW-GREEN DISCHARGES; bitter mucus. Jerking, tearing or ulcerative pain. Numbness; part lain on; hands, feet, etc. Pale, chilly blondes. ..... MILD, TIMID, EMOTIONAL. WEEPY. Discouraged. Whining. Easily offended. Craves sympathy. Can't lie with head low. Headache start in vertex. Occipital ache, < coughing. Profuse sweat on scalp. Eves; fill with tears (acrid) or seem covered; < wind; sticky lids; colds affect the; ophthalmia, gonorrhœal. Blepharitis. Styes. Blind attacks; < menses. Nightly earache. Foul discharge or bad odor before nose. Coryza; stopped on lying or in room. Anosmia. Pale face. Peeling cracked lips. Licks lips. Crack in center of lower lip. Bad breath. Drawing toothache, > cold. Taste bad; in A.M.; bloody; greasy. Slimy mouth or dry, without thirst. Tongue feels scalded. Alternate sides of throat or neck. Food leaves an after-taste or lodges in throat. Averse to water or fats. Craves acids or what disagrees. Sudden loathing, < eating. Heart-burn. Nausea. Epigastrium; cutting; pulsation. HEAVY OR DERANGED STOMACH.

Abdomen; as of a heavy stone; aching; numb; pains into groins. Stools; changeable; green mucus, < after midnight; bilious. Piles, < lying. Urination; involuntary on lying; followed by blood. Heavy pressure on or cramp in bladder. Sensation as of a stone rolling in bladder. Nocturnal enuresis. Burning down I. spermatic cord. Enlarged prostate. Orchitis; gonorrhœal. Bloody emissions. Feels like menstruating. MENSES DARK; LATE, at puberty; SCANTY, < bathing; irregular; vicarious; absent. Dysmenorrhœa. Weak labor pains. Bearing down, < lying. After pains. Retained placenta. Leucorrhœa; milky; acrid. AIR HUNGER; < lying on I. side; as if from abdomen; if heated. Loose morning, then dry evening cough; from tickling in epigastrium; must sit up. Expectoration thick; purulent (Cetrar.), slimy, sweet, salt, etc. Asthma from suppressions. Cough; dry hacking; expectorates bitter or salty as it loosens up. Chest oppressed; as by a load. Sore stitch beneath clavicles. Palpitation. Mammæ; milk in virgin; sore, aching lump (r); scanty milk. Swelled joints; backs of feet. Numb elbows. Lower limbs; pains down, alternate sides; heavy legs. Sticking in tibia, < lying, > cool air and motion. Acute periostitis. Cold sweat on legs. Foul foot-sweat. Swelled glands. Veins full; varicose; painful. Ulcers, with hard, glistening areolæ; varicose. Skin itches on being heated. Measles. Day sleepiness. Lies with hands over head. Disturbed dreams. Awakes confused or tired. Chilly, yet averse to heat; IN A WARM ROOM; with the pain; on lying down at night. One hand cold. Partial sweat.

Complementary: Ars. Kali-bi. Sep. Sil. **Zin**. Related: Ap. Cimi. Grap. Ham. Kali-bi. Nat-s.

# PYROGENIUM

REGION: BLOOD. Heart. Circulation. Muscles.

WORSE: Cold damp. Motion: Constant change of position. Hard rocking.

**BETTER:** Heat. **Hot bath**. Pressure.

> Follows: Lach. Related: Anthraxin. Ars. Bap. Echi.

# **RADIUM BROMATUM**

REGION: Skin. Nerves. Lymphoid tissue. Bones. <u>Muscles and joints:</u> Lumbo-sacral. Great toe. Shifting sides.

WORSE: Motion. Shaving. Washing.

BETTER: Open air. Hot bath (Rhus-v.). Eating. Cold drinks. Continued motion.

Related: Pho. Pul. Rhus-rad.

RANA BUFO (Bufo)

REGION: <u>Heart:</u> Blood. Circulation. Kidneys. Sexual organs. Ovaries. Groin. Skin.

WORSE: In warm room. Sexual excitement

Sexual excitement (Onanism). During sleep. Least motion. Injuries. **BETTER:** Bleedings (Lach. Melil. Sars.). Cool air. Bathing; feet in hot water.

> Complementary: Calc-c. Related: Bar-c. Grap. Tarn. Antidote: Op.

# RANUNCULUS BULBOSUS

### **REGION:**

NERVES. **Muscles**. Eyes. **Serous surfaces**. THORAX. SKIN. Fingers and toes. Left side.

WORSE:

<u>AIR:</u> Damp. Cold. Open. Drafts. <u>Changing:</u> Weather. Temperature. Position. Alcohol. Evening. <u>Motion:</u> of arms. Breathing. Touch.

Related: Canth. Rhus-t.

# **RANUNCULUS SCELERATUS**

REGION: CHEST. SKIN. Vertex. Right side.

#### WORSE: Evening. Motion.

Deep breathing.

### BETTER: After midnight.

Related: Ars. Aru-t.

# **RAPHANUS SATIVUS NIGER**

Numbness, changing place. Retained flatulence. Hysterical meteorism. Coldness of a foot.

# RATANHIA

REGION: Rectum. Anus. Nipples. Teeth.

#### WORSE: Night. Anxiety. Heat. Exertion. Touch.

### BETTER:

Cool bathing. Walking in open air.

Pains here and there. **Hæmorrhage**. **Sense of constriction**. **Fissure**. Dark, thin, scrawny and irritable. .................. As if brain would fall out of forehead. Bursting headache when straining at stool. As if cool air came from teeth. Nightly toothache, < lying; must walk about. Griping in stomach, > eructations. Violent, painful hiccough. Sharp **cutting**, in stomach, rectum, etc. **Constriction or as of sharp splinters** (of glass) in **rectum**; stool is forced out with great straining and followed by **prolonged aching-burning**, > hot water. Dry or itching anus. Ascarides. Fissure ani. Cracked nipples.

# **RHEUM OFFICINALE**

REGION: <u>Muscles of:</u> Bile ducts. Duodenum. Intestines. Liver.

# WORSE:

**Dentition**. Eating. Summer. Nursing women.

### **BETTER:**

Warmth. Wrapping up.

> Complementary: Mag-c. Related: Cham.

# **RHODODENDRON CHRYSANTHUM**

REGION: FIBROUS TISSUES: Forearm. Lower legs. Small joints. Bones. Genitals. Nerves. Vascular system. Single parts.

WORSE: <u>Weather:</u> BEFORE STORMS. Rough. Windy. Cold damp. Changing. Cloudy. Night. Midsummer. Wine. Rest.

### BETTER:

Heat. In sun. Motion (at once). Wrapping head.

**Gouty-rheumatic subjects**. SENSITIVE TO WINDY OR STORMY, WET WEATHER. Sensitive to windy weather, even if he is in house. **Tearing**, **zigzag**, boring, rapidly changing, descending,

Related: Rhus-t.

# **RHUS TOXICODENDRON**

REGION: <u>SKIN:</u> Face. Scalp. Genitals. Blood. <u>Tissues:</u> Cellular. Ligaments. Fibrous. Joints. Mucous membranes. <u>GLANDS:</u> Pyer's. Parotid. <u>NERVES:</u> CORD. Sciatic. Left side or left to right.

#### WORSE:

EXPOSURE TO: WET; cold. Air. WASHING. Chill or draft. When hot or sweaty. Uncovering; hands, etc. BEGINNING MOTION. REST. Before storms. SPRAINS. Overexertion. AFTER MIDNIGHT.

### BETTER:

Continued motion. <u>HEAT:</u> Wraps. Bath. If heated. **Rubbing**. Nose-bleed. Holding abdomen.

An infectious irritant, exciting TYPHOID, RHEUMATIC OR PARETIC EFFECTS. NIGHTLY SHOOTING, STITCHING, TEARING PAINS; CAN'T REST IN ANY POSITION. Grippe. Variola. Sore, bruised or STIFF. Flesh feels beaten or torn loose. Dislocative sensation. Twitching muscles. Crawling. Numbness. Trembling. Burning, swelling and lividity. Cellulitis. Acrid, rusty-red, meat water or musty secretions; causing eruptions. Scraping, gnawing or tearing delirium. Whirling vertigo; then headache. Shattering or loose feeling in brain; < jar. Board-like pressure in forehead. Painfully stiff scalp, > lying on it. Pain behind eyes; < motion. Eyelids, stiff; adherent; dry; firmly closed. Profuse, hot, gushing tears. Photophobia. Vertical diplopia. Saccular conjunctivitis. Red, sensitive tip of nose; it drips water. Roseola. Nose-bleed; at night. Violent aching in bones of nose. Face-ache. Maxillæ crack; easily dislocated; pains in. Red spot on I. cheek. Swelled, stiff face. Dry, cracked, crusty lips; herpes on. Sordes. Bloody saliva runs during sleep. Teeth feel loose. TONGUE; RED TRIANGLE AT TIP; coated diagonally or on one side only; dry red center; cracked, stiff, sore. Coppery or straw-like taste. Red, puffy, itching fauces. As of chamois skin stuck on tonsils. Sorethroat (I) in A.M.; with swelled glands. Craves cold drinks, although they < cough, chill, etc. Vomits from coughing, lying on back, etc.;

fecal. Abdomen sore; swashing in; as of a lump in. Ileocæcal symptoms. Stools watery, frothy or bloody; foul; brick red; slimy; gelatinous; involuntary or with tenesmus, < drinking. Piles, < lifting. Genitals, ædema, < prepuce; itching; swelled. Nephritis. Metritis; septic. Chest pains on using arms. Dry, hoarse, tearing, tormenting cough, from tickling behind upper sternum; with bloody taste. Sudden hypostasis or cedema of lungs. Palpitation; > motion. Heart; feels tired; hyper-trophy; pains going down I. arm. Shingles. Stiff neck. Inter-scapular pain, < swallowing. Contractive or breaking backache, > hard pressure, walking about or bending backward. Lumbago. Coccyx aches into thighs. Numb, prickling limbs. Arms nervous and shaky, (I). Paralytic pain in elbows. Rhagades on backs of hands. Palms, dry, hot, cracked and sore; washing causes burning. Pains down back of thighs; < stool. Sciatica. Legs feel dead, wooden; cramp in calves; gangrenous ulcer, runs bloody water; itching. SKIN; stiff; thick; dry; hot; itching; burning; < warmth; painful to cold air. Fine VESICULAR, crusty, eczematous, moist or ERYSIPELATOUS ERUPTIONS, < genitals; alternating with dysentery. Pus erodes the hair. Rhus poisoning. Milk-crust. Baker's itch. Vesicles over abscess. Weeping ulcers. Dreams, laborious; of blood; awakes tired or nervous. Weak, rapid, sharp, tremulous or irregular pulse. Easily chilled; < least uncovering; with pains in limbs; < cough, etc. Chill as if dashed with cold water or cold water in veins; preceded by cough; alternating with heat; in single parts. Heat with busy delirium. Sweat, < during pain; with sleepiness.

> Complementary: Bry. Calc-c. Mag-c. Med. Phyt. Related: Arn. Bry. Dul.

Copyright © Médi-T 1999

# A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

# SUMBUL

#### REGION: Nerves. Heart. Left side.

### WORSE:

Motion. Inspiration. Climacteric. Music.

### BETTER:

Gentle motion.

> Complementary: Lact. Related: Mos.

# SYMPHYTUM OFFICINALE

### **REGION:**

CARTILAGE. PERIOSTEUM. Flat bones.

### WORSE:

INJURIES. Blows from blunt instruments. FRACTURES.

**Excessively painful** (old) **injuries**; to periosteum or cartilage. Comminuted fractures. **Prickling**, stitching pains. **Eye and face injuries**. Non-union. **Deficient callus**. Coldness.

Related: Calc-p.

**SYPHILINUM** (See Luesinum)

# TABACUM

**REGION:** <u>Nerves:</u> Cerebro-spinal. Vagus. Sympathetic. Ganglia. HEART. GLANDS. SECRETIONS.

WORSE: MOTION; of riding. Lying on left side.

### **BETTER:**

**Cold**; **fresh air**. Twilight. Uncovering abdomen.

Complementary: Op. Related: Ars. Gel. Ver-a.

# TARAXACUM

REGION: Liver. Stomach.

WORSE: Rest; sitting; standing.

### BETTER:

Walking. Touch.

**Bilious, sick feeling.** Stitches. ..... Depression. Coated tongue, with **raw patches**; **mapped**. Sour taste or hawks sour mucus. White stools. Bilious diarrhœa. Jaundice. Restless limbs, with tearing pains. Chilly after eating. Cold fingertips. Burning toes. Night sweats.

Related: Nux-v.

# TARENTULA CUBENSIS

#### REGION: Cellular tissue.

### WORSE:

Cold drinks. Exertion.

Related: Anthx. Lat-m.

# TARENTULA HISPANA

### **REGION:**

NERVES. HEART. **Spine**. RESPIRATION. Generative sphere. Right side.

### WORSE:

TOUCH. Cold. Noise. Damp. <u>Periodically:</u> Same hour. Yearly. After menses. Evening.

BETTER: <u>Relaxation:</u> Rubbing. Sweating. Smoking. Open air. Music. Riding horseback. In the sun.

Heaviness in pelvis. Stool; oily; excited by washing head. Foul urine, with sandy sediment. Sensitive genitals. Sexual erethism. Hot semen. Dry, hot, raw, itching vulva and vagina, < scratching. Motions or burning in uterus. Cancer of cervix. Leucorrhœa of clear, acrid, sticky lumps. SUFFOCATION; must have fresh air; < coughing. Cough, > smoking, < noise. Heart, twists around; takes sudden jump. Chorea cordis, with arm symptoms; < hands in cold water. Painfully sensitive spine; touch excites pains in heart, chest, etc. (Bell.). Restless arms; keeps hands busy; picks fingers. Restless legs; impulse to walk. Festination. Cold, moist feet and hands. Itching soles. Sawing bone pains. Skin, purplish (Sol-n.); ecchymotic; cold spots or as of cold water flowing or dropping on part. Suppuration; deep; evacuates pus rapidly. Noma. Alternate chill and heat. General heat, with cold feet. Fever; septic. Sweat, profuse; excoriating.

Complementary: Ars. Related: Agar. **Ars**. Mygal.

# **TELLURIUM METALLICUM**

REGION: Spine. Nerves. Ears. Eyes. Skin. Right to left.

WORSE: Touch. Lying on part. Cold. Empty swallowing. Spinal injuries. Weekly.

Related: Cep. Sele.

# TEREBINTHINA

REGION: <u>Mucous membranes:</u> KIDNEYS. Bladder. Bronchial. Respiration. Heart. Blood. WORSE: Dampness. Cold. Night. Lying. Pressure.

# BETTER:

Motion.

> Antidote: Canth. Related: Canth. Erig. Pho.

# **TEUCRIUM MARUM**

(Marum Verum)

REGION: NOSE. Lungs. RECTUM. Fingertips. Toe-joints.

### WORSE:

Weather: Changing; damp. Cold. In bed.

### BETTER:

Open air. Sweat.

> Complementary: Calc-c. Related: Cina. Sil.

# THERIDION CURASSAVICUM

#### REGION: NERVES. Spine. Bones. Left side; head, chest.

#### WORSE:

NOISE. Touch. CLOSING EYES. Least motion. Riding. Jar.

### BETTER:

Rest. Warmth.

Related: Asar. Sil.

### THLASPI BURSA PASTORIS

(Bursa Pastoris)

**REGION:** Vascular system. Female organs.

WORSE: Every other month.

#### BETTER:

Bathing. Dampness. Rapid motion.

History of hæmorrhage or suppressed vaginal discharges. ...... Impulse to walk far. **Pain from above eyes up over head to nape.** Taste like bad eggs. Craves butter-milk. Flatulence (r). Kidney stone. **Menses or leucorrhœa leaves a fast stain.** Leucorrhœa excites itching. Milky water runs from r. nipple. Weakness between scapulæ.

Complementary: Sep.

# THUYA OCCIDENTALIS

#### REGION: <u>Mucous membranes:</u> GENITO-URINARY. Intestines. Mind. Nerves. Occiput. Glands. SKIN. Left side; ovary.

#### WORSE:

COLD DAMP. Heat; of bed. <u>Periodically:</u> 3 A.M. Yearly. Increasing moon. During menses. Urinating. Gonorrhœa. Syphilis. Mercury. Vaccination. Tea. Onions.

### BETTER:

<u>Warm:</u> Wind. Air. Wrapping head. **Free secretions**. **Sneezing**. Motion. Crossing legs. Touch.

Exhausted and soft. Great prostration. Rapid emaciation. Soft. exuberant, fungoid tissue: polypi; condylomata; warts, pediculated, black, suppressed, etc. Sycotic, hydrogenoid or lymphatic constitution. Foul, acrid, musty, rancid or sweetish odors. Oily stool, skin or sweat. Trickling; in urethra. Burning, sticking, numbing, drawing or wandering pains, < warmth. Rheumatism. Jerkings, of spinal origin. Parts look dead. ...... Ill-humored; sad; loathes life. Illusions, then fixed ideas; of fragility; of a live thing internally; of some one at his side; of being in hands of a stronger power, etc. Hasty and anxious; over trifles. Can't concentrate. Neurasthenia; prostatic. Vertigo; as if in a swing. Tearing or like a nail in I. head. Neuralgia. Dry, split hair. Eyes blood red; full of tears; stand open. Sclerotitis. Jagged iris. Photopsies, beyond visual field. Bloody scabs or briny odor in nose. Epistaxis. Face, pale, waxy, shiny; dark under eyes; spiderlets on. Boring in zygomæ. Teeth decay at edge of gums; gnawing pains, < cold. Ranula. Mucus in choanæ. Noisy swallowing or belching. Rancid or greasy eructations. Pushings in abdomen. Cutting squeezing in lower bowels, groins, bladder or urethra. Ileus. Gurgling in bowels; then painless, watery, grass green stools. Stools gurgle or **pop out**; < breakfast. Stools, of hard, black lumps mixed with gushing water; hurried; explosive; spraying; gassy. Moist anus or perineum. Urine burns; dribbles; foul; copious; frequent; must wait. Pain from I. kidney to epigastrium, < motion. Forward, cutting in urethra on urinating. Lithæmia. Offensive genitals. Testes seem bruised. Prepuce puffed; sloughing. Gonorrhœa. Chordee. Tearing in ovaries (I). Itching, sensitive vagina. Short, difficult breathing. Asthma. Cough by day only. Expectorates easier lying. Cheesy sputum. Anxious palpitation. Retracted nipples. Chest pains take various directions. Back; throbs; pressure over kidneys; atrophy of long muscles. Cracking joints. Numb fingers, on waking at night (Nat-m.). Crawling or inflamed finger or toe tips. Hips give way; limbs feel paralyzed. Restless knees. Painful soles. Foul, acrid foot-sweat. Skin brown; spotted; dirty; hairy. Eruptions itch or burn violently from cold bathing. Moist. foul polypi. Prurigo. Nævi. Bluish white ulcers. Stinging, jumping out feeling. Itch. Blood-boils on back. Foul pustules, with sunken apices. Nails ribbed, soft, brittle, crumbling, discolored or distorted. Sleepless when on I. side. Dreams of the dead. Shaking chill, with yawning; <

urinating; not > heat. Heat rises into chest; **with icy hands**, nosebleed or cough. Sweat on bare parts; with dry heat on covered ones; with cold hands, > washing; **profuse on genitals**; gushing, < company; foul; pungent; staining.

Complementary: Nat-m. Nit-ac. Sabi. Sil. Related: Merc. Nit-ac. Sabi.

Copyright © Médi-T 1999

# A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

## CALADIUM SEGUINUM

### **REGION:**

GENITALS. NERVES. Skin. Mucous membranes.

#### WORSE:

Sexual excesses. Motion. Sudden noises. On falling to sleep. Tobacco.

### BETTER:

Cool air. Short sleep. Sweating.

Related: Caps.

# CALCAREA CARBONICA OSTREARUM

REGION: <u>NUTRITION:</u> GLANDS (Cervical. Mesenteric.). BONES. SKIN. BLOOD. CHEST. R. Lung. HEART. CHILDREN.

#### WORSE:

<u>COLD:</u> RAW AIR. Wet. BATHING. Cooling off. Change of weather. <u>EXERTION:</u> Mental. **Physical. Ascending**. Eyestrain. DENTITION. Puberty. PRESSURE OF CLOTHES.

MILK. Awaking. Anxiety.

Fat, flabby BLONDES, WHO SWEAT EASILY, < ON HEAD OR CHEST; DURING SLEEP. PROFUSE, OFTEN SOUR DISCHARGES, stools, sweats, odor of body, saliva, etc. Soft, torpid, scrophulous habit. Numb parts lain on. Easily sprained. Grows fat, but not strong. Cold, moist air chills through and through. Takes cold easily; in chest. Malnutrition. Faulty bony development. OPEN FONTANELLES. Tardy teething and walking. Scrofula. Rickets. Curvatures. Calculous tendency. ..... Forgetful; learns poorly. Depressed melancholic or doubting mood; fears disease, misery, disaster, being observed, insanity, etc. (Lil-t. Nux-v. Sep. Ver-a.). Cautious. Confused; misplaces words. Sad. Apathetic. Indolent; suddenly. Vertigo. BIG HEAD, WITH LARGE, HARD ABDOMEN. Deep head pains-beating, shattering, etc., < wind, > dark; with eructations. Migraine. Scalp itches; on awaking. Thick, foul milk-crust (Sul.). DILATED PUPILS. Sees things on closing eyes; beside visual field. Coryza, with polyuria. Senile catarrh. Swelled nose and upper lip (Bar-c. Sul.). Face pallid, pasty and puffy. Swelled tonsils. Anorexia; from overwork. Craves eggs or coarse foods. Averse to meat. Sour, curdled vomit (Nat-p.). STOMACH LIKE AN INVERTED SAUCER. Thirst for cold water at night. Cramp at navel. Biliary colic. Chalky, gray (Pho-ac.) or green, watery stools. Lientery. Foul or strong urine. White urinary sediment. Hydrocele. Thick, milky, gushing leucorrhœa. Painless hoarseness. Everything makes him short of breath. Emphysema. Cough, as from dust. Purulent, loose, sweet expectoration. Weak heart. Palpitation. Sore chest; breasts before menses. Neck pains, < lifting. Chapped hands. Arthritic nodes. ENLARGED GLANDS; cervical, mesenteric, etc. Cysts. Psoriasis. Polypi; nasal, uterine, etc. Skin cold, like a snake. Nightmare. Sleepless; from rush of ideas. Coldness; icy, on vertex; spots on head, or head, hands, knees and feet; of affected part (Led.); objective. Chill with thirst. Internal heat, with externa coldness and sweat. Hot head from mental exertion. Clammy hands (Sul.). Sweat; cold; partial; head, < occiput; chest; on hands. COLD, DAMP FEET.

> Complementary: Bar-c. Lyc. Sil. Related: Bar-c. Sil. Follows: Nit-ac. Sul.

# **CALCAREA FLUORICA**

REGION: Elastic fibre: Veins. Glands. Periosteum. Left side.

WORSE: Beginning motion. Cold; wet. Drafts. Changing weather. Sprains.

# CALCAREA HYPOPHOSPHORICA

#### REGION: Nutrition.

# WORSE:

Vital losses.

Pale and weak, with violent drenching sweats. Rapid and extreme debility or emaciation. Scrofula. Pædatrophy. ..... Excitable, nervous and sleepless. Frying or sizzling in ears. Ravenous hunger, < 2 hours after meals; only > when stomach is full. Anorexia. Sore throbbing in spleen. Diarrhœa. Bronchitis. Starts in sleep. Exhausting nightsweats.

Related: Chin.

# CALCAREA PHOSPHORICA

#### **REGION:**

<u>NUTRITION:</u> BONES (SUTURES. PERIOSTEUM. Cartilage.). GLANDS. Nerves. ABDOMEN. Vertex. Chest.

### WORSE:

Exposure to: Weather changes. Drafts. Cold, wet. Melting snows. East wind. DENTITION. Mental exertion. Loss of fluids. Puberty. Fruits. Cider.

# BETTER:

Lying down.

splinter under nails. Weak through hips. **Thin, brittle bones**. Pain, burning, **along sutures** or edges of nails. Slow ossification; non-union. Swollen glands. Pott's or hip-joint disease. Easily chilled; during pains. Sickly sweat; < head and throat; at night. Cold limbs with digestive trouble. Chills up back, but heats down back.

Follows: Fer-p. Related: Carb-a. Chin. Nat-m. Rut.

## CALCAREA SULFURICA

REGION: CONNECTIVE TISSUE. Glands. Mucous membranes. Bones. Skin.

### WORSE:

Drafts. Touch. Cold. Wet. Heat of room.

### BETTER:

Bathing. Open air. Eating. Heat (local). Uncovering.

Related: Hep.

# CALENDULA OFFICINALIS

REGION: SOFT PARTS. Spine. Liver.

WORSE: Weather; damp; cloudy. During chill.

**Excessively painful**, open, torn, **cut**, **lacerated**, **ragged or suppurating** WOUNDS. Hæmorrhages, in scalp wounds or after drawing teeth, etc. **Prevents pus.** Sensitive to damp or Related: Arn. Bellis.

# CAMPHORA

#### **REGION:**

DIGESTIVE TRACT. Cerebro-spinal nerves. Urinary organs. Nose.

WORSE: Cold. Drafts. When half asleep. (Mag-p-au. Nit-ac.). Mental exertion. Shock. SUPPRESSION. Inattention.

BETTER: Free discharges. Sweat. Thinking of it.

> Antidotes: Coff. Op. Pho. Related: Carb-v. Cup. Op. Sec-c.

### **CANCER FLUVIATILIS**

(See Astacus Fluviatilis)

# CANNABIS

REGION: EMOTIONS. MIND. Nerves. GENITO-URINARY ORGANS. WORSE: URINATING. DARKNESS. Exertion. Talking. Walking. Gonorrhœa.

> Antidote: Apis. Related: Anhalo. Cocain. Nux-m. Op.

## CANTHARIS

#### **REGION:**

<u>MEMBRANES (Mucous and serous)</u>: URINARY ORGANS. **Bladder**. Pharynx. Brain. Pleura. **Lower bowel**. Pomum adami. Skin. Right side.

#### WORSE:

URINATING. Drinking; cold. Bright objects. Sound of water. Touch; larynx.

#### BETTER:

Warmth. Rest.

dark (Ran-b.). Bullæ. Chill, during stool. Urinous sweat; on genitals.

Complementary: Apis. Antidote: Aco. Cam. Related: Ap. Ars. Merc-c.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

### CAPSICUM ANNUUM

REGION: MUCOUS MEMBRANES. THROAT. Kidneys. Bones. Mastoids.

#### WORSE:

SLIGHT DRAFTS. <u>COLD:</u> AIR. Water. Uncovering. Dampness. Bathing. Empty swallowing. <u>Drinking:</u> < throat, or excites urination. Eating. Drunkards.

#### BETTER:

Continued motion.

> Complementary: Nat-m. Related: Canth.

### **CARBO ANIMALIS**

REGION: NUTRITION. Glands.

#### VEINLETS.

WORSE: <u>Slight causes</u>: Small depletions. Sprains. Lifting. Cold taking. WHILE EATING. **Dry, cold air.** Shaving (Ox-ac. Rad.). Old age. After menses.

#### BETTER:

Laying hand on part.

> Complementary: Calc-p. Related: Calc-fl. Grap.

### CARBO VEGETABILIS

#### **REGION:**

<u>MUCOUS MEMBRANES:</u> DIGESTIVE TRACT. STOMACH. <u>HEART:</u> VENOUS CIRCULATION. **Blood**. **Occiput**.

#### WORSE:

WARMTH. DEPLETIONS. **Cooling off.** EXHAUSTING DISEASES. Old age. HIGH LIVING. **Rich foods.** DISSIPATION. Overlifting. Walking in open air. Pressure of clothes. <u>Weather:</u> Extreme temperatures. Cold night air; frosty; humid. Air. Wind on head. Suppression.

#### BETTER:

ERUCTATIONS. Cool air. Elevating feet.

Low, grave, depraved, or cachectic states. Atony, failing reaction or obstinate sequelæ. Complaints of old age. WEAKNESS, FLATULENCE, FETOR OR AIR HUNGER, with most complaints. Tremulous, WEAK, SICK AND EXHAUSTED; suddenly; with pulselessness. Fainting. Collapse. Easily chilled. Cold, yet wants air or to be fanned, or thirsts for cold water. BLUENESS and decomposition. Sepsis. Ulceration (aphthous). HÆMORRHAGE; dark oozing. Overfulness. Venosity. Thick, acrid discharges (Hyds.). Old catarrhs. General bruised soreness or heavy aching burning; in bones, ulcers, etc. Numbness, of parts lain on. headache; < occiput; < overheating, lying or pressure of hat. Sneezing from irritation in larynx; < blowing nose or sneezing. Colds go downward (Pho.). PINCHED, HIPPOCRATIC or DUSKY FACE. Twitching upper lip. Mumps with metastasis. Loose teeth. Scorbutic gums. Small, painful aphthæ. Black tongue. Loathes even the thought of food. BELCHINGS; RANCID; loud, without >; with cough. EXCESSIVE FLATULENCE; obstructed; distending; < upper abdomen (Pul.); < lying. All food turns to gas. Dyspepsia. Colic. Burning in rectum. Itching anus. Septic albuminuria. Sore, hot itching, swelled vulva. Hoarse in evening. Spasms of tormenting, hollow or choking cough, with headache and vomiting; < cold drinks and in bed; expectorates with retching. Pertussis and its effects. Heavy, sore or weak chest; on awaking. Senile asthma. Destructive lung diseases. Continuous, anxious palpitation. Sore ribs. As of a plug in back. Weak fingers. Raw or mottled skin. Ulcers, foul, burning and bleeding. Varicosis. Horrors during sleep. Thready pulse. Alternate chill and heat. ICY COLD; tongue; knees; legs, at night; breath; foot (I); unilateral, etc. Warm head, cold limbs. Internal, burning heat; at heart; in chest; with icy skin, < coughing. Icy, but wants air.

> Complementary: Chin. Kali-c. Follows: Caust. Antidote: Nat-m. Related: Am-c. Ars. Colch. Grap. Lyc.

# CARBOLICUM ACIDUM

REGION: <u>MUCOUS MEMBRANES:</u> Throat. STOMACH. Bowels. Lungs. HEART. Blood. Respiration.

### WORSE:

Jar. Reading. Pregnancy. Combing hair (Bry. **Chin**. Ign. Sele.).

Related: Kre.

# **CARDUUS MARIANUS**

### **REGION:**

Liver (R). Spleen. Veins.

### WORSE:

Lying on L. side. Beer. Eating. Touch. Motion. Cellars.

# BETTER:

Bleeding.

Related: Calc-c. Sang.

## CASTOREUM

**REGION:** NERVES. **Female generative organs**.

#### WORSE:

Emotions. Cold. During menses. Debilitating diseases.

### BETTER:

Pressure.

Related: Mos. Val.

# CAULOPHYLLUM THALICTROIDES

**REGION:** FEMALE ORGANS. NERVES. Muscles. Neck. Lower limbs. Small joints.

# WORSE:

Pregnancy. Suppressed menses. Open air. P.M.

Related: Cimi. Pul. Sep.

## CAUSTICUM

REGION: <u>NERVES:</u> Motor. Sensory. <u>MUSCLES:</u> BLADDER. LARYNX. Limbs. Respiration. Skin. Right side; face.

#### WORSE:

<u>Air:</u> DRY COLD. Raw. WINDS. **Drafts**. Extremes of temperature. **Stooping**. Suppressions. Coffee. 3-4 A.M. OR EVENING. Exertion. Change of weather.

#### BETTER:

A COLD DRINK (EVEN CHILLS). Washing. Warmth; of bed. Gentle motion.

foul earwax. Echo in ears. Tinnitus. Eruption on lower nose. Prosopalgia, > cold water. Facial paralysis, < opening mouth. Swelling at root of tongue. Throat, < stooping. Urging to swallow, or swallows the wrong way. Greasy eructations. Cramp in rectum on stooping. Anus, prolapses on coughing; small, hard pustules. Stool glistens; difficult, > standing. Stooling easier by standing, but piles < standing. Must sit down to urinate. Insensible urethra or rectum; to solid stools (Alo.). Piles, < walking. Urine retained after labor. URINE SPURTS ON COUGHING; dribbles or passes slowly; > sitting. Menses by day, leucorrhœa by night. Dry, hard cough. Cough from tickling in throatpit (Sep.), or I. larynx; incessant; dry night and morning. Can't cough deep enough (Rum.); expectorate slips back again; < heat of bed, stooping, cold air; > sips of cold water. Greasy, ropy, difficult expectoration. Aphonia or hoarseness, in A.M.; of speakers; < stooping; > talking. Sore streak in larvnx. Sore chest; vest seems tight. Purring in chest. Wandering chest pains, > pressure. Stiff neck or back on rising; pain goes forward or to thighs. Pain in spine on swallowing. Bursting in fingertips. Cramps in calves, feet or toes. Deep burns and their effects. Skin: cracks; ulcers. Warts, on brows, lids, nose, fingertips; seedy; bleeding; ulcerating. Coldness, not > warmth; causes paralysis, cough, diarrhœa, etc. Sweat about 4. A.M.; profuse, on slight exertion; < open air.

> Complementary: Carb-v. Grap. Lach. Stap. Related: Gel. Kali-bi. Pho. Rhus-t. Sep.

## **CEANOTHUS AMERICANUS**

REGION: Spleen.

WORSE: Cold weather. Lying on left side.

Periodical neuralgias. Pain in I. side, with dyspnœa, diarrhœa or leucorrhœa. Swelled spleen or liver. Green urine.

Complementary: Nat-m.

Related: Chin. Polym.

### CEDRON

REGION: Nerves. Blood.

WORSE: Periodically; at same hour. After sleep.

EXACT PERIODICITY. Orbital neuralgia (r). Brow ague. **Eyes burn like fire**. Numbness. Excitement before chill. Malaria.

Related: Aran.

# **CEPA VULGARIS**

(See Allium Cepa)

## CHAMOMILLA VULGARIS

#### **REGION:**

MIND. NERVES. EMOTIONS. <u>Mucous membranes:</u> DIGESTIVE TRACT. Liver. Women and CHILDREN. Left side.

#### WORSE:

ANGER. NIGHT. DENTITION. <u>Cold:</u> Air. Damp. Wind. **Taking cold**. COFFEE. **Narcotics**. Alcohol.

#### BETTER:

BEING CARRIED. Mild weather. Heat. Sweating. Cold applications.

Bad temper. Frantic irritability, snappish and intolerant of pain. Mad during pain. Magnifies her pains. Unappeasable crossness. OVERSENSITIVE. Tosses about, cries out or walks the floor (Ars.); demands instant relief. Beside himself or prostrated by pain. Neuralgic or gouty-rheumatic subjects. Spells of being irritable and restless; OF COLIC; of dry, tickling cough, etc. Cramps, with bilious vomit; of muscles. Numb, on awaking; after pain; hands, when grasping objects. Repeated spasms; of face, arms, legs, etc. ...... UGLY, CROSS, AND UNCIVIL. QUARRELSOME; vexed at every trifle. Abrupt. Averse to being spoken to or touched. WANTS TO BE CARRIED or what is refused when offered. Omits words. Sensitive to cold wind about ears. Sticking, earache; > warmth. Swelling, or REDNESS OF ONE CHEEK. Faceache (r), to ear. Jaws feel tired. Bad, sour breath. Bitter taste. Thick, yellow-white fur on tongue. Eructations like bad eggs. Distended bowels. Colic going upward; < anger (Colo.). Cutting or wind colic; < night. STOOLS, hot, ACID, GRASS-GREEN, SLIMY, HACKED, vellow-green, OR LIENTERIC: smelling like bad eggs. Irregular, labor-like pains; going up; down inner thighs. Cramps when child nurses. Dark, lumpy menses or lochia. Asthma, < dry weather. Jaundice. Dry palms. Sleepy, disturbed, by pain, starting up, etc. Chilly, yet easily over-heated, hence takes cold. Coldness of one part, with heat of another; < uncovering. Alternate chill and heat. Hot and thirsty or hot sweat, with the pains. Hot coryza, hot stools. Feverish, from suppressed discharges. Sweat on head. Sleepless from abuse of narcotics.

> Complementary: **Mag-c**. Sanic. Related: Nux-v. Stap. Antidotes: Com. Ign. Nux-v. Pul.

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

### **CHELIDONIUM MAJUS**

REGION: <u>Right side:</u> Portal system. Abdomen. Lungs (lower). Mucous membranes. Bowels (R). Occiput. Kidneys. Knees.

#### WORSE:

Motion. Cough. Touch. Change of weather. North Easters. 4 A.M. and 4 P.M. (Ign.).

### BETTER:

Hot food. Eating; dinner. Milk. Pressure. Hot bath. Bending backward.

YELLOWNESS. Bilious disturbances; vomiting, jaundice, catarrhs, etc. Pains shoot backward or in all directions. Stitches. Heavy, stiff, sore, paralysed, dislocative or broken feeling. Numbness. Horror of motion. ..... Lazy. Averse to mental exertion or conversation. Despondency. Vertigo; felt in vertex. Headaches extend backward. Heavy occiput. Supra-orbital pain. Mucus in eyes. Outward, blowing, crawling, etc., in ears. Dark red or sallow, sunken face. Red nose. Flapping alæ. Bitter taste. Yellow tongue; with indented edges (Hyds.). Choking, as from too large a morsel. Left sided goitre. Craves milk, piquant or hot foods (Lyc.). Nausea. Sensitive epigastrium. Sensation as of a plug in stomach. Gnawing, scraping gastric pains, > eating. LIVER PAINS GOING BACKWARD, OR FIXED AT ANGLE OF R. SCAPULA; to r. shoulder and occiput (Kali-c. Nux-v. Sep.). Rawness in liver. Gall-stones. As of a string about abdomen or neck. Stools pasty, pale, bright yellow, clayey or hard balls. Dyspnœa, < urinating (Dul.). Cough, as from dust; with much rattling, but little expectoration, or it flies from mouth. Hepato-pectoral symptoms. Like a nail deep in r. chest. Bilious pneumonia (Merc.). Fluctuating temperature. Pain from neck to r. temple. Itching, > eating. Lethargic, DROWSY and chilly. Icy cold nape and occiput. Cold fingertips. One foot cold. Burning heat, spreads from hands over body. Sweaty, with aversion to uncover and without relief; after midnight.

Complementary: Lyc. Merc-dul. Related: Bry. Kali-bi. Merc. Op.

## CHENOPODIUM ALBUM

<u>Deafness:</u> variable; > high pitched voice.

## CHIMAPHILA UMBELLATA

REGION: Bladder. Kidneys. Glands: Liver. Prostate. Mammæ (R).

WORSE:

Cold damp. Standing. Sitting. Beginning urination.

### BETTER:

WALKING.

ROPY or muco-purulent, foul, scanty, thick, turbid, urine. Feels as if sitting on a ball, in the perineum; after gonorrhœa. Old nodes in or atrophy of glands. Fluttering in kidney region. Acute inflammation in urinary tract. Gravelly urine.

Complementary: Kali-m. Related: Berb. Coc-c. Sabal.

# CHINA OFFICINALIS (RUBRA)

REGION: BLOOD. CIRCULATION. <u>SECRETIONS:</u> Digestive. Organs. Liver. Spleen. Nerves.

WORSE: VITAL LOSSES. TOUCH. Jar. Noise. <u>PERIODICALLY:</u> Alternate days (Ars. Nat-m.). Cold; drafts; wind. Open air. Eating; fruit; milk. Mental exertion.

**BETTER: Hard pressure** (Lach.). Loose clothes.

INTERMITTENCY. PROFUSE, EXHAUSTING DISCHARGES, HÆMORRHAGES, etc. (Abro. Calc-hyp. Pho-ac.). Weak, oversensitive and nervous; everything upsets him, light, noise,

odors, pain, etc. Hard swelling. Bursting. Rheumatism. Neuralgia. Emaciation. Anæmia. Dropsy. ..... Stubborn. Disobedient. Vertigo; falls backward. Throbbing, bursting, swashing, or bruised feeling in brain, < temples. Sore scalp, < touching hair. Hot red ears. **Tinnitus**; then vertigo. Deafness. Pale, earthy, sickly look; bluish about eyes. Teeth throb; < sucking. Acute, sour or bitter taste, or eructations. Craves delicacies. Quick satiety. Anorexia. Loud belching, without relief (Arg-n.). Slow digestion. Sore stomach. Thirst for cold water that aggravates diarrhœa. Periodical liver symptoms (Quas.). Gall-stones. Swelled liver and spleen. Flatulent bloating. Tympanitis. Pain from rectum into genitals. STOOLS; LIENTERIC; dark; foul; watery; BLOODY; painless; < eating; < night. Dark, profuse, clotted menses. Blood **spitting**. Puffing, rattling, breathing. Every motion excites palpitation and takes his breath. Suppurative phthisis (Hep.). Painfully sore chest and interscapular spine. Heavy pressure (load) on shoulders, between scapulæ or on sacrum. Twitching in knees. As of a band about legs. Pain in marrow. Drowsy. Heavy, snoring sleep. Anxious dreams. Swelled veins (hands, face). Marked prodrome. Clearly staged chill, heat and sweat. Chill, then thirst, then heat, then thirst. Red, hot face, with cold hands. Hectic. Sleeplessness, as a prodrome. Thirst during apyrexia. DRENCHING SWEATS; AT NIGHT, < least motion; from weakness, etc. Tropical fevers. Sepsis.

> Complementary: Carb-v. Fer. Kali-c. Related: Carb-v.

### **CHININUM ARSENICICUM**

Nightsweats; profuse, exhaustive. Oscillating temperature.

### CHININUM SULFURICUM

#### REGION: NERVES. CIRCULATION. Dorsal spine.

WORSE: EXACT PERIODICITY. Cold, 10-11 A.M. Head to left.

#### **BETTER:**

Yawning.

Related: Chin.

### CHIONANTHUS VIRGINICA

**REGION:** 

LIVER. Head.

#### WORSE:

Jarring. Motion. **Cold**.

### BETTER:

Lying on abdomen (Chel.).

**Bruised soreness; liver**, eyeballs, etc. Pains ascend from forehead, stomach, etc. ....... **Bilious sick headaches**; periodical. Nose, pressure at root or squeezing on bridge (Ham.). Tongue, greenish-yellow or feels drawn up. Vomiting bitter-sour; hot; bilious; ropy; gushing; setting teeth on edge (Sul-ac.); with colic and **cold sweat** on forehead and **back of hands**. Uneasy ache in liver. Choleo-cystitis. Gall-stones. Griping at navel. As of a band about abdomen. Weakness in hypogastrium. Stools tarry, clay-colored or undigested. Arrested menses. Astringent expectoration. Jaundice. Heat, with aversion to uncover. Cold sweat on back of hands.

Related: Bry. Iris. Lept. Merc.

# CHLORALUM

REGION: BRAIN. Heart. Muscles. Liver. Skin.

### WORSE:

Alcohol. Night. Exertion.

#### BETTER:

Open air.

Muscle prostration. ...... Indifferent and sleepy or **cerebral excitement**; hears voices. Mania. Bileless stools. Bed-wetting. Wants to be fanned. Dyspnœa. As of a weight on chest. Weak heart. **Urticaria**. Sleepless from fatigue. Night terrors.

Related: Ap. Cancer-flu.

### CHLORUM

REGION: Respiratory organs. Mucous membranes. Nerves. Skin. Glands. WORSE: Expiration. After midnight. Lying.

#### BETTER:

Motion. Open air.

Rapid emaciation. **Constrictions**. ..... Fears insanity or losing senses. **Protruding eyes. Acrid coryza.** Putrid aphthæ. **Dry tongue**. DYSPNŒA; CAN'T EXHALE. Spasm of glottis. Laryngitis. Laryngismus stridulus. Asthma of hay fever. Throat-pit; aching, tickling or whistling in. As if air were forced into upper chest (Sabi.). Sensitive skin. Easy sweat.

> Antidote: Lyc. Related: Ars-io. Iod. Meph. Merc.

# **CICUTA VIROSA**

REGION: BRAIN. NERVES. Skin.

#### WORSE:

INJURIES; TO BRAIN (Nat-s.). Jar. Noise. Touch. Cold. Dentition. Suppressed eruptions.

Related: Cup. Stry.

# **CIMICIFUGA RACEMOSA**

(See Actæa Racemosa)

CINA

#### REGION: <u>NERVES</u>: Cerebro-spinal. ABDOMEN. Digestive tract. Eyes. Mucous membranes. Children. (Left side.).

#### WORSE:

TOUCH. Worms. Vexation. Looked at. DURING SLEEP. Full moon. Staring. Yawning.

#### BETTER:

**Lying on abdomen.** Wiping eyes. Motion.

> Complementary: Calc-c. Dros. Ratan. Related: Cham. Nat-p.

### **CINNABARIS**

REGION: Blood. Naso-pharynx. Neck. Bones.

#### WORSE:

Touch. Light. Dampness.

### BETTER:

Open air. Sunshine (Stro.). **Pain outward along brow**, encircling eyes, or like a saddle at root of nose. **Nose; heavy pressure** at root; < pressure of glasses; discharges foul, acrid, burning serum or dark lumps. Dry mouth, wakes from sleep. Hawks down stringy mucus or lumps of mucus drop from posterior nares. Naso-pharyngeal catarrh. Thin, white diarrhœa. Foul, acrid sweat between scrotum and thigh. Warts on prepuce. Old, hard chancres. Heart flutters, then rushes of blood to head. Nodes on shin bones. Cramp in calf, after walking. **Fiery red ulcers**, eruptions, etc. Sweat, < nose.

Complementary: Thu. Related: Merc.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

## **CISTUS CANADENSIS**

REGION: <u>GLANDS:</u> Naso-pharynx. Neck. Mammæ (I). Throat. Lungs. Skin.

WORSE: <u>COLD:</u> Inspired air. Taking. Drafts. Water. <u>Mental:</u> Exertion. Excitement. Touch.

Related: Calc-c. Helod. Hep.

# **CLEMATIS ERECTA**

REGION:

<u>MUCOUS MEMBRANES:</u> EYES. URETHRA. <u>GLANDS:</u> TESTES. Epididymis. Mammæ. Ovaries. Skin; scalp. Occiput.

WORSE: GONORRHŒA. Heat of bed. NIGHT. Cold washing. Light. Moon, < and > with (Phel. Tarn.). Mercury.

BETTER:

Sweat.

Flaccid muscles. VERY HARD, PAINFULLY SWOLLEN GLANDS; TESTES (r). Burning, itching, stinging, crawling pains. ...... **Indifference**. Chronic conjunctivitis. Iritis. Lachrymation. Urine flows by starts, or **dribbles**; strains out a few drops, then full stream follows. Stricture (Con.). Mucus in urine. **Swelled inguinal glands** and spermatic cord; with cutting, sore pains.

Orchitis. Loathes coition. Full, heavy, sensitive breasts; outward darts in. Skin itches violently, with profuse desquamation. Vesicles. Pustules. Corroding eruptions; ending in flat, eating ulcers; with thick crusts and eczema; < occiput and lower legs. **Sleepiness**.

Complementary: Merc. Related: Pho. Rhod. Stap.

## COBALTUM METALLICUM

### **REGION:**

**Spine** (lumbar). Genitals. Kidneys. Bones.

### WORSE:

Sexual losses. Sitting. Heat of bed or sun.

### BETTER:

Hawking mucus. Continued motion.

Related: Eup-p.

### COCA

**REGION:** <u>NERVES:</u> BRAIN. **Respiration**. Heart. Muscles.

#### WORSE:

Ascending. High altitudes. Cold. Mental exertion.

BETTER: Rapid motion, in open air. After sunset.

**Dizzy, dyspnœic and exhausted** (Ars.). Muscle exhaustion. ...... Mental prostration; alternating with brightness. **Timid**, craves solitude. Sense of impending death. Loquacious excitement, with blissful visions. Exhilaration; before menses. Flashes before eyes. Migraine. Carious teeth. Aphonia. Senile asthma. Palpitation; excessively rapid pulse, with violent sweating. Crawling numbness in arms. Like a worm under skin (Calc-c.), moving away when

touched. Sleepless; awakes with a shock in brain.

Related: Cann.

# COCCULUS INDICUS

REGION: SENSORIUM. <u>Cerebro-spinal axis:</u> OCCIPUT. Lumbar. Muscles. Female sexual organs. One side.

WORSE: <u>Motion:</u> BOAT. CARS. Carriage. <u>Slight causes:</u> Loss of sleep. Exertion. Pain. Noise. Touch. Emotions. Anxiety. Cold. Open air. Eating. During menses.

> Complementary: Petr. Related: Gel. Ign.

# COCCUS CACTI

**REGION:** 

<u>MUCOUS MEMBRANES:</u> FAUCES. Throat. Larynx. Chest. Genito-urinary. Left side.

### WORSE:

IRRITATING FAUCES. Periodically. Heat. Lying. Awaking. Cold exposure.

#### **BETTER:**

Washing in cold water.

Related: Ap. Berb. Lach. Pho.

## **COFFEA CRUDA**

**REGION:** 

NERVES; cardiac. CIRCULATION. Sex organs. Women.

#### WORSE:

NOISE. Touch. Odors. Air (Open. Cold. Windy). <u>Mental:</u> Emotions. Exertion. Overeating. Alcohol. Night.

#### BETTER:

Lying. Sleep. Warmth.

Emotions cause severe symptoms. EXITABLE AND OVERACTIVE. OVERSENSITIVE; to noise, it may even be painful (Ther.); to pain, pleasure, etc. ...... Irritable and wakeful. Resents sympathy. Rushing ideas. Weeps, laments and tosses about. Now joyous, now gloomy. Faints easily. Brain seems torn, shattered or crushed. Clavus. Bright eyes. Acute hearing; overhears distant sounds. Faceache (r). Toothache; > ice water, < as it warms; pains into finger-tips; during menses. Stomach feels overloaded. Hot, itching genitals. After-pains. Cough incessant; of measles. Nervous palpitation; < sun heat. Trembling hands. Painfully sensitive skin. Itching scratches until it bleeds. NERVOUS SLEEPLESSNESS; from rush of ideas; awakes at or hears every sound; after pleasurable excitement.

Complementary: Aco. Related: Coca. Ign. Antidotes: Cham. Ign. Nux-v.

## **COLCHICUM AUTUMNALE**

#### **REGION:** DIGESTIVE TRACT. HEART; **pericardium**. **Circulation**. **Kidneys**. <u>Tissues:</u> MUSCLES. **Ligaments**. Fibrous. **Serous**. JOINTS; small.

WORSE: MOTION. Touch. Night. Stubbing toes. Vibration. <u>WEATHER:</u> Cold; damp; rooms. Changing. Autumn. Slight exertion. Checked sweat. Stretching. Sundown to sunrise.

#### BETTER:

Warmth. Rest. Doubling up. Sitting.

Complementary: Ars. Spi.

Related: Ars. Carb-v. Ver-a.

### COLLINSONIA CANADENSIS

REGION: <u>Pelvis:</u> Anus, rectum. Uterus. Bowels. Heart. Pharynx. Liver.

WORSE: <u>PILES:</u> During suppressed. **Night**. **Pregnancy**. Cold. Excitement.

Related: Lycps. Nux-v. Sul.

## COLOCYNTHIS

REGION: <u>NERVES (large):</u> TRIFACIAL. ABDOMINAL. Spinal. SCIATIC. DIGESTIVE TRACT (NAVEL). INTESTINES. Ovaries. Kidneys. Left side.

#### WORSE:

EMOTIONS. VEXATION. Chagrin. Anger. Lying on painless side. Night, in bed. Drafts. Taking cold.

#### BETTER:

HARD PRESSURE. Coffee. **Heat**. Rest. **Gentle motion**. After stool or flatus.

 squeezed between stones. Pains alternating between ovaries. Ovaralgia. Vomits from pain.
Yellow, frothy, watery, shreddy, sourish or gelatinous stools; with colic and gas. Dysentery.
Slippery bubbles escape from anus. Gelatinous, sticky or stringy urine. Heart feels pushed up by a distended stomach. Pain under r. scapula, > pressure (Bry.). Lumbar ache, > pressure.
Cramps in hips. Screwing, band-like or shooting sciatic pains; < least motion, rotation or night, > lying on painful part. Limbs drawn up like a hedgehog. Urinous sweat.

Complementary: Caus. Antidote: Op. Related: Stap.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

### COMOCLADIA DENTATA

REGION: Skin. Eyes. Nose. Right side.

WORSE: Heat.

BETTER: Open air.

**CEDEMA**; of reduced skin. ...... Burning, itching of eyes and nose, with violent sneezing. Sore eyeballs. Pain from under I. breast through to scapula. Cough. Wandering rheumatic pains. Eczema; recurrent.

### **CONIUM MACULATUM**

#### **REGION:**

NERVES. MUSCLES. <u>GLANDS:</u> MAMMÆ. Ovaries. **Sexual organs**. Respiration.

WORSE: SEEING MOVING OBJECTS. ALCOHOL. Raising arms. After exertion. Injury. Night. Sexual excesses. Cold; taking. Continence. Old age. Lying; head low.

#### BETTER:

Letting part hang down.

**Irregular action** ending in **progressive** DEBILITY, as in old age: clothes distress, faints at stool, difficult articulation, uncertain gait, etc. **Trembling**; **looks old**. **Chronicity.** Early senility. Cachexy. Paralysis. **Suddenly** sick or weak; with **numbness**. STONY HARDNESS. **As of a lump in brain**, in epigastrium. New growths. Hard blood-vessels. Ascending symptoms.

Complementary: Pho. Related: Arn. Bar-c. Calc-fl. Caus. Gel. Iod.

### COPAIVA OFFICINALIS

#### **REGION:**

<u>MUCOUS GLANDS:</u> Genito-urinary. Bronchial. Rectum. Skin.

#### WORSE:

Morning. Taking cold.

> Complementary: Sep. Related: Tered.

# CORALLIUM RUBRUM

**REGION:** RESPIRATORY ORGANS. NERVES. MUCOUS MEMBRANES.

WORSE: <u>AIR:</u> Change of. Inhaling. Eating. Toward morning.

Almost continuous paroxysms of extremely violent, spasmodic cough, which begin with gasping for breath, are accompanied by a purple face, and followed by exhaustion, and vomiting of stringy mucus. A reverberating, minute gun cough. Cough as soon as he eats. Whooping cough. Sleeps with head under covers. Very red (flat) venereal ulcer. Too hot if

covered, but chilled by uncovering.

Complementary: Sul. Related: Coc-c.

# **CORNUS FLORIDA**

REGION: Blood. Liver. Spleen. Digestive tract.

### WORSE:

Night. Taking cold.

Weak and depressed. Liver symptoms, with aching eyeballs. Dark, foul stools, with burning at anus. Diarrhœa. Sallow skin. Sleepy before the chills, with the heat and after meals. Old malarias.

Related: Eup-p.

# CRATÆGUS OXYACANTHA

## **REGION:**

HEART. Nerves.

Weak and exhausted; suddenly. Cardio-hæmorrhagic or lithæmic cases (Lycps.). ..... Irritable. Despairing. Cough, with albuminous expectoration. WEAK HEART MUSCLES (r); with oppression, stitches or **insomnia**. Cardiac dyspnœa. Myocarditis. Incompetent valves. Cardiac dilatation. Angina pectoris. Pain under left scapula. Dropsies. Pulse rapid, irregular and small. Burning, smarting eruption in back of neck, axillæ and chin; < heat and sweating; > washing. Sweaty palms.

Related: Apocy. Strop.

# **CROCUS SATIVUS**

### **REGION:**

MIND. NERVES. Eyes. Circulation. **Female organs.** 

WORSE: Motion. Puberty. Pregnancy. Reading. Heat.

### BETTER:

Open air.

Related: Ign. Tarn.

## **CROTALUS HORRIDUS**

REGION: BLOOD. Heart. Cerebro-spinal nerves. Liver. Throat. Occiput. Right side.

WORSE: Lying on R. side. Falling to sleep. Warm weather.

Spring. Alcohol.

#### BETTER:

Light. Motion.

> Complementary: Lycps. Related: Lach. Sul-ac.

**CROTON TIGLIUM** 

REGION: <u>MUCOUS MEMBRANES:</u> Bowels. Eyes. Bladder. Mammæ. Uterus. Skin: SCROTUM. FACE.

WORSE: DRINKING.

Eating. Washing. Motion. Receding eruptions.

**Drawn backward feeling**; in eyes; nipples, etc. ...... Neuralgia of tongue. Pressure excites rectal pain or a stool. **Gurgling or swashing as of water in bowels;** THEN SUDDEN, PROFUSE, GUSHING STOOL OF YELLOW WATER, < DRINKING; then prostration. Diarrhœa. Cholera infantum. **Can't inhale deeply enough.** Pain from nipple to back, as child nurses. Nodes in mammæ. Neck and shoulders pain. Violently itching, tense burning, red skin; sore if scratched, > gentle rubbing. **Eruptions**; clustered; of blisters which burst and form crusts; **vesiculo-pustular** (Sep.), < genitals, temples and crown of head. Eczema. Zoster.

Related: Rhus-t.

## **CUBEBA OFFICINALIS**

REGION: Mucous membranes: URETHRA. Bladder. Vagina.

WORSE: Night in bed.

#### **BETTER:** Walking about.

Related: Cist. Cop.

# **CULEX MUSCA**

Œdema. Vertigo; on blowing nose. Menses stain indelibly (Bur-p.). Griping down over hips, then into womb. As of cold air blowing through a hole in clothes on chest or back.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

### **CUPRUM ARSENICOSUM**

#### REGION: DIGESTIVE TRACT. Muscles. Nerves.

### WORSE:

Touch. **Pressure**. Dampness.

Violent cramps and colics; inflammatory; in chest, fingers, calves, toes, etc.; with obstinate hiccough or icy cold body. Convulsions. Chorea. Sharp, shooting abdominal pains. Visceral neuralgia. Intestinal catarrh. Cholera infantum. Vomiting and diarrhœa; with **uræmia**. Rice water stools. Weak heart. Cold, clammy, intermittent sweat. Leg cramps, > pressing foot on floor (Stry-p). Numb, paralysed feeling in legs.

Related: Cup.

## **CUPRUM METALLICUM**

REGION: <u>NERVES:</u> Cerebro-spinal axis. Digestive tract. Epigastrium. Abdomen. Muscles. Blood.

#### WORSE:

Emotions: Anger. Suppressions. Overtax. Motion. Hot weather. Vomiting. Loss of sleep. Touch. Raising arm.

BETTER: Cold drinks.

Pressure over heart.

Sub-oxidation, affecting the centers of the medulla. **Violent effects**; in recurring symptom groups. CRAMPS AND SPASMS; of all kinds; radiating from or of single parts; **extort cries**;

tonic, knotting the muscles; twisting the head awry; with trismus or hiccough; then deathly exhaustion, chills, spasmodic laughter, etc.; in chest; behind sternum; of fingers; calves > stretching leg out, or soles, etc.; **nocturnal**; < at menses; epileptic. **Jerkings**; during sleep. Pains; pressive, < touch; as from blows, being broken, etc.; in racking darts, through whole body. Continued weakness. Poor reaction. Easy relapses. Latency. Blueness. Hypersensitive: every drug overacts, without curing. Uneasy. Nervous. Sense of losing consciousness. Impulsive. Piercing shrieks. Delirium; loquacious; then cold sweat. Confusion. Melancholy; with spells of fear of death. Sullen; tricky; alternately yielding and headstrong. Vertigo; with internal tremor, > stool. Can't hold head erect or bores it into pillow. Crawling on vertex. Pulls her hair. Meningitis. Eyeballs oscillate behind closed lids. Face livid, pale or distorted. Closed mouth. Grinds teeth. Metallic taste. Puts tongue out like a snake. Loss of speech. Noisy swallowing. Nausea. Vomiting; violent; tormenting; > drinking; with agonizing colic, diarrhœa and shrieks or convulsions. Painful transfixion cramp. Hard pressure in epigastrium. Lies on stomach and jerks buttocks up. Tense abdomen. Frightful colic, > pressure, < raising arms. Spurting stools; of green water. Cholera. Suppressed urine. Cramps prevent coition. After-pains. Spasm of glottis. Dyspnœa; can't bear anything near mouth; < coughing or laughing. Asthma. Cough; in violent paroxysms; coughs herself out of breath; > cold drinks (Caus.), < deep breathing or bending back; with cramps, spasms (Zin.) or lachrymation. Whooping cough. Chest; loud rattle in; painful, constriction of (lower). Jerking hands and feet. Clenches thumbs into palms. Heavy ankles. Repressed or undeveloped eruptions, discharges, etc. (Zin.). Yellow, scaly eruptions. Slow pulse. Icy cold; afebrile. Chilly. Cold, clammy sweat; at night. Collapse.

> Complementary: Calc-c. Related: Ver-a.

### CYCLAMEN EUROPÆUM

REGION: Cerebro-spinal axis. Vision. Blood. Digestive tract. FEMALE SEX ORGANS.

#### WORSE:

Cold. Evening. Fresh air. Sitting. Fats.

#### BETTER:

Motion. During menses. Weeping.

Weakness; < in knees. Burning, sore heels. Pains in thinly covered bones. Chilly all over. Chilly, not > covers. Offensive sweat.

Related: Pul.

# DAPHNE INDICA

### **REGION:**

Muscles. Bones. Left side.

#### WORSE:

Cold air. Waning moon. Evening in bed.

Related: Rhus-t.

# DICTAMNUS ALBUS

**REGION:** Female organs. Nerves. Sleep.

### WORSE:

Standing.

Related: Pul.

# DIGITALIS PURPUREA

REGION: Vagus. HEART; muscle. <u>CIRCULATION:</u> Liver. Lungs. Stomach. Occiput. Genito-urinary organs.

WORSE: Raising up. Exertion. Heat. Lying on L. side. Motion. Smell of food. Cold drinks. Excesses: Sexual.

#### BETTER:

Rest. Cool air. Lying flat on back.

Related: Glo. Spi.

## DIOSCOREA VILLOSA

REGION: <u>NERVES:</u> Cord. Abdominal. Sciatic. Navel. Gall-bladder. Right side.

WORSE: Doubling up. Lying. Tea; eating.

**BETTER: Stretching out** or bending back. Motion; in open air (**Mag-c.** Pul.). Hard pressure.

 on genitals.

Related: Colo. Mag-c.

# DIPHTERICUM

REGION: Blood. THROAT.

WORSE: Lying. Cold. Milk.

Related: Carb-ac.

# DROSERA ROTUNDIFOLIA

REGION: RESPIRATORY ORGANS. <u>Bones:</u> Long (Stil.). Joints. Larynx. Chest. Lungs. Glands.

WORSE: After midnight. On lying down. Warmth. Talking. Cold foods. Laughing. After measles.

BETTER:

Pressure.

ending in retching, vomiting (first of ingesta, then of mucus), nosebleed or cold sweat; followed by loquacity. Typical whooping cough. Tickling like a feather or crumb in larynx. Bloody, purulent expectoration. Hoarse, toneless voice. Constriction of chest. Stitches below axillæ. Writers' cramp.

Complementary: Sul. Related: Coc-c. Cor-r.

### DULCAMARA

#### **REGION:**

MUCOUS MEMBRANES: Bronchi. Bladder. Eyes. BACK: Muscles. LOINS. SKIN. Umbilicus. Lymphatics.

#### WORSE:

BEING CHILLED: WHILE HOT. Sudden change of temperature. Uncovering. COLD WET; feet, ground, cellars, beds, etc. Suppressed discharges, sweat, eruptions, etc. Autumn. Night. Rest. Injuries

Injuries. Mercury. Before storms.

> Complementary: Bar-c. Nat-s. Related: Rhus-t.

Copyright © Médi-T 1999

<u>Main</u>

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

### ECHINACEA ANGUSTIFOLIA

REGION: Blood. Circulation. Gums. Lymphatics.

#### WORSE:

Left side.

Eating. Injury. Operations.

#### BETTER:

Rest.

Related: Arn. Pyro. Rhus-t.

# **ELAPS CORALLINUS**

#### REGION: Blood. Nose. Ears. Throat. Right side.

WORSE: Approach of storms. Cold; drink or food. Dampness. Night. In room.

Black discharges; hæmorrhages, etc. Internal coldness; in chest; < drinking. Adynamic sepsis.

> Antidote: Cedron. Related: Crot-h. Helod.

# **EPIPHEGUS VIRGINIANA**

#### REGION: Nerves.

Stomach. Liver.

### WORSE:

Fatigue; nervous; of shopping. Eyestrain.

### BETTER:

Sleep.

Confusion. Like fingertips pressing into temples. Compressive (r.) headache, going backward; < until 4 P.M. then >; with spitting of viscid saliva and nausea. Weekly headaches. Neurasthenia. Tartar on teeth.

Related: Ign. Iris.

# **EQUISETUM HIEMALE**

#### **REGION:** GENITO-URINARY TRACT.

WORSE: At close of urination. Pressure.

Aching, full, tender bladder. Cystitis. Prickling, burning, or cutting in urethra. Dysuria. NOCTURNAL ENURESIS; with irritable bladder. Dribbling urine. **Mucus in urine**.

Complementary: Sil. Related: Canth.

# ERIGERON CANADENSIS

**REGION:** Genito-urinary tract. Joints. WORSE: Rainy weather.

Related: Canth. Terb.

# **EUCALYPTUS GLOBULUS**

REGION: Mucous membranes. Blood. Muscles. Respiration.

#### WORSE:

Periodically. Night.

Related: Chin. Dul. Echin.

# EUPATORIUM PERFOLIATUM

REGION: BONES. Stomach. Liver. Occiput. Bronchiæ. <u>Muscles:</u> Chest. Back. Limbs.

WORSE:

COLD AIR. **Motion**. <u>PERIODICALLY:</u> 7-9 A.M. 3rd. or 7th. day. Lying on part. Coughing. Smell or sight of food.

BETTER: Vomiting bile. Sweating. Lying on face.

> Complementary: Nat-m. Sep. Related: Bry. Nux-v.

# EUPATORIUM PURPUREUM

Bones-breaking pains. Urinary stream smaller.

# **EUPHORBIUM**

REGION: Mucous membranes. Bones. Skin. Teeth.

WORSE: Sitting. Rest. Beginning motion. Mercury.

**Internal burning; in bones** at night. Caries. Much secretion, with a sense of dryness. Paralytic weakness; in joints. Slow inflammation. ...... Much abortive sneezing. Coryza, with swelling. Ozœna; acrid. Mouth feels coated with rancid grease (Iris.). Brittle, crumbling teeth. Stitches from epigastium into sides of chest on coughing. **Erysipelas**; **bullosum**; right side, of mucous membranes. **High fever**.

Related: Nit-ac. Sul.

# **EUPHRASIA OFFICINALIS**

REGION: MUCOUS MEMBRANES: EYES. Nose. Chest.

WORSE: SUNLIGHT. WIND. Warmth. Room. Evening.

### BETTER:

**Open air**. Winking. Wiping eyes.

Related: Cepa.

# **EVONYMUS EUROPÆUS**

REGION: Liver. Kidneys. Left to right.

WORSE: Eating.

Crawling; < back. ...... Vertigo; in forehead; as if drawn up and pitched forward (Calc-c.). Pressure over brows; compressing eyes. Engorged liver. Gall-stones. Pain about navel. Profuse stools; varying or of several colors. Albuminuria.

Related: Rhe.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

### FAGOPYRUM ESCULENTUM

### **REGION:**

Digestive organs. Skin.

#### WORSE:

Scratching. Sun-light.

### BETTER:

Cold bathing. Coffee.

**Itching**; eyes; ears; posterior nares; anus; deep in hands; legs, etc. Pain along lachrymal duct. Scalding, hot, sour eructations. Cardiac pain to shoulder and I. arm; > lying on back. Pruritus vulvæ; with yellow leucorrhœa, < rest. As if neck could not support head. Pains along fingers.

Related: Pul.

### FERRUM METALLICUM

REGION: VASO-MOTORS: CIRCULATION. Blood-vessels. Blood. Spleen. Digestion. Left deltoid.

#### WORSE:

NIGHT. Emotions. Violent exertion. Eating. Drinking. Vital losses. Sweats. Quinine. Eggs. Heat and cold. Sudden motions. Raising arms.

### BETTER:

**Gentle motion**. Slight bleeding (Calad. Card-m. Lach.). Leaning head on something.

Pale mucous membranes. False erethism or plethora; weak; lies down. Excited, irregular surgings. Wandering orgasms; head, face, chest, etc. Pulsations. Hæmorrhages (bright or with small clots); in rapidly growing youths. Relaxed blood-vessels; dilated veins, < during menses, etc. Red faced old men. Exophthalmos. Pressure on chest, stomach, etc. Nightly pains that compel motion of part. Dry; food seems; vagina, etc. Rapid emaciation. Anæmia. Cachexy. Irritable mind and body. ..... Always in the right; excited by the least opposition. Weeps and laughs immoderately. **Sensitive** and excitable; < least opposition. Brain-tire. Throbbing, hammering headache, starts in the temples; < cough or stooping; > letting hair down; with vertigo. Pain over I. eye. Blind attacks. Puffy eye-lids. Nose-bleed. Face flushes and pales or reddens from the least thing; florid; feels bloated. Erethistic chlorosis. Toothache, > ice water. Stomach won't tolerate any food. Averse to meat. Spits up his food. Nausea at mid-night. Easy vomiting. Diarrhœa; painless lientery; < while eating; nightly gushing; spluttering; alternating with constipation; < if nervous or tired. Chronic nephritis. Enuresis by day only. Emissions; nightly, with backache; after over-exertion. Raw vagina, < coition. Menses pale; intermit. Leucorrhœa; acrid, milky, watery, at puberty. Changeable voice. Dry, tickling cough. Blood-spitting (streaked). Constriction of or flying stitches in chest. Dyspncea or palpitation, > motion. Sudden cramps or tearing boring in limbs. Cracking joints. Omodynia. Swelled hands and feet. Heels pain, if lies on back. Sleepless. Chill, with red face and thirst. Heat, with distended veins. Sweats, clammy, yellow, cold, acrid or debilitating. Soft pulse.

> Complementary: Chin. Related: Arn. Mang.

### FERRUM PHOSPHORICUM

### **REGION:**

Vaso-motors. Venous circulation: LUNGS. Ears. Nose (root). Eustachian tube.

#### WORSE:

Night (4-6 A.M.). Motion. Noise. Jar. Cold air. Checked sweat.

#### BETTER:

Cold. Bleedings. Lying down.

Complementary: Kali-m. Related: Gel.

### FLUORICUM ACIDUM

REGION: FIBROUS TISSUES: VEINS. Skin. Bones. Mastoid.

WORSE: HEAT; of room. Night. Alcohol. Sour foods.

#### BETTER:

COOL BATHING. **Rapid motion**. Short sleep. Bending head back. Eating.

Complementary: Sil. Related: Calc-sul. Pul. Sul-ac.

# **FORMICA RUFA**

REGION: Joints. Spine. Liver. Kidneys. Right side.

WORSE: Cold; wet. Motion. Before snow-storms.

# BETTER:

Pressure.

**Sudden rheumatic or gouty pains**. Takes cold easily. Tuberculosis. Hyper-plasia. ...... Light, foaming stools. Hydrops ovarii. Nervous asthma. Hives, in flat plaques. **Profuse sweat**, without relief.

Related: Rhus-t. Urt-u.

# FRAXINUS AMERICANA

### **REGION:**

Uterus. Nerves.

### WORSE:

Injury. Sprains. Lifting.

Related: Sep. Vib.

### GAMBOGIA

(Cambogia)

**REGION: Stomach and** BOWELS. Liver.

WORSE: AFTER STOOL. Motion in open air.

**Burnings**. ...... Burning pains. Itching eye-lids; he rubs them (Ign.). Sneezing. **Gurgling**, **pinching in bowels**, **then sudden yellow or green**, THIN STOOLS COMING OUT IN PROLONGED GUSHES, **with burning at anus** and much relief.

Related: Crot-t.

# **GELSEMIUM SEMPERVIRENS**

REGION: CIRCULATION. <u>BRAIN CORD:</u> OCCIPUT. Base. Neck. <u>MOTOR NERVES:</u> MUSCLES. Knees. EYES (LIDS. VISION.) <u>MUCOUS MEMBRANES:</u> Nose. Gall-ducts.

#### Right side.

WORSE: EMOTIONS; DREAD. Surprise. Shock. Ordeals. Motion. Weather: SPRING. Foggy. HUMID. Muggy. Heat of summer. Periodically. Dentition. Tobacco. Gas.

BETTER: Profuse urination. Sweating. Shaking. Alcoholic drinks. Mental effort.

ACHING, TIRED, HEAVY, WEAK AND SORE; < limbs. Grippe. Overpowering aching. Heavy single parts, heart, liver, etc. Lies quietly, half reclining. Nerve exhaustion. Dull, drowsy and dizzy. TREMOR; or twitches of single muscles, face, chin, tongue, etc.; wants to be held. Chorea, of pregnancy. Paretic effects; eyes, throat, anus, bladder, etc. Inco-ordination. Fulness. Passive congestion. Symptoms accompanied by vertigo, eye or visual effects, drowsiness or polyuria. ..... CONFUSED, dazed, apathetic, torpid, dull, drowsy and dizzy, or indifferent; answers slowly. DREAD of falling; of ordeals, death, pains, etc. VERTIGO; drunken; in occiput. Headache; dull, HEAVY, band-like, occipital, to over eyes; < tight hat; swelled feeling; basilar. Meningitis. Apoplexy. Suffused, sore, aching eyes. HEAVY, DROOPING EYELIDS. VISION; double; swimming; blind spells; affected, then migraine. Face full, dusky-red; heavy, expressionless; besotted. Ciliary neuralgia; pains into ears on swallowing. Pains to occiput. Nose stuffed. Sneezing; thin, acrid coryza. Sensation as of hot water flowing from the nostrils. Heavy tongue: thick speech. THIRSTLESS. Griping in gall-bladder. Copious, yellow stools. Painless, nervous diarrhœa. Rectal pains after labor. Clear, watery urine, > headache. Alternate pelvic and head symptoms. Atonic seminal losses. Heavy, sore uterus; it feels grasped. Dysmenorrhœa. Labor pains go up, backward or down thighs. Rigid os. Deep yellow leucorrhœa. Hoarse, during menses. Tiresome breathing. Chest; as of a lump behind sternum; congestion. Heart sore; threatens to stop, must move. Spine, dull pains up and down, > walking; with occipital pain. Pains under scapulæ. Hard ache in r. humerus. Wants hands in cool water. Heavy lower limbs. Weak knees, < descending. Tottering gait; can't direct his legs. Moist, yellow skin. DROWSINESS; starts on dropping to sleep. Heavy, stupid sleep. Full, round, soft pulse. Blood rushes from occiput to forehead. Visual disturbances, then chill. Chilly and achy; with languor (Sil.); mingled or alternating with heat; up and down back. Cold hands and feet. Heat with sopor. ABSENCE OF THIRST, or trembling. Cold sweat on genitals. Fevers; bilious-remittent; malarial; cerebro-spinal. Measles. Ebullitions and heats. Sluggish fever. Shuddering chill.

Complementary: Arg-n. Sep. Related: Con. Ign. Mur-ac. Nat-m. Sep. Ver-v.

GENISTA SCOPARIA (Scoparius Genista)

**REGION:** 

Heart. Kidneys. Cord. Muscles. Left side.

#### WORSE: Turning on left side.

### BETTER:

Cool air. Rapid motion. Passing flatus.

Heavy ache; stomach and bowels seem filled with stones or a firm mass. **Flatulency**. Colic, then bright, acrid, foamy stools followed by burning at anus. **Very profuse**, bright, foaming urine, then burning pudendum. **Intercurrent congestion of kidneys**. Anxious oppression at heart, radiating to left shoulder and neck. Palpitation, with congestion to head. Deadness of right arm and fingers. Barber's itch.

Related: Pho.

# GLONOINUM

**REGION:** BRAIN. <u>VASO-MOTORS:</u> CIRCULATION. HEAD (forehead). HEART. **Mastoids**. Respiration.

### WORSE:

<u>HEAT:</u> ON HEAD. Overheating. OF SUN, **lamp**, etc. HOT WEATHER. <u>MOTION:</u> SHAKING. JAR. Bending head back. Injury. Wine. **Suppressed menses**. Fruits. Weight of hat. Hair cut.

### BETTER: Open air. Elevating head. Cool things.

Cold application, bathing, etc.

**Bluish face**. Veins of temples swelled. Heavy tongue. Thick saliva in A.M. Throat feels swelled. Heavy breathing. As of a load on chest. Heart seems full, quivers; strong pulsation, and into (I) neck. **Violent palpitation**. Cardiac pains; radiate to all parts; toward arms. Cardiac pains, < leaning backward or wine. Neck feels full and stiff. Trembling hands. Awakes fearing apoplexy. Full, tense pulse. Venous pulse. **Heat on crown of head** and along spine. Burning in small areas or single parts. Heat, with hot sweat. Horrible sinking in epigastrium.

Complementary: Bell. Related: Amy-n. Bell.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

### **GNAPHALIUM POLYCEPHALUM**

#### **REGION:**

NERVES: SCIATIC. Crural. Abdominal.

#### WORSE:

Walking. Lying. Cold damp.

#### BETTER:

Flexing limbs. Sitting. Intense sciatic pains; alternating with or followed by numbness or formication. Offensive diarrhœa with colic, < morning.

Related: Colo.

# **GOSSYPIUM HERBACEUM**

### **REGION:**

Uterus. Ovaries. Kidneys.

# WORSE:

Motion.

**Uterine reflexes**. ...... Flow of saliva. Nausea on awaking. Vomits on motion or raising up. Hyper-emesis. Sensitive stomach, with much gas. Ovarian pains extend toward uterus. **Uterine torpor**. Cervical pain. Sensitive womb. Menses late, scanty and watery.

Related: Senec. Ustil.

# GRAPHITES

REGION: NUTRITION. Circulation. SKIN: Folds. Behind ears. Angles. Flexures. Orifices. Nails. Mind. Mucous membranes. Glands. Eyes.

WORSE: COLD. Drafts. Light. During menses. Suppressions of eruptions. Empty swallowing. Fats. Hot drinks. Warmth of bed. Scratching. Night. Wet feet.

#### BETTER:

Open air; after walking in. Eating. Touch.

LUMPY, THICK OR HARD (Chin. Thu.); skin, glands, tarsi, nails, scars, callosities, stools, crusts, etc. Infiltrations. EXCORIATIONS, CRACKS OR FISSURES; in angles; at margins of mucous membranes; of eyes, nostrils, mouth, finger-tips, nipples, anus, etc. Emaciation; of affected part. Scanty, foul, thin, sticky, corrosive secretions. Watery hæmorrhages. Sense of burning, numbness or deadness. Pains go to part not lain on. Fat, relaxed, chilly and costive. ...... Impulse to groan. Sad, fearsome and irresolute. Music brings tears. Brain feels numb. Burning spot on vertex. Heavy occiput. Wens. Matted, brittle or falling hair; < vertex and sides. Milk crust. Sore or cracked outer canthi. Scrophula of eyes. Pale tarsi. Ingrown lashes. Photophobia. Inflamed or dry, scaly tarsi. Scales from ears. Briny otorrhœa. Tinnitus. Hears > in a noise. Moist eruption behind ears. Dryness in ears and nose. Nose; stuffed coryza; bleeding, < before menses. Acute smell. Sensation as of a cobweb on face. Acne before menses. Barbers'itch. Lumpy goitre. Rotten taste. Dots of thick, white fur on tongue. Choking; on swallowing, from goitre, etc. Sour: taste, eructation, blood about teeth, stool, urine, odor from mouth, sweat, etc. Hunger. Averse to meats and sweets. Alternate digestive and skin symptoms. Gastric pains -burning- necessitate eating. Morning sickness during menses. Can't bear pressure about waist. Foul belching. Flatulence. Stomach > heat, hot food, eating and lying. Abdomen distended, as from incarcerated flatus. Intestinal torpor. Large, knotty, difficult, stringy, slimy coated stools; or loose, brown, lienteric and very foul. Constipation; for days (Sep.). Fissures of anus bleed and ulcerate. Stool of masses of mucus. Slender stool and urinary stream. Priapism. Sexual exhaustion. Itching of anus and pudendum; before menses. Averse to coition. Swelled (I) ovary. Cramps in various places or burning. Indurations; ovaries, mammæ, etc. Menses irregular; late, scanty, painful, etc.; cold taking, morning sickness or sweats during. Gushes of irritating, white leucorrhœa; instead of menses. Suffocation, after mid-night, > eating. Voice lacks control, > using it. Circulation irregular. Flushings. Rushes of blood to head. Bunions, < fire heat, > pressure. Can't stretch enough. Paralysed feeling in limbs. Arms and legs go to sleep. Rawness in folds of skin. Eruptions, cracked, moist and bleed easily; < on head and behing ears. Foul, acrid foot-sweat; chafes toes. Crippled, crumbling nails. IRRITABLE, DRY, rough skin, that breaks easily and exudes A GLUEY MOISTURE; < in folds - and is slow to heal. MOIST, CRUSTY ERUPTIONS. Eczema; anal, crural, palmar, etc. Wandering or recurrent erysipelas (Hyds. Rhus-t.). Eruptions, < from heat. Supersensitive to cold; it < bone-pains, coryza and stomach. Cold, wet feet. Burning coldness.

Complementary: Sul. Related: Ars. Calc-fl. Carbons. Fer. Kali-bi. Pul.

# **GRATIOLA OFFICINALIS**

**REGION: Gastro-intestinal tract**. Mind. Sexual organs.

WORSE: Eating. Drinking too much water. Summer. Motion. Coffee. Dinner.

Atony. Paralytic pains. **Coldness**. ...... Weak will. Hypochondriasis. Emptiness after eating. As of cold water or a **loose**, **heavy load in stomach**. **Profuse**, **gushing**, **watery or frothy**, **yellow-green**, **exhausting stools**, **then relief** (Gamb.). Nightly emissions, then erections. Nymphomania. Coccygeal pain. Limb gives way, with sciatic pain.

Related: Mag-c.

# **GRINDELIA ROBUSTA**

REGION: Pneumo-gastric nerve. Bronchiæ. Respiration.

WORSE:

Falling to sleep.

Related: Lach.

# **GUAIACUM**

**REGION:** <u>Secretions:</u> **Glands**. **TONSILS**. Ovaries. Skin. <u>Fibrous tissue:</u> Ligaments. Joints. Chest.

#### WORSE:

HEAT. **Touch**. **Motion**. Exertion. Rapid growth. Mercury.

**BETTER:** Cold (locally). Apples. Related: Fer. Kali-bi. Kre. Pho-ac. Phyt.

# **GYMNOCLADUS CANADENSIS**

#### **REGION:**

Urinary organs. Circulation. Sensations.

### WORSE:

Cold. Walking.

### BETTER:

Rest. Leaning against something.

Related: Op.

### HAMAMELIS VIRGINIANA

**REGION:** <u>VEINS:</u> Rectum. Genitals. Limbs. Throat. **Liver**. Abdominal and chest walls.

WORSE: Injury. Bruises. Pressure. <u>Air:</u> Open. Humid. Cold. Jar. Motion. Touch.

SORENESS, **bruised**; in blood-vessels; localized; abdominal, etc. Tense, bursting feeling; in piles, joints, or lower limbs. Congestive fulness. **Veins**, **sore**; cutting; swelled; inflamed. **Painful** 

varicoses. Hæmorrhage; capillary; dark, fluid; relieves or causes undue weakness. ...... Irritable and chilly. Hammering headache, < I. temple. Blood-shot eyes. Taste of blood. Pain and heaviness back of stomach. Piles. Pain up along spermatic cord. Neuralgia of testes. Orchitis; < touch. Varicocele. Breaking backache. Profuse, dark menses. Scapular pains. Dull ache about kidneys. Phlebitis. Ecchymoses. Varicose ulcers with bloody bases.

> Complementary: Fer. Flu-ac. Related: Arn. Pul. Vip.

# **HELLEBORUS NIGER**

#### REGION: MIND. BRAIN. Sensorium. Nerves; motor; sensory. <u>Membranes:</u> Serous. Mucous. Kidneys. Muscles. Exudations.

### WORSE:

**Cold air**. Puberty. Dentition. **Suppressions**. Exertion. Evening (4-8 P.M.).

#### BETTER:

Strong attention.

Complementary: Zin. Related: Bry. Op. Zin.

## **HELONIAS DIOICA**

REGION: FEMALE ORGANS. Kidneys. Mind.

#### Muscles.

WORSE: <u>Fatigue:</u> Labor. Abortion. Stooping. Pregnancy. Pressure of clothes.

### BETTER:

**If busy. Diversion**. Holding abdomen.

Related: Senec. Sep. Tril.

# HEPAR SULFUR

#### **REGION:**

NERVES. CONNECTIVE TISSUE. RESPIRATORY MEMBRANES. Flexures. GLANDS. Kidneys. Skin. Bridge of nose (Kali-bi.).

#### WORSE:

<u>COLD, dry:</u> AIR. WINTER. DRAFTS. WIND. PART BECOMING. <u>LEAST:</u> UNCOVERING. TOUCH. Noise. Exertion. **Lying on painful part. Mercury**. Night.

#### BETTER: <u>HEAT:</u> WARM WRAPS. TO HEAD. Moist. DAMP WEATHER.

Lax. CHILLY AND OVERSENSITIVE; to cold; to pain; or to touch; faints easily, etc. Profuse secretions; foul; like old cheese. Sour, stools, smell of body, sweat, etc. SWEATS EASILY, but dare not uncover; and profusely, without relief. As of a wind blowing on part. Wears overcoat in hot weather. Tak(e cold from damp exposure. Sore STICKING, like sharp splinters. EVERY HURT FESTERS. SUPPURATION; threatens, or much thick pus. Abscess. Mastoiditis. Yellow, sclerotic, expectoration, sweat, etc. ............... Bad temper. Sudden weak memory. Touchy, mentally and physically; to pain, cold; easily becomes cross and violent. Hasty, violent, irritable or dissatisfied. Hair falls in spots; sore to touch. Corneal ulcer or maculæ. Photophobia. Chronic otorrhœa. Boring at root of nose. Stuffed, painful nose. Ripened colds and old catarrhs. Sneezes from every cold wind. Hawks mucus. Rough sticking like a splinter, fish-bone, etc., in

throat. Quinsy. The upper jaw projects. Goitre (r); pains into head. **Stomach weak**; easily upset. **Craves** acids, **condiments** or stimulants. Eating refreshes, but causes heaviness. Foul mucus from anus. Stool difficult, although soft. Must wait to urinate; passes blood and pus afterwards. Nephritis; after scarlatina. Very foul, hot, membranous or pussy leucorrhœa. Painful larynx. Cough from least uncovering. Whistling, choking breathing; must bend head back. Croup. Hoarseness; chronic; of singers. Aphonia. Asthma; after suppressions. **Cough**, **choking**, barking; < cold drinks or in A.M.; hacking, as from a feather; LOOSE, **but can't expectorate**, tightens up in cold air. WEAKNESS AND MUCH RATTLING IN CHEST. **Much expectoration**; thick, yellow. Recurrent bronchitis; from every cold. Skin sensitive to cool air (Agar.). Foul, moist eruptions in folds. Torpid, pulsating ulcers; encircled by smaller ones, pimples or boils. Impetigo. Poor granulation. Sweaty and rattles with every cold or cough. Night-sweats. Low fevers. Hectic. Body exhales a foul odor.

Complementary: Iod. Sil. Related: Merc. Follows: Pho. Sil. Antidotes: Bell. Cham. Kali-io. Merc. Sil.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

# **HYDRASTIS CANADENSIS**

# REGION:

<u>MUCOUS GLANDS:</u> Nasal cavities. STOMACH. Gall-ducts. Intestines. Muscles. Uterus.

### WORSE:

<u>AIR:</u> Inhaling, cold. Dry winds. Open. Slight bleedings. Washing. Old age.

Related: Ars. Kali-bi. Pul.

# HYDROCYANICUM ACIDUM

# **REGION:**

Brain. <u>Heart:</u> Circulation. Respiration. Epigastrium.

#### WORSE:

Full moon. Suppressions. Storms.

# **HYOSCYAMUS NIGER**

### REGION: MIND. Brain. Nerves. <u>Muscles:</u> Face. Eyes.

#### WORSE:

EMOTIONS: Fright. Jealousy. TOUCH. Lying. Cold. Sleep.

#### BETTER:

Sitting up.

Related: Bell. Pho. Stram.

### HYPERICUM PERFORATUM

REGION: SPINAL NERVES: COCCYX. Inter-scapular. Meninges. Vertex.

#### WORSE: <u>INJURY</u>: Jar. Concussion. Penetrating. **Shock**. Bruises. Exertion. Touch. Change of weather. **Fogs**. Cold. Damp. Motion.

**BETTER:** Lying on face. Bending back.

Related: Arn. Led. Rhus-t.

# **IGNATIA AMARA**

REGION: MIND. NERVOUS SYSTEM. Cerebro-spinal axis.

WORSE: <u>EMOTIONS:</u> GRIEFS. Chagrin. WORRY. Fright. Shock. <u>AIR:</u> Open. Cold. Odors. Touch. Coffee. Tobacco.

**BETTER:** <u>Position:</u> Change of. Lying on part. Urination. If alone. Pressure.

ERRATIC, CONTRADICTORY OR SPASMODIC EFFECTS; often violent; with rigidity, twitchings, tremor, etc.; during pain. Jerks run through whole body. SENSE OF A LUMP, foreign body or sharp pressure. Globus. Clavus. Hysteria. Pain in a spot, < close attention. Symptoms pass off with a profuse flow of urine. Oversensitive to pain. Tonic spasm of single parts, with frothing at mouth. Neurotic inheritance. Spasms from punishment (Agar.). ..... Brooding grief. Silent and sad; inward weeping. Intolerant of contradiction: of reprimands (Colo. Stap.). Angry with himself. Delicately conscientious. Everything irks her. Weak and excitable. ALERT, OVERSENSITIVE AND NERVOUS. Highly emotional. Capricious. Moody. Changeful. Faints easily. SIGHS, weeps or laughs by turns. Unhappy; love. Enjoys being sad. GRIEF; brooding. Alternate headache and backache (Melil.). Headache ends in vawning and vomiting. Evelids seem dry. Flashes of light, from violent coughing. Nose sensitive to inspired air. Pain over root of nose. Sneezing attacks. One cheek red. Jaws snap shut; bites inside of cheek, tongue, etc. Masseters stiff and hard. Indurated tonsils; with little ulcers. Cramp in gullet. Swallows over a lump, > solids. Hiccough; with eructations, empty or bitter. Nausea or vomiting, > indigestible foods. Hunger, with nausea. Craves raw foods. Empty sinking or spasmodic ache in stomach; not > eating. Stool painful; difficult although soft, then constriction of rectum. Obstipation of neurasthenics. Pain shoots up rectum. Piles, > sitting. Prolapsus recti. Irregular menses. TAKES DEEP BREATHS; for relief. Choking. Spasm of glottis. Hacking

cough. Cough violent, it shuts off the breath; dry, as from dust or sulphur fumes; < coughing. Constriction of thorax. Goitre. Tension in nape. Cramp in calf. Heavy feet. Painful skin, > pressure. **Violent**, **spasmodic yawning**. Light sleep, every sound wakes. Dreams same horrid dreams, over and over. Chill with a red face. **Chill**, **shaking**; **nervous**; with thirst; < pain. Heat, with aversion to uncover, but no thirst.

> Complementary: Aur. Nat-m. Pho-ac. Sep. Related: Cimi. Nux-v. Sep.

### IODUM

#### **REGION:**

<u>GLANDS:</u> THYROID. Testes. **Mesenteric**. Mammæ. <u>MUCOUS MEMBRANES:</u> LARYNX. Lungs (R. Apex or base). HEART. Blood-vessels. Skin. Nerves. Connective tissue.

#### WORSE:

<u>HEAT:</u> ROOM. Air. Wraps. <u>Exertion:</u> Ascending. Talking. Fasting. Night. Rest.

#### BETTER:

<u>COLD:</u> AIR. **Bathing**. Motion. Eating.

Intensely rapid action. ALWAYS TOO HOT. Hot, acrid or watery discharges. Persistent or salty secretions. Infiltration. GLANDS, SWELLED, HARD or heavy; later dwindling. Lean, hungry and hot. Weak and rapidly losing flesh; can't talk. Vascular degeneration. Scrofula. Acute exacerbations (Fer-p.). Local torpidity; little pus. Internal tickling. General pulsation or local throbbings. Burnings. ...... Dejected or intolerably CROSS and RESTLESS. Excited. Sudden dreadful impulses, > if busy, but motion < and exhausts. Thinks he is well. Reverberations in head. Prominent eyes. Pain at root of nose. Subject to head colds, < open air. Catarrh. Nose red and swelled; much sneezing; it drips hot water. Miserable, withered, brownish, sallow or dusky look. Increased saliva; soapy; foul. Metallic taste. Always hungry, yet emaciates, or variable appetite. Frothy, wheyey, fatty, cheesy or lienteric stools. Sediment in urine like red pepper. Sarcocele. Atrophied testes. Impotency. Menses brown; with weakness; after every stool. Leucorrhœa erodes thighs and linen. Painful, choking hoarseness; grasps the larynx. Laryngitis. Diphtheria; expectorates cast of larynx (Kali-bi.). Rough voice. Dry, tickling, croupy cough. Short breath. Raw bronchiæ. Violent pulmonary congestion. Pneumonia; rapid extension. Heart feels squeezed. Palpitation. Heavy mammæ. Hard goitre. Foot-sweat on backs of feet. Skin, dry, rough, dirty; brown spots on. Restlessness in blood prevents sleep. Hyperpyrexia, or external coldness with anxiety or stupor. Hectic. Heat waves to head. Sweats easily. Early morning sweats, with >.

> Complementary: Lyc. Sil. Related: Ars. **Flu-ac**. Pho. Spo. Antidotes: Ars. Bell. Hep. Op. **Pho**.

### IPECA

#### **REGION:**

<u>MUCOUS MEMBRANES:</u> DIGESTIVE. **Stomach**. RESPIRATORY. Lungs. <u>Nerves:</u> **Pneumo-gastric**. Spinal. Cutaneous. **Umbilicus**.

#### WORSE:

WARMTH; damp. Room. <u>Overeating:</u> Ices. Pork. Veal. Mixed or rich foods. Periodically. Quinine. Heat and cold. Recessions.

#### BETTER:

Open air.

Profuse secretions. Foamy discharges, stool, etc. CONTINUOUS NAUSEA, gastric disturbances, BRIGHT RED, GUSHING HÆMORRHAGE (rapidly clotting), or shortness of breath accompany most complaints. Infantile convulsions. ..... Cries, screams and is hard to please. Downward crushing in head, to root of tongue. Migraine. Occipital pain, < vomiting, during chill, etc. Gushes of tears. Conjunctivitis. Cold (r), ear. Nosebleed. Sneezing. Face pale; blue about eves or lips; white linea nasalis. Clean or red, pointed tongue. NO THIRST. Sudden faintness. HORRID NAUSEA; not > vomiting. Vomiting; bilious; < stooping. Repugnance to food. Miserable sinking or hanging loose feeling at stomach. Griping, clawing or cutting at navel; toward uterus. Brown, grass or yellow-green, molasses-like or bloody stools. Balls of mucus in stools. Dysentery. Urging to urinate; bloody urine. Cutting in uterus (I to r). Uterine hæmorrhage; gasps with each gush of blood. Painless hoarseness. Larynx and chest tight, < least motion. Spasm of vocal cords. Gasps for breath. Asthma. Paroxysms of retching, incessant or SUFFOCATIVE cough; with every breath; stiffens out, turns red or blue and finally is nauseated, gags or vomits; < stepping into open air; > warmth and repose. Pertussis. LOOSE (coarse) RATTLE IN CHEST, WITHOUT EXPECTORATION. Broncho-pneumonia. Hæmoptysis. Pains from kidneys into thighs. Short chill; alternates with heat or with external heat (Ap.). One hand cold, other hot. Long heat; without thirst. Hands and feet drip cold sweat. Suppressed or mixed intermittents; nausea in all stages. Catarrhal or gastric fevers.

> Complementary: Ars. **Cup**. Related: Ant-t. Lob.

# IRIS VERSICOLOR

REGION: GLANDS: DIGESTIVE TRACT. LIVER. Pancreas. Right side. Nerves.

WORSE: <u>Periodically:</u> Weekly. 2-3 A.M. Spring and fall. After midnight. Mental exhaustion. Hot weather.

#### BETTER: Gentle motion.

Related: Ars. Merc. Pho.

### JABORANDI

### **REGION:**

GLANDS. Eyes. Nerves.

#### WORSE:

Start of menses. Cold. Exhaustion.

Related: Agar. Ant-t. lp.

# JALAPA

#### **REGION:** Intestines. Stomach.

### WORSE:

Night. Eructations.

Child is good all day, but screams and tosses about all night. Colic. Stools watery, muddy or sour; bloody.

Related: Colo.

# **JATROPHA CURCAS**

#### REGION: Stomach. Intestines.

### WORSE:

Covering. Morning. Summer.

### BETTER:

Hands in cold water.

Related: Crot-t.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

# JUSTICIA ADHATODA

#### **REGION:**

<u>Nerves:</u> Cerebro-spinal. Respiratory membranes.

#### WORSE:

Close room. Dust. Noise. Eating.

Related: Ip. Dros. Pul.

### KALIUM ARSENICOSUM

**REGION:** Cardio-vascular system.

WORSE: Touch. Noise. Cold feet. 1-3 A.M.

#### **BETTER:**

Rainy days.

Nights are filled with suffering. Aversion to open air. Palpitation; with nephritis. **Burning**, in throat, aching in stomach, etc. Passes much gas, then diarrhœa. Black leg ulcer, running bloody, foul water; with cutting, burning, itching and dyspnœa. Chilly and sensitive to cold. Can't get too warm, even in summer.

### KALIUM BICHROMICUM

**REGION:** <u>MUCOUS MEMBRANES:</u> **Air passages**. NOSE. **Pharynx**. **Stomach**. Duodenum. Fibrous tissue. Ligaments.

JOINTS. Skin. **Circulation**. Kidneys. **Root** of nose, tongue, or penis, etc.

WORSE:

<u>COLD:</u> **Damp**. Open air. Spring. **Undressing**. MORNING; after sleep. 2-3 A.M. Protruding tongue (Cist.). **Hot weather**. Alcohol. **Beer**. Suppressed catarrh.

#### BETTER:

Heat. Motion.

Slow, deep processes; little fever, but great weakness. Sickly, chilly and cachectic. Fair, fat and sluggish. Bitings, like bugs. ADHESIVE SECRETIONS; STICKY taste, expectoration, leucorrhœa, foot-sweat, etc. STRINGY, TOUGH, lumpy or thick discharges. Fibrous exudates going downward. Yellow, eyes, vision, tongue, etc. Slow reaction. Heaviness. Crusts in nose, on skin, etc. Pains in small spots; jump about and finally attack stomach. Sharp stitches. Ascending; gastric pains, chills, heats, etc. Furred membranes. Old catarrhs. Ulcers; with dark dots, deep, perforating, round; look punched out; septal; peptic; with overhanging edges or thick crusts. Like a solid block on forehead. As of a hair on tongue, in nostril, etc. Internal itching; vagina, lungs, etc. Cracking joints. ..... Indifferent. Indolent. Pains outward along (r) brow. Bristling hair. Blindness, then pain over one eye, < cold, > pressing on root of nose. Migraine. Vision seems crossed, > looking with one eye. Eye-lids red, itching, swelled, granular. Nose pains at bridge or root; pressure or stuffed at root; retains foul secretions. Abscess. Ozœna. Nasal discharges, acrid; profuse; green clinkers. Nasal diphtheria. Snuffles. Radiating toothache; with swelled glands. Tongue, glistens; cracked, smooth or heavy, lemon yellow cast; pains when protruded. Sticky mouth. Sweet, metallic taste. Hawks thick mucus; must wipe it away. Œdema of uvula. Fissured pharynx. Throat; dry; burning in; something sticks in; with pains into neck and shoulders. Craves beer. Regurgitates liquids. Vomits bright yellow water. Sore spot in stomach, or food lies like a load. Constriction from liver to shoulder. Gelatinous stools or gushes of brown, frothy water, then burning and tenesmus, < after rising. Heavy kidneys. A drop remains after urinating. Constriction at root of penis. Acrid leucorrhœa. Milk is stringy. Hoarseness. Laryngitis. Tickling cough, after eating; with eructations; > heat; then vertigo. Under sternum; rawness; pains through to back. As of a bar across chest. Asthma. Deep cough with stringy expectoration. Heart weak; feels cold. Paralytic weakness of hands. Sciatica, < flexing leg. Sore heels. Pains along border of foot. Stubborn suppuration. Pustules with black apices. Skin, > in cold air. Hot flushes, then sticky sweat, then chill. Cold sweat on hands and feet. Chill with sweat.

Complementary: Ars. Pho. **Psor**. Related: Kali-c. Merc. Phyt. Pul.

### KALIUM BROMATUM

REGION: MIND. <u>NERVES:</u> Brain. Spine. Genitals. Larynx. Skin.

WORSE: Mental exertion. Emotions. <u>Periodically:</u> Night. Summer. New moon. Sexual excesses. Puberty.

### BETTER:

When busy.

Slow onset. **No pain**. General numbness; < occiput. ...... **Depressive delusions**. Nervous. Suspicion; fears people, yet can't be alone, in the dark, etc.; looks on all sides; fidgety, **busy hands**, fumbles. Moves arms about wildly. Mania. Night terrors. Melancholy; remorse, wrings hands, bursts into tears, etc. Slow hesitates; omits or mixes up words. Indifference. Hebetude. **Poor memory**. Brain-fag. Vertigo, as if ground gave way. Catarrh descends to larynx (Am-bro.). Cutting colic. Green, watery stool; with rapid collapse. Cholera infantum. Depressed sexual power. Flooding of young women. Croupy cough. Cool skin. Acne. Sleepy.

> Antidote: Zin-pho. Related: Calc-c. Con. Op. Stram.

# KALIUM CARBONICUM

#### **REGION:**

<u>Muscles; ligaments:</u> HEART. Uterus. LUMBAR. <u>SEROUS and mucous membranes:</u> CHEST (R. lower). Joints. Eyes. Blood. Left side.

#### WORSE:

<u>Cold:</u> AIR. Water. Drafts. Changes after Overheating. Changes after exertion. <u>Time:</u> 2-3 A.M. Winter. Before menses. <u>Lying:</u> On painful or left side. Loss of fluids. After labor.

### BETTER:

Warmth. Sitting with elbows on knees. Open air.

 back of stomach; at navel. Gastric pains going to back, chest, limbs, etc. Flatulence. Hard tympanites. Stool difficult; of large, hard lumps, then burning or torn feeling. Piles inflamed, bleeding; descend when urinating or coughing, > riding horseback; stick like fine needles, > cool bathing. Burning in I. kidney. Nocturnal enuresis of adults. Urine foamy, with thick, tough, red sediment. Delayed first menses. Amenorrhœa. Colic, then irritating menses; > washing. Inefficient labor pains. Catarrhal aphonia. Respiration short, < least motion or walking; asthmatic, alternating with diarrhœa; with vertigo. Incessant, hard retching or choking, futile cough; then vomiting. Pertussis. Lungs seem to stick to ribs. Pleurisy. Stabbing chest pains. Heart seems to hang by a thread; pains toward I. scapula. Palpitation; then weakness; in valvular disease. Arrhythmia. Cardiac degeneration. Fine stitches in mammæ. Everything affects the small of the back or pains start there. Back and legs give out; feel heavy. Lumbago. Arms weak; numb pinching in left. Painful tips of fingers and toes. Œdema of left foot. Sensitive soles; skin. Dry hair and skin. General itching or hives; during menses. Talks in sleep. Pulse small, soft, variable, intermittent or dicrotic. Chilly; with hot hands; and sleepiness; in open air. Internal burning. Sweat scanty, foul on feet.

> Complementary: Carb-v. Nit-ac. Pho. Related: Calc-Hypo. Lyc. Pho.

### KALIUM CHLORICUM

### **REGION:**

Blood. Nerve sheaths. Mouth. Rectum. Kidneys.

#### WORSE:

Cold. Mercury.

### **KALIUM IODATUM**

# **REGION:**

Glands. Frontal sinus. Nose. Eyes. Lungs: Upper. Lobe. Periosteum.

### WORSE:

Heat. Pressure. Touch. Night. Damp. Mercury. Changing weather. Jolting. Cold foods.

### BETTER:

Motion. Cool air. Open air.

Incipient organic changes; gouty-rheumatic, syphilitic, rickety, etc. Many and diverse symptoms. Feels used up. Cachexy. Stubborn chronicity. Arterio-sclerosis. Craves motion in open air. Various symptoms. Crushing or sharp stitching pains. Weakness. COPIOUS, watery, acrid, salty, thick, green or foul discharges. Catarrh. Pains long after trauma. Diffuse soreness; of affected part. Œdematous swelling. ..... Irritable, harsh tempered and cruel. Can't think. Despondent. Bad temper. Harsh. Head bone pains, lightning like, < warmth or lying on part. Big head and small jaws; rickets. Tender spots on head. Bilateral headache. Scalp sore; fissured. Burning, watery, puffy eyes. Chemosis. Tinnitus. Acrid coryza with dyspnœa and salivation. Burning throb in nasal and accessory cavities. Colds from every damp day. Red, swelled nose; tight pain at root, zygomæ and root of tongue. Takes cold. Violent sneezing. Acrid, watery coryza, < cool air. Ozœna. Glutinous mucus on lips in A.M. (Zin-cl.). Nagging toothache. Taste salty; bitter on waking. Salivation. Sore-throat of speakers (Aru-t.). Flatulence; squeaking. Early diarrhœa of phthisis. Frequent stools and urine. Leucorrhœa, corrosive; like meat washings. Air hunger; with flatulency, in A.M.; awakens strangling. Whistling, asthmatic breathing. Raw air-passages. Croupy hoarseness. Dry bronchitis. Frothy expectoration. Backward chest pains. Pneumonia. Pain, sternum to back. Painful lumps; in scalp. Giant urticaria. Chilly in bones; in painful parts. Heat in evening; uncovers, then chills. Alternate heat and chill. Heat with shudders. Hot and dry, then drenching sweat. Profuse night sweats, which >. Actinomycosis.

Antidotes: Merc. Nit-ac. Related: Iod. Sul. Syph.

### KALIUM MURIATICUM

REGION: <u>EPITHELIUM</u>: Throat. Eustachian tube. Middle ear. Mucous glands. Occiput (I). Muscles. Joints. Shoulder (R). One side, < left. Crosswise.

### WORSE:

Open air. Cold drinks, drafts. Heat of bed. Lying. Night. Dampness. Motion. Sprains. Fats. Rich foods. During menses.

**BETTER:** Cold drinks. Rubbing. Letting hair down.

WHITENESS. MILKY WHITE, viscid, sticky, thick, slimy or lumpy secretions. Catarrhs. Toughness. Tough, plastic or fibrinous exudates. Hard deposits. Stubborn infiltrations. Swelled glands. Sore, cutting (outward-Asaf.) or stitching, shifting pains. Crawling. Numbness. Slow re-action. ..... Irritable or angry; at trifles. Discontent, discouraged; fears evil. Sits in silence. Stunning shock in or a leaden load holds occiput down; < binding hair, > wraps. Brain feels loose. Copious, white dandruff. Head sweats. Pustular cornea. Cloudy lens. Scintillations on coughing. Snapping, itching or as of a plug in ears. Deafness. Eustachian occlusion or soreness. Face bluish; sunken. Eruption around mouth. Tongue mapped; gray or white at base. Aphthæ. Scorbutic gums. Salty taste. Throat gravish-white; ulcerated; chronic sorethroat. Tonsils swelled; inflamed. Hawks out thick white mucus. Loathes fat or rich foods. Nausea; with shivers. Stomach heavy; at night. Vomits food. Fulness in abdomen after eating. Pale, hard or flocculent stools. Anus, sore, < walking or stools; itching or crawling, after stool. Piles. Dribbling urination. Nephritis. Difficult or oppressed breathing. Bronchitis. Expectoration sticky or flies from mouth. Dark, clotted or tarry menses. Rawness in chest. Flushes of heat in chest. Coldness at heart. Painful breasts before or at menses. Heaviness under r. shoulder. Buzzing under I. scapula. Backache, > lying. Lightning pains from small of back to feet. Cold hands and feet. Cramps in limbs; in legs. Twitching thighs. Tension in legs alternates with tension in arm (I). Cold foot-sweat. Cutting in bones (Saba.). Branny skin. Anxious dreams.

> Complementary: Calc-s. Follows: Fer-p. Related: Bry. Pul.

### KALIUM NITRICUM

**REGION:** <u>Cavities:</u> Blood-vessels. Heart. **Kidneys**. Vaso-motors. **Respiratory organs**.

### WORSE:

Walking. Cold. Damp. Taking cold. Veal. Lying with head low.

### BETTER:

Gentle motion.

# KALIUM PHOSPHORICUM

#### **REGION:**

<u>Nerves:</u> Brain. Cord. Excretions. One side.

#### WORSE:

Slight: Excitement. Worry. Mental fatigue. Touch. Pain. Cold, dry air. Puberty.

### BETTER:

Sleep. Eating. Gentle motion (Fer. Pul.).

Related: Caus. Coccl. Pic-ac. Zin.

# KALIUM SULFURICUM

**REGION:** <u>EPITHELIUM:</u> Respiratory organs. **Skin**. Glands.

#### WORSE: Warmth; room; air.

Noise. Consolation. Evening.

### BETTER:

Cool air. Walking. Fasting.

Torpid processes. PROFUSE, DEEP YELLOW DISCHARGES; thin or sticky. Suppuration.

Related: Pul.

# KALMIA LATIFOLIA

REGION: <u>NERVES:</u> SPINAL. Eyes. Face (R). HEART. **Circulation**. Joints. **Skin**. Right; head; deltoid. Left; chest; arm.

#### WORSE:

<u>MOTION:</u> Lying on L. side. Bending Forward. Looking down. Heat. Becoming cold. With the sun.

### BETTER:

Eating. Cloudy weather. Continued motion.

Complementary: Benz-ac. Spi. Related: Aco. Dig. Rhus-t. Spi.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

## **KREOSOTUM**

#### **REGION:**

<u>MUCOUS MEMBRANES</u>: DIGESTIVE TRACT. Gums. Stomach. Abdomen. Female genitals. Uterus. BLOOD.

Teeth.

#### WORSE:

DENTITION. Pregnancy. **Rest**. **Cold**. **Eating**. Lying. Summer. During menses. 6 P.M. to 6 A.M.

### BETTER:

Warmth. Hot food. Motion.

Miserable and weak. Profuse, FOUL, HOT, ACRID discharges; sputum, eructations, etc.; redden the part. Rawness. Burning like fire. Pulsation; general. Hæmorrhage; passive; brown, dark. Lumpy discharges, menses, etc. Ulceration. Heaviness. Fulness. Tumefaction. Scurvy. Marasmus. Black, teeth, leucorrhœa, lochia, etc. ..... Dissatisfied with every thing; wants things, then throws them away and wants something else. Screams at night. Cross, wilful and obstinate. Longs for death. Stupid. Buzzing in head. Yellow pallor, with red blotches (lod.); during chill or heat. TEETH SOON DECAY; black spots on; intolerable ache, < pregnancy; painful dentition. Puffy, bluish, bleeding, painful gums. Aphthæ or salivation, of pregnancy. Taste bitter, low down in throat. Icy cold epigastrium. Frothy eructations. Nausea. Vomiting; long after meals (Æth. Fer. Plat.); undigested food; sweetish; of pregnancy; of uterine ulcer. As of a lump pressing down on bladder. Brown, watery, lienteric stools. Urination hurried; involuntary when lying. Diuresis. Profuse, lumpy, intermittent menses, < lying. Leucorrhœa; gushing; like bloody water; with itching. Tormenting cough, with little expectoration; with sore larynx and chest. Senile bronchitis. Neglected phthisis. Hectic. Chest; deep pains, take her breath; anxious heaviness. Dragging from back to genitals; as if to come out. Violently itching, moist or scurfy eczema on evelids, face, joints, back of hands. Ulcers break out and heal repeatedly; bleed after coitus. Cold sweat.

> Complementary: Sul. Related: Aru-t. Ars. Carb-ac. Grap. Nit-ac. Psor.

LAC CANINUM

### REGION: NERVES. THROAT. Right to left, then back again or reverse. Female generative organs.

#### WORSE:

TOUCH. Jar. During menses. Cold air, or wind, or drinks. Morning of one day and evening of the next (Eup-p.).

### BETTER:

Open air.

Related: Lach. Lyss. Pul.

## LAC DEFLORATUM

#### **REGION:**

NUTRITION. BLOOD. Heart. Head (Left). Thigh (Outer).

#### WORSE:

<u>COLD:</u> Least draft. Wet. Hands in cold water. Milk. Loss of sleep. Weekly.

### BETTER:

Rest. Pressure of bandage.

**Exhaustion**. Despondency. Vertigo, < lying on I. side. Blind then throbbing frontal headache, with much pale urine. Migraine. Photophobia. Painless swelling of face. Pale, sickly look. Anæmia. **Averse to milk. Nausea. Sour vomiting. Dry**, **large**, **painful stools.** Amenorrhœa. Boring, sore pain in kidneys. Polyuria, < during pain. Scanty flow of milk. **Always chilly**. Cold finger-tips. Skin is super-sensitive to cold. Given to restore milk.

Related: Nat-m.

## LACHESIS MUTUS

## **REGION:**

Mind.

Throat. <u>NERVES:</u> CUTANEOUS. VASO-MOTOR. Sympathetic. PNEUMO-GASTRIC. BLOOD; HEART. CIRCULATION. <u>LEFT SIDE; then right:</u> THROAT. OVARIES. FEMALES. Vertex.

### WORSE:

SLEEP; AFTER. MORNING. <u>HEAT:</u> SPRING. SUMMER SUN. ROOM. DRINKS. SWALLOWING; EMPTY; **liquids**. <u>SENSITIVE TO:</u> SLIGHT TOUCH OR PRESSURE OF CLOTHES; < NECK, **Waist** (Ap. Bro. Grap.); Noise. RETARDED DISCHARGES. Start and close of menses. CLIMAXIS. ALCOHOL. Cloudy weather.

### BETTER:

OPEN AIR. FREE SECRETIONS. Hard pressure. Bathing part. COLD DRINKS.

Rapid onset, intensity, prostration or malignancy. LEFT-SIDED COMPLAINTS, OR MOVING FROM LEFT TO RIGHT. Sepsis. Disintegration. Gangrene; diabetic. Carbuncle. Erysipelas. Blueness; hands. FETOR; of acrid discharges; oris; stools, etc. HÆMORRHAGE, thin; dark particles; nose-bleed; vicarious; bloody urine, etc. Purpura. ASCENDING SENSATIONS, in throat; from eyes over vertex; from nape; from ovary to heart; chills; FLUSHES OF HEAT: rushes of blood. A LUMP: ascends throat and is swallowed back again; in liver, abdomen, rectum; rolls about in bladder, etc. EXCESSIVE PAINFULNESS; of throat; ulcers; spots over body. **Constriction**; of throat, > eating; as of a skull cap; of anus. **Drawing**; vertex to iaws; in rectum, etc. Tremor; of tongue; hands, etc. Hard throbbing or hammering (Fer.). Congestion. Apoplexy. Epilepsy. ..... Nervous, excitable. LOQUACITY; rambling; then sadness or repeats same thing. Compelling delusions. Persistent, erotic ideas, without ability. Depression; on awaking. Insane jealousy. Suspicion. Feels full of poison. Fears, going to sleep, lying down, or that heart will stop. Indolence. Vertigo, < turning to right. Headache; heavy; bursting; down nose; side (r) feels cut off. Eyes feel small. Nose; stopped coryza; discharges with every cough; bloody pus from; rum blossom (Agar. Led.). Face purple, mottled; netted veinlets; dusky during heat. Faceache. Lower jaw drops. Septic mumps. Aphthæ. Much thick, pasty saliva. Tongue catches on teeth. Thick, blundering speech. Peppery taste. Can't bear anything before mouth or nose. THROAT; PAINFUL, into ears; as of a soft body in; choking; MUST LOOSEN COLLAR; hot lump in; pit feels swelled or sore spot back of pit. SWALLOWING; the wrong way; painful; returns through nose. Diphtheria; laryngeal. Tonsilitis. Quinsy. Hawks foul pellets from throat. Thirsty, but fears to drink. Dipsomania. Soreness or cramp in epigastrium. Sore festering throb, deep in liver. Septic gall-bladder. Pain from anus to navel. Constipation of pregnancy. Piles; < coughing. Pain in I. ovary; must lift covers. Dark, scanty menses. Suffocates on dropping to sleep. Must take deep breaths. Air hunger. Tickling, choking cough, < touching neck or auditory canal, > retching out a little expectorate. Larynx, as of a skin hanging in, or a valve. **Heart weak**; turns over or too big, as if. Carditis; metastatic.

Axilla; swelled glands. Numb, I. arm; finger-tips. Cracks in skin, at corner of nails. Cold knees, or cold, foul foot-sweat. Toes feel broken. **Mottled** or livid skin; dark marks. Eating **ulcers**, on legs; with dark areolæ; fungoid; **varicose**. Sleepless from cerebral irritation; tipplers. Frightful dreams; of snakes. Dilated capillaries. Chill, < drinking; with sweat. HEAT; **on vertex**; IN FLUSHES, **on waking or falling to sleep**. Sweat; about neck, during sleep; in axillæ; bloody; staining blackish; garlicky.

Complementary: Lyc. Pho. Zin-io. Related: Caus. Sep. Zin.

## LAPPA MAJOR

#### **REGION:**

Secretions. Skin. Liver. Joints.

### WORSE:

Cold wet. Shaking. Lying on R. side. Violent exertion.

### BETTER:

Cloudy weather.

Complementary: Mag-c.

## LATRODECTUS MACTANS

### REGION: HEART.

Vaso-motors. Blood.

### WORSE:

Least motion; even of hands. Exertion.

## LAUROCERASUS

### REGION: MIND. BRAIN. Nerves. Gullet. Chest. Respiration. Heart.

## WORSE:

Sitting up. Exertion. Cold.

### BETTER:

**Lying with head low**. Eating. Sleep. Open air.

Related: Am-c. Gel. Hyd-ac. Pru-sp.

## LEDUM PALUSTRE

**REGION:** <u>Fibrous tissue:</u> JOINTS (small). **Tendons**. Eyes. Heels. **Ankles**. <u>**Capillary circulation**</u>: SKIN. Lungs. Periosteum. Blood. Nerves. Left side.

WORSE: <u>Warm:</u> Covers. Stove. Air. Injury. Motion. Night. Eggs. **Wine**.

BETTER: Cool: Bathing. Air.

Related: Arn. Bry. Rhus-t. Sec-c.

## LEPTANDRA VIRGINICA

**REGION:** 

Liver. Right side.

#### WORSE:

Cold drinks. Motion. Periodically.

#### BETTER:

Lying on stomach or side.

Complementary: Pho. Related: Bap. Card-m. Chio.

## LILIUM TIGRINUM

REGION: <u>VENOUS CIRCULATION:</u> FEMALE ORGANS. Uterus. Ovaries. HEART (R). Rectum. Bladder. Left side. Nerves. WORSE: WARMTH; of room. Motion. Miscarriages. Walking. Standing. Consolation.

BETTER: Cool, fresh air. When busy. Lying on left side. Sunset (Coca. Med. Sele.). Pressure. Crossing legs.

FULL, HEAVY or forced out feeling; uterus; heart; evelids; ovary (I). Utero-ovarian sagging. Marked nervo-hysterical reflexes (Con.), especially mental or cardiac. Nervous tremor; in hypogastrium, in spine, knees, etc. **Pulsation**, ebullition, gurglings and burnings. **Backward** pains; about eyes; to occiput; from nipples through chest; from heart to I. scapula. Venous congestion. Acrid discharges. ..... Hurried, nervous, snappish and erotic or depressed. Fruitless activity. Wild, crazy feeling. Dread; of insanity; being incurable, etc. Desires finery. Burning headache, < before and after menses; ache over (I), eye; with vertigo and visual effects. Eyes, feel sprained; bite and burn, < reading. Yellowish, patchy tongue. Sweet taste -back of mouth. Craves meat. Hunger, as if from spine. Stiff, tense abdomen. Can't bear weight of covers. Sharp pains, < doubling up. Early, morning diarrhœa; frequent, small stools; with tenesmus; < after rising. Heavy dragging or outward urging in pelvis; must hold parts (Sanic.); with dysuria. Ovarian pain, (I); into limb; with pain below (I) breast. Menses free, while moving only. Thin, brown, leucorrhœa; acrid. Oppressive load on chest; air hunger; takes long breaths. As of a rivet or ball under (I) mamma. HEART, feels clutched, overful, cold, weak, hangs by a thread, etc.; pains into (I) arm; < stooping; < lying on (r) side; nervous. Palpitation. Neckache, < tire. Broken feeling between scapulæ. Pain from hip to hip. Can't walk on uneven ground. Chilly, > open air. Burning palms and soles.

Related: Alo. Plat. Pul. Spi.

Copyright © Médi-T 1999

## A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

## LITHIUM CARBONICUM

REGION: Heart. Small joints. Lungs. Urine.

WORSE: Night. Menses; after; suppressed.

#### BETTER:

**Eating**. Urinating. Motion.

Related: Lyc. Nat-p. Sul-ac.

## LOBELIA INFLATA

REGION: RESPIRATION. Vaso-motor nerves. Secretions. Heart. Epigastrium.

WORSE: Cold bathing. Suppressions. Sleep; after. Tobacco.

## BETTER:

Rapid motion. Eating a little.

RELAXATION; with increased secretions and weakness; with sweat; with deathly sickness all over; with oppressed, rattling respiration. Sits with elbows on knees. Prickles all over.

Related: Ant-t. Ip. Tab.

## LUESINUM

(Syphilinum)

REGION: Mucous membranes. Nerves. Bones.

WORSE:

NIGHT; damp. **Sundown to sunrise**. Gradual < then slow >. Protruding tongue. Extreme heat or cold. Every alternate full moon. During thunderstorms.

### BETTER:

Changing position. Continued or slow motion. High altitudes. Applied heat.

Poor reaction or it does not hold. Chronicity. Great weakness, with but few symptoms. Multiphase symptoms. SYPHILITIC TAINT. Weakness; on waking. Ulceration. Bald head, pouting lips and big belly. Dwarfish. Marasmic. Foul odor of body. Violent or linear pains. Knots in muscles, ...... Antisocial, Horrid depression or despair, Cross, Feels like going crazy. Impulse to wash hands. Syphilitic insanity. Poor memory. Nightly delirium. Cerebral softening. Deep, crushing head pains; across base. Beats head against wall. Linear headaches. Head feels pulled back. Slowly advancing hemiplegia. Hair falls profusely. Inflamed cornea; > cool bathing. Ophthalmia. Glimmering vision. Vertical diplopia. Ptosis. Abscess of middle ear. Nose painful to inhaled air; in sinuses. Ozœna. Snuffles. Face wrinkled; looks old. Pain over r. eye, < protruding tongue. Teeth feel sticky; as of a worm in; decay at edge of gums. Salivation; at night. Putrid taste. Crack along center of tongue. Green lumps from posterior nares. Sore throat; r. to I.; < cold drinks. Capricious appetite. Craves alcoholic liquors. Rectal fissure or stricture. Frothy urine. Nocturnal enuresis. Voids urine > standing. Menses have odor of rotten meat. Profuse, acrid leucorrhœa; runs to heels; with itching. Cough, < lying on r. side. Pain from base to apex of heart. Neck feels short. Backache, < urinating. Deltoid pains. Middle fingers. Itching eruption about elbow. Cold pain in legs. Festination, Bones pain as if sawed. Bilateral exostoses. Skin; biting as from bugs; swelled and blotched, > hot bathing. Pains in shins, > heat. Wandering erysipelas. Succession of abscesses. Foul or green pus. Conical crusts. Bullæ. White cicatrices. Distorted nails. Sleeplessness. Large, soft pulse. As of hot water in veins.

Related: Merc.

## LYCOPODIUM CLAVATUM

#### **REGION:**

<u>NUTRITION:</u> DIGESTIVE TRACT. **Portal system**. Skin. URINARY ORGANS. <u>RIGHT SIDE to left:</u> THROAT. **Chest**. **Ovary**. **Brain**. Lungs.

#### WORSE:

PRESSURE OF CLOTHES. WARMTH. Awaking. Wind. Eating; to satiety; oysters. Indigestion. 4-8 P.M.

#### **BETTER:**

WARM DRINKS, food, etc. Cold applications. **Motion**. **Eructations**. **Urinating**.

Weak from digestive disturbances. Repeating or alternating symptoms; flexion, then extension; automatic acts; flushing, then paling, chill after chill, etc. Progressive affections. Relapses. Sudden symptoms. Throbbing. Pains cause anger, jerking, etc. ACIDITY; sour taste, eructations, vomitus, etc. Calculi; gall-stones, gravel, tophi. Gout. Thin, withered and FULL OF GAS. Poor circulation; it seems to stand still; limbs feel dead; numb spots. Descending symptoms; emaciation, etc. Early senility. Dropsy. ..... Confused over daily affairs. Mentally active, but grows weaker. Can't think. Miscalls or omits words, etc. Paralysis of brain. AWAKES ANGRY, sad or anxious. Sensitive and fearsome. Averse to being alone. Hateful, cranky, domineering, exacting, reserved or despairing. Headache; pain goes to other side, where it is worse; pulsating in occiput at night; < if hot. Hair falls; comes in gray. Dandruff. Eyes half open. Hemiopia. Sees sparks. FANNING OF WINGS OF NOSE. Nose stuffy; dry posteriorly. Acrid ozœna. Face yellowish; pale, gray; wrinkled forehead; frowning; twitching. Hydrocephalus. Meningitis; tubercular. Mouth hangs open (Merc-c. Mur-ac.). Sore lips. Yellow teeth. Tongue; puts it in and out rapidly; trembling; swelled; heavy; lolling; stiff; cracked; painful vesicle on tip. A ball rises and sticks in throat. Sorethroat (r); < cold drinks. Diphtheria. Hunger, but quick satiety; A LITTLE FOOD OVERFILLS. Averse to soups. Incomplete eructations. **Epigastric anxiety**, **pressure**, etc. Gnawing in stomach. As of a band about waist. Sensitive, congested liver. MUCH, NOISY FLATULENCE, < lower bowels. Meteorism. Flatulence, pressing out. Abdomen; sore, < lower; alternating sides; brown spots on and on chest. Colicky babies, < in evening. Stool, most seems to remain, after; contains sand. Alternate diarrhœa and constipation. Piles, > hot bathing. Frequent urging to urinate, > riding in cars, etc. Acrid urine. Urine scanty; cries before urinating; red sand in; suppressed. Sexual exhaustion. Pollutions. Violent dysmenorrhœa, with fainting. Menses of clots and serum; < stool. Acrid or periodical leucorrhœa. Painful coitus. Gas from vagina. Craves air, but is chilled by it. Short, rattling breathing. Salty, green-yellow, lumpy or foul expectoration. Unresolved pneumonia. Dry, teasing cough, with emaciation. Mammæ, achy; sore: nodes in (I). Axillary abscess (r). Bubbling at scapulæ. Stiff back. Hands numb; cramps in, and in feet. Fingers twitch during sleep; sticky sweat on. Pains jerk legs upward. As of a stone under heel. Feet asleep, < heels; acrid sweat on. DRYNESS; palms, vagina, skin, etc. Rawness in folds, nipples, anus, etc. Suppurating eruptions. Receding boils, erysipelas, etc. Vascular swellings. Erectile tumors; < before menses.

Aneurism. Rapid pulse, < eating; evening. **Coldness**; icy; head, throat, stomach; **of one foot**; < coughing. Chill, then vomits; after first sleep. Burning, between scapulæ. Foul viscid axillary or foot sweat; like onions.

Complementary: Calc-c. Iod. Kali-c. Lach. Related: Carb-v. Sil. Follows: Chel. or Graph.

## LYCOPUS VIRGINICUS

REGION:
HEART.
Circulation.
Left side.

WORSE: Excitement. Exertion. Heat. After sleep. Lying on (R) side. Abuse of heart remedies. Suppressions. Thinking of it.

Related: Cact. Collin. Cratæ.

LYSSINUM (Hydrophobinum)

REGION: Nerves. Cord. Throat. Sexual organs.

WORSE: Running water (Canth. Stram.). Heat of sun. Glistening objects. Drafts.

**BETTER:** Bending backward. Gentle rubbing. Spasm. **Overacute senses**. ...... Fear. Anger. Rapid speech. Impatience and **violent temper**. Roams about. **Constant spitting**; ropy, frothy saliva. Spasm of gullet. Can't urinate unless he hears water run. Sexual excitement. Sensitive womb. Barking cough. Pain in neck. Blueness. Convulsions.

Related: Lac-c. Lach.

## MAGNESIA CARBONICA

REGION: Malar bones. <u>DIGESTIVE TRACT:</u> Stomach. Bowels. Liver. NERVES: Facial. Dental.

WORSE:

NIGHT. **Rest. Noise.** <u>**Cold:**</u> Changes of weather. Wind. Drafts. Food; starchy; milk. Slight causes, **touch**, etc. Children. Nurselings.

BETTER: Motion. Walking about. Open air.

> Antidotes: Cham. Nux-v. Pul. Related: Rhe.

## MAGNESIA MURIATICA

REGION: NERVES. LIVER. Digestion. <u>Pelvic organs:</u> Uterus. Rectum. Women. WORSE: LYING ON RIGHT SIDE. Night. Noise. Sea bathing. Eating. Salt foods. MILK.

BETTER: HARD PRESSURE. Lying bent. Hanging down. Gentle motion. Cool, open air.

Related: Nat-m. Pul. Sep.

## **MAGNESIA PHOSPHORICA**

REGION: <u>NERVES:</u> Face. Head. Muscles. Right side.

WORSE: <u>COLD:</u> AIR. Uncovering. Drafts. Water (Calc-c.). Lying on R. side. Touch. Periodicity. NIGHT. Milk. Exhaustion.

BETTER: WARMTH. HOT BATHING. Pressure. Doubling up. Rubbing.

Tall, slender, dark and neurotic. **Nervous**, **tense and subject to sudden**, **violent neuralgias**, **colics**, **cramps**, etc. SUDDEN **paroxysms of pain**; sharp **shooting like lightning**; **suddenly** changing place; in waves; radiating, boring or constricting; **extorting cries**; **causing restlessness**, prostration, etc. **Twitchings**. Tic-convulsif. Spasmodic effects; hiccough,

yawning, chorea, writer's cramp, etc. Much pain. ...... Always talking of her pains. Hot, aching eyes. Photophobia. Faceache, < if body gets cold. Cracks in angles of lips. Nervous angina. **Cutting**; from bowels into thighs. Flatulent colic. Contracted abdomen. Diarrhœa ceases, spasms set in. Cough, > cool air. One vertebra seems absent. Tightness of skin of fingers. Pains in lower limbs, alternating sides. Irritable pulse. Tarry menses leaving a fast stain; flowing at night.

Related: Colo. Dios.

## **MAGNESIA SULFURICA**

### **REGION:** Intestines. Urine. Female sexual organs.

WORSE: Morning on awaking.

### BETTER:

Rubbing. Walking.

Diarrhœa, with diuresis. Greenish urine; with red sediment. Profuse, dark, intermittent menses. Much, thick leucorrhœa. As of a lump between shoulders. Back feels broken. Left arm and foot fall asleep. Crawling in fingertips (I). Warts.

Related: Nat-s.

Copyright © Médi-T 1999

## A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

## MANCINELLA VENENATA

### **REGION:**

<u>Surfaces:</u> Mucous. Throat. **Skin**. Mind.

#### WORSE:

<u>Cold:</u> Feet. Drinks. Dampness. Touch. Puberty. Climacteric.

Irritation. Acridity. Burning. ...... Depressed, with sexual erethism. Thoughts vanish. Forgets her errand. Terror of insanity. Emptiness in head. Pain in vertex, < lying. Eyes, smart, < closing lids; lids heavy and sore; dull ache behind. Photophobia. Face swelled; spotted; herpes on lips. Profuse, foul saliva. Throat; cutting pains; < cold drinks. Diphtheria. Chokings, ascend throat. Craves cold water. Swelled epigastrium. Bowels sore and burn. Colics or cough, < cold drinks. Ache behind sternum. Soles; biting vesicles on; desquamation; dry. Acrid, sticky foot-sweat (Sil.). Vesicles. Bullæ. Brown crusts. Scarlet fever. Pulse slow; very large and soft.

Related: Aru-t. Canth. Rhus-t.

## MANGANUM METALLICUM

REGION: INNER EAR. Larynx and trachea. LOWER LIMBS. <u>Periosteum:</u> Joints. Ankles. Shins. Heels. Skin.

WORSE: Varies with the weather. Touch. Cold. Damp. Night. Speaking. Feather bed.

BETTER: Lying down. Open air.

Related: Chin. Psor.

### MARUM VERUM

(See Teucrium Marum)

## MEDORRHINUM

REGION: Mind. Nerves. Mucous membranes. Lymphatics. <u>Cellular tissue:</u> Lungs. Pelvis. Small joints. Spine. Kidneys. Left ovary.

#### WORSE:

Damp; cold. Daytime. 3-4 A.M. After urinating. Touch. Close room. Before storms.

#### BETTER:

LYING ON ABDOMEN. Bending backward. Stretching out. **Fresh air**. Being fanned. Uncovering. **Hard rubbing**. Seaside. Dampness. Sunset (Coca. Lil-t. Sele.).

names; of her errand. Suicidal. Fearsome. Apprehensive; anticipates events. Persistent ideas or alternating states, or erratic. Impulsive, abrupt or rude. Many ideas; but uncertain of execution; non-commital. Sensitive, nervous and hurried. Feels far off, unreal; some one behind her. Sad, tearful and fearful. Dismal out-look (Cimi.); > weeping. Vertigo; < in vertex. Head tight; tense pains; pulls hair. Occiput pains to behind eyes. Tousled heads. Coryza with loss of taste and smell. Post-nasal discharge. Face, grayish, greasy, greenish; yellow at edge of hair. Red spiderlets on face (r). Acne on face; < after menses. Water tastes like perfume. Exhaled breath feels hot. Craves stimulants. Morning nausea. Vomiting of pregnancy. Heavy lower abdomen or prostate. Grinding colic; must brace feet. Dysmenorrhœa. Leans back to force a stool; then shivers. Cholera infantum. Fiery red, moist, violently itching anus. Scalding ammoniacal urine. Air hunger. Cough, > lying on face. Sore, oozing or icy nipples. Cutting, crawling, burning above (I) scapula. Fingertips burn and crack. Heavy legs. Tender, itching ball and soles. Sleeps in knee-chest position. A short nap seems a long one, but > (Nux-v.). Cold skin, but blood feels hot (Sec-c.). Burning heat, with sweat; wants to uncover, but is chilled thereby. Burning feet. Sweat easy; toward morning. Hay fever. Body smells badly to her; can't wash it off (Lac-c.). Teeth soft, crumbly. Aphthæ under tongue. Burning in epigastrium. Flatulence with numbness. Dark fluid from rectum. Drawing in ovaries, > pressure. Sycotic sterility. Dysmenorrhœa. Profuse, dark, clotted, foul menses (Psor.). Blistering leucorrhœa (Am-c. Kre.). Pruritus, > rubbing. Lungs feel stuffed with cotton. Can't exhale. Asthma; sycotic; infantile. Sensation as of a cavity in chest or heart. Heat in spine. Spine sore and tender. Arms hairy. Hot palms. Bites nails. Leg cramps, > stretching leg. Itching soreness. Condylomata. Sycotic red node. Deep red spots.

> Follows: Rhus-t. Related: Bar-c. Nat-m. Psor. Thu.

## **MELILOTUS**

#### REGION: HEAD. Vaso-motor nerves. Circulation.

### WORSE:

Climacteric. Walking. Weather: Changing. Stormy. Rainy.

### BETTER:

Bleeding. Profuse urine. Vinegar.

Raw feeling. **Congestions**. Bright red hæmorrhage; which >. ..... Desires to escape. Rushes of blood to head. VIOLENT, THROBBING HEADACHE; threatens his reason; > nosebleed. FIERY RED FACE. Profuse nosebleed. Dry skin.

Related: Bell. Glo.

## **MENYANTHES TRIFOLIATA**

REGION:
Circulation.

Motor nerves. Vertex.

## WORSE:

Walking. Rest. Malaria. Ascending. Quinine.

## BETTER:

Hard pressure. Twilight. Laying on hands.

**Icy coldness of prominent**, **single or** affected parts; **nose** (Ap. Med.), ears, fingers, knees, abdomen, etc.; at night (Pho.). Visible jerks or twitches. **Vertex**; **heavy pressure on**; pains, < stooping; or as of a weight in nape. **Bursting headache**. **Pain ascends from nape**. Misty vision. Frequent, scant urine. Boring at I. scapula. Cramp in posterior thighs, < sitting, or from ankles to calves (r). Skin feels tight. Vivid dreams. Shivering, with yawning. Quartan malaria.

Related: Ver-a.

## **MEPHITIS PUTORIUS**

**REGION:** 

# Nerves.

## WORSE:

Lying. Night. After menses.

### BETTER:

Cold bath or weather.

**Spasmodic effects.** Foul breath and expectoration. Debility after severe illness. Trembling and twitching of exophthalmos. ..... Excitable. Loquacious. Vivid fancies. Violent vertigo. As of a finger pressing on occiput. Food goes the wrong way. **Chokes easily**. Can't exhale. Asthma. Asthma of consumptives or drunkards. Cough; violent; spasmodic; nervous; suffocative; whooping; < talking or drinking. Choking cough.

Related: Coral. Mosch.

## MERCURIUS CORROSIVUS

REGION: RECTUM. Bladder. Eyes. <u>THROAT:</u> Uvula. Fauces. Palate. Kidneys. Bones (Flat).

#### WORSE: <u>AFTER:</u> URINATING. STOOL. Swallowing. Night. Cold. Autumn. Hot days; cool nights. Acids.

Violent effects. Burning, internal; throat, stomach, rectum, neck of bladder, kidneys, etc. Inflammation, with swelling and constriction. **Constriction** of throat, rectum, bladder, etc. Cracks, on palms, soles, angles of mouth, etc. Erosive discharges; acrid, fluent coryza, lachrymation, etc. Phagedena. Syphilis. ..... Anxious and restless; rocks hard. Difficult thinking. Disturbed speech. Stupid. Aching temples, < looking sidewise. Photophobia. Iritis. Keratitis. Gluey nasal discharge. Swelled nose. Pale about mouth. Patchy tongue. Nightly toothache. Red, swollen uvula. Astringent, taste, regurgitation, etc. Sore, painful swelling in I. throat, < heat; sharp pains into ears, < pressure. DYSPHAGIA. Insatiable thirst. Vomits slime and blood. Cramp in epigastrium. Distended, sensitive stomach. Gastritis. Cutting colic. Painful flatulence. Continuous urging to stool and urine (Canth. Lil-t. Sabi.); A NEVER GET DONE FEELING. SCANTY, BLOODY, SHREDDY OR SLIMY STOOLS, WITH TORMENTING TENESMUS. Passes pure blood or bloody water. Bleeding kidneys. Dysentery. Spasm of rectum, during coition. HOT URINE, PASSED DROP BY DROP, or scanty, frequent, dribbling; < sitting. Urethra bleeds after urinating. Nephritis; slow; of pregnancy. Cystitis. Gonorrhœa. Phimosis. Chordee. Hard chancres. Breathes as through a metallic tube. Cold skin. Chilly, after stool. Sweats from every motion; partial; < forehead and lower parts; foul, at night.

Related: Ars. Canth. Merc-p-r.

## MERCURIUS CYANATUS

### REGION: MOUTH.

THROAT. Larynx. Glands. Capillaries. Nerves.

#### WORSE:

Swallowing. Speaking.

**Early, rapid and extreme prostration**; with tremor, coldness and cyanosis. **Putridity.** Rapid, local destruction. ...... **Cutting** pains in **throat or larynx**. Much thick, or grayish membrane in throat. Septic diphtheria; of soft parts; has prophylactic value. Enlarged tonsils. Early and complete anorexia. Croupy cough. Cough causes suffocation. **Weak heart**. **Sweatiness**.

Related: Lach.

## **MERCURIUS DULCIS**

Ears. Eustachian tube. Tonsils. Liver. Duodenum. Bowels. Mucous membranes. Pleura.

## WORSE:

Acids.

## BETTER:

Cold drinks.

Related: Kali-m.

## **MERCURIUS IODATUS FLAVUS**

(Proto-iodatus)

REGION: THROAT; right. Right side. Glands.

### WORSE: Odors. Raising up. Warm drinks. Lying on left side.

### BETTER:

Open air.

**Faint or dizzy on rising**. Forehead aches. Cornea looks scratched or chipped. Dark circles under eyes. Swelling below r. eye (Arn.). Jaws tired from clenching during sleep. Teeth on edge, < heat, cold and sweets. Pyorrhœa. **Moist, filmy coat on tongue or** YELLOW AT BASE. **Sorethroat** (r. then I.); swelled tonsils; > cold drinks. **Tonsilitis**. Hawks lumps from posterior nares. Yellow leucorrhœa; of children. Heart, then head pains. Palpitation, with dyspnœa, < lying on back. Numb knees. Swollen glands; cervicals. Syphilis. Flat warts.

Related: Lyc. Merc.

## MERCURIUS IODATUS RUBER (Bi-iodatus)

REGION: THROAT. Glands. Left side. Cellular tissue.

### WORSE:

Empty swallowing. After sleep.

Related: Lach.

## MERCURIUS PRÆCIPITATUS RUBER

REGION: Mucous membranes. Heart. Skin. Right side.

WORSE:

Falling to sleep. Lying.

**Burning**. Fissures. Syphilis; of pregnancy. ..... Patchy tongue. Coat like old cheese on mouth and throat. Mucous patches. Suffocation on lying or falling to sleep. Asthma.

Related: Ars. Lach.

## **MERCURIUS SOLUBILIS**

REGION: BLOOD. Mucous membranes. GLANDS: Buccal. SALIVARY. TONSILS. THROAT. LYMPHATICS. Liver. Kidneys. MUCOUS. GENITALS. Cellular tissues. Joints. Right side. Bones. Skin.

WORSE:

NIGHT. Night air. SWEATING. LYING ON RIGHT SIDE. HEATED, IF; < **bed** or fire. <u>SENSITIVE TO:</u> DRAFTS, to head. **Changing**, cloudy or **cold damp weather**. Taking cold. **Heat and cold**. Wet feet. Firelight.

### BETTER:

Moderate temperature.

Great variety of symptoms. Uncertain, **tremulous**, **weak and sweaty**. Swelling, redness; livid congestion. Continued exudation. **Rawness**. FREE SECRETIONS, **thin**, **slimy**, **acrid**, burning, foul or thick, **green-yellow**. Salty, lips, taste, expectoration, etc. **Suppuration**; bloody. **Ulceration**; of mucous membranes. Catarrhs. **Glandular activity**. Biliousness. **Yellowness**; eyes, teeth, nasal discharge. Jaundice. Pains stick to one point. Syphilis. Everything seems too short. Rheumatism. Sycosis. Scrofula. **Weak**, **exhausted and ready to sink down**.

...... Hurried; nervous. Stammering. Violent impulses (homicidal), etc. Restless and sweaty. Filthy in mind and body. Senses impending evil. Forgetful. As of a band about head. Headache with ear and tooth ache. Swelled, scurfy tarsi. Eyes draw together. Photophobia, < lamplight (Glo.). Musca volitantes. Arcus senilis. Pains into ears, from teeth, throat, etc. Deaf on becoming heated. Colds travel upward or attack eyes. Coryza; acrid; purulent; every autumn. Heavy nose. Red, raw, dirty nosed children. Face yellow; puffy under eyes. Swelled cheeks. Aching jaws. Mumps. Lips salty; cracked in r. angle. Painful, ragged, swelled, bleeding gums. Gumboil. Loose, hollow, black or aching teeth, < heat and cold; < night. MUCH SALIVA; flows during sleep; yellow; bloody; bad tasting. Aphthæ. METALLIC TASTE. Broad, flabby, INDENTED TONGUE. Itching palate. Enlarged tonsils. THROAT; SORE; as of an apple core, choke pear, or something hanging in; ulcer, pharyngeal, behind lingual tonsil; hawks large lumps from. Sore liver. Weak bowels; holds them. Swelled inguinals. STOOLS; painful; scanty; bloody; green slime; ashen white; acrid; then tenesmus or chill. Tenesmus recti, with tenesmus vesicæ. Urine causes itching. Urinates more than he drinks. Frequent, scanty urine; then burning. Swelled glans or foreskin. Red meatus. Genitals, inflamed; pulls at. Bloody emissions. Gonorrhœa. Collapse and fainting at start of menses. Thick, white leucorrhœa, when urinating. Cough; in double bouts; dry at night; yellow-green sputum, by day. Right lower chest. Mammæ; pain below r. through to scapula; milk in, instead of menses, spoiled. Awakes with cardiac tremor. Respiration < lying on left side, but cough < lying on right side. Neck stiff; cervicals enlarged. Trembling limbs. Numb fingers. Cold sweat on feet in A.M. in bed. Phlegmasia dolens. Pain forward from right scapula. Cool heels. Skin yellow; tender; excoriated, like raw meat. Moist, crusty eruptions. Ulcers, irregular, spreading, shallow, bleeding; with cutting and proud flesh. Jaundice. Measles. Nightly bone pains; deep or near surface. Orgasms (to head and chest). Erethism and restlessness, < least exertion. Easily chilled or overheated. Alternate chill and heat. Creeping chills. Chilly within abscesses. Catarrhal fevers; after suppressions. EASY, PROFUSE SWEAT; without relief, with the pains; oily; foul; sour; stains; an indelible yellow; on head; on chest; at night. Must get up and walk about at night.

> Antidotes: Aur. Carb-v. Hep. Nit-ac. Sul. Thu. Complementary: Bell. Sil. Related: Kali-io.

Copyright © Médi-T 1999

## A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

### MEZEREUM

REGION: SKIN. <u>Nerves or bones:</u> Head. Face. Jaws. <u>Mucous membranes:</u> Mouth. Stomach. One side.

#### WORSE:

NIGHT. Suppressions. WARMTH OF BED, fire, etc. Cold air; drafts; damp. Motion. Touch. Mercury. Vaccination.

#### BETTER:

Wrapping up (Nerves, Bones). Eating. Open air.

Acrid secretions, pus, leucorrhœa, etc. **Violent, irritative burning itching**, burning smarting, burning boring, etc. with **coldness of part affected**. Neuralgia; after shingles. Ulcers. Effects of suppressed eczema capitis. As of a cool breeze. **Sudden pains**, then chilly, sore or numb. Emaciation of part. Gouty-rheumatic-syphilitic dyscrasia. **One-sided symptoms**, whole or partial; numbness of one side of scalp. Head pain (I), into eyes, malar bones, neck, etc., with lachrymation. Painful skull. Pains outward along brows. Eyes seem dry. Ears feel open to cool wind. Deafness. Facial neuralgias. Cracks in angles of mouth. Dry, dark red mouth. Blunt teeth. Toothache into temples; > cool air. Tongue coated along one side only. Sorethroat in winter. Gastric pain, > milk. Contracted, prolapsed rectum. Glistening particles in stool. Stubborn, leucorrhœa. Dry, tickling cough; unto vomiting; < hot things. Aching, itching in popliteæ. Internal burning with external violent itching in small areas or single parts. **Intolerable itching**; changes place on scratching. Pruritis senilis. Eruptions ooze acrid, gluey moisture, form **thick crusts**, **with pus beneath**, or are chalky white. Milk crust. Deep, hard, painful **ulcers**; acrid pus, drying into crusts; < touch and warmth. Bones seem enlarged. Periostitis. Chilly; limbs feel cold. Heat of one hand.

Complementary: Merc. Related: Ars. Guai. Kali-io. Merc.

## MILLEFOLIUM

REGION: CAPILLARIES: LUNGS. Nose. Uterus.

WORSE: Injury. Violent exertion.

BETTER: Bleeding. Discharges.

Bruised soreness. Congestion. Profuse, painless, bright red, fluid hæmorrhage;

Related: Arn. Led.

## MOSCHUS

REGION: <u>NERVES</u>: SENSORY. Genital. Respiration. Circulation.

WORSE: Excitement. Cold. Suppressions; menses, etc.

BETTER:

Open air.

Related: Carb-v. Castor. Ign. Nux-m. Val.

## MUREX PURPUREA

**REGION:** FEMALE SEXUAL ORGANS.

WORSE: Touch. In sun. Sitting. Abortion.

BETTER:

Before menses. Eating.

Sensitive. Very tired and weak. ...... Fearful and anxious. Cold nose. Violent hunger, even after eating. **Sinking at stomach**. Urging in bladder. Urine smells like valerian. Pains in genitals; up through abdomen; into breasts; stitches. **Painfully sore uterus**. Bearing down pains; **must cross limbs**. **Nervous**, **frantic desire**. Nymphomania. Copious menses. Leucorrhœa; thick; yellow, bloody; alternating with mental symptoms. Lumbar pain impels walking, which <. Hives.

## MURIATICUM ACIDUM

REGION: BLOOD. <u>MUSCLES:</u> HEART. ANUS. <u>MUCOUS MEMBRANES:</u> Digestive tract. MOUTH. TONGUE. Brain.

### WORSE:

Touch. Wet weather. Walking. Cold drinks; bathing. Sitting. Human voice.

#### **BETTER:**

Motion. Warmth. Lying on L. side.

Sore, RESTLESS AND ERETHISTIC, but soon grows weak and very debilitated; wants to lie down; slides down in bed, eves fall shut; lower jaw drops, etc. Muscle exhaustion. Bluish parts; tongue, piles, ulcers, etc. Tearing in limbs. BURNINGS. Dry, bleeding, cracked or deeply ulcerated parts. Thin, acrid, foul discharges. Decomposition. Violent hæmorrhage. Bloody mucous membranes. Typhoid or scorbutic states. ..... Introverted. Sad and taciturn. Irritable. Muttering. Persistent, loud moaning. Vertigo if lies on r. side. Brain feels bruised. Periodical pain over I. eye. Occipital pains; leaden heaviness. Cutting from mastoid to nape, < touch. Deafness. Nosebleed. Dark or glowing red face; with cold hands, but no thirst. Lips, sore, cracked and scabby. Dry, mouth and throat. Tongue heavy, stiff, shrunken or burnt looking (Ars.). Aphthæ. Teeth, < acids or sweets. Sordes. Averse to meat. Ascites. Profuse, involuntary stool or prolapsing bowel, on urinating, or passing flatus. Very sore piles, > heat. Atony of bladder; must press until rectum comes down. Can't urinate without also stooling. Red, swelled, burning fingers and toes. Weak thighs. Scurfy eruption on dorsæ of hands. Ulcers throb on walking. Pulsations in single parts. Sparse scarlatina, mixed with petechiæ. Large, full and soft pulse. Pulse drops every third beat. Cold in bed, in early morning. Intense, burning heat, with aversion to covers. Adynamic fevers; typhoid, septic, etc.

Related: Bap. Bry.

**MYGALE LASIODORA** 

### REGION: Nerves.

Chorea of upper parts. ..... Twitching facial muscles and head (Cic.).

## **MYRICA CERIFERA**

#### REGION: Liver. Heart.

#### BETTER:

Open air.

Discouraged. Dull headache, in the early morning. Yellow sclera. **Very red eyelids. Combined liver and heart symptoms.** Liver affections, with dull pain; with pain under either scapula; with urticaria; with **jaundice**. Jaundice of infants. Fulness and burning in gall-bladder. Foul, adhesive mucus in mouth, throat, or stool. Slow pulse.

> Complementary: Dig. Kali-bi. Related: Chel.

## NAJA TRIPUDIANS

### **REGION:**

Cerebellum. Medulla. NERVES; HEART (Mitral Valve). **Respiration**. **Throat**. Left side: **Ovary**. Temple. Arm.

## WORSE:

Lying on left side. <u>After:</u> Sleep. Menses. <u>Air:</u> Cold. Drafts. Pressure of clothes. Alcohol.

#### BETTER: Riding in open air. Sneezing. Smoking.

## NATRUM CARBONICUM

### **REGION:**

DIGESTION. Nerves. Skin. Hands (Dorsæ). Heels.

#### WORSE:

<u>HEAT:</u> Sun. Weather. (Head). Sultry air. Gas-light. Periodically; Winter (Body), 5. A.M. Music. Mental exertion. Onanism. Dietetic errors. Milk. Drafts. Thunder-storms.

## BETTER:

Motion. Rubbing. Eating. Sweating.

Complementary: Sep. Related: Lyc. Nat-m.

## NATRUM MURIATICUM

REGION: <u>NUTRITION:</u> Digestive tract. BRAIN. BLOOD. MUSCLES. MIND. HEART. GLANDS: MUCUS. Spleen. Liver. Skin.

#### WORSE:

PERIODICALLY: 9-11 A.M. With the sun. After menses. Alternate days (Ars. Chin.). HEAT: Sun. Summer. Dampness. Exertion; eyes, mental. Violent emotions. Sympathy. Puberty. Quinine. Old malaria. Silver salts.

### BETTER:

**Open air.** Cool bathing. **Sweating**. Rest. Before breakfast. Deep breathing.

Thin, thirsty, hopeless and poorly nourished. Emaciation; descending; < neck or abdomen. Anæmia. DRYNESS; skin, mouth, throat, rectum, vagina, etc. Numbness; of one side; parts lain on; fingers. Tremulous. Easy exhaustion. Parts seem short, hamstrings, nape, etc. Not very sensitive to pain. Takes cold. Nervous erethism. Thick white or clear acrid discharges. Exact periodicity. Malarial cachexia. ..... Hateful; detests consolation or a fuss. Inconsolable. Easily angered; < if consoled. Sad, reserved; company distresses. Hypochondria. Weeps bitterly. Boisterous grief. Scattered thoughts, or an idea clings, prevents sleep, inspires revenge, etc. Anxiety. Apprehension. Fears or dreams of robbers. Vertigo; as if falling, on closing eyes. Nodding motions. HEADACHES; hammering; heavy; bursting; maddening; over eyes; on vertex, on awaking; with partial numbness or disturbed vision; < reading; < motion, even of eyes; > pressure on eyes. Migraine. Falling hair. Eyes feel drawn together. Lachrymation on affected side (Spi.); on sneezing, coughing, etc. Ptosis, on lying down. Vision blurred, wavering. Letters run together. Hemiopia, then headache. Can't read by artificial light. Nose stopped, high up; sneezing early in A.M.; alternate fluent and dry coryza; gushes of fluid; little ulcers in. Face; pale, muddy or greasy. HERPES ABOUT LIPS; or at edge of hair; pearly. Throbbing in lower jaw, < biting, < heat and cold. Exophthalmic goitre. Hawks much mucus; bitter. TONGUE MAPPED; beaded or striped along edge. Blunted taste and smell. Uvula hangs to one side. Throat; a spot is dry, sore, tickles, causes cough, etc.; glistens. Thirst; drinks large quantities. Hunger great, yet emaciates; without appetite. CRAVES SALT. Averse to bread. Burning eructations; after eating. Waterbrash. Epigastric pulsation. Anxiety in stomach, rises to head. Tense abdomen; < groins. Dry, hard, crumbling stool, tears anus or causes burning; coated with glassy mucus; on alternate days. Chronic diarrhœa. Constricted rectum. Herpes ani. Red urinary sediment. Coition; painful; averse to; then backache, weak legs, depression, etc. Suppressed gonorrhœa. Debilitating leucorrhœa, replaces menses. Cough; from tickling in epigastrium; with asthma or palpitation; < winter. Respiratory catarrhs, after suppressed sweats. **Heart**; **palpitation**, shaking body or alternates with beating in head; fluttering; weak; sore; < emotions, lying on (I) side, or motion. Sore neck muscles. Bruised backache, early in A.M.; < coughing, > lying on back, or pressure. Cracked finger-tips. Catch in knees. Hamstrings seem short or drawing in. Sobs during sleep. Awakes feeling weak. Skin, oily; dry, harsh, dirty, unhealthy or yellow; chaps or herpetic eruptions, < flexures or about knuckles. Coldness of many parts; hands, feet; heart. Morning chill, with thirst. Chilly, but < in sun. Sweat, cold, scanty; at edge of hair; on nose, on face, while eating (Cham.).

> Complementary: Ign. Sep. Related: Pul.

## NATRUM PHOSPHORICUM

### **REGION:**

Occiput. Mucous glands. Duodenum. Bile-ducts. Mesentery. Genitals.

## WORSE:

Sugar. Children. Milk. Mental exertion. Thunder-storms. Gas-light.

### BETTER:

Cold.

Related: Cina. Kali-s. Kre.

## NATRUM SULFURICUM

## **REGION:**

OCCIPUT. <u>Glands:</u> LIVER. Bile. Pancreas. Intestinal. Descending colon. <u>Chest:</u> Left (lower). Lower. Left side.

#### WORSE:

<u>DAMP</u>: Weather. **Night air**. Cellars. **Lying on left side**. **Injuries**; **head**. Lifting. Touch. Pressure. **Late evening**. Wind. Light.

## BETTER:

Open air. Change of position. Sudden violent effects; in ailing patients. Piercing pains, at (I) short ribs; in (I) hip, < rising or sitting down; in heels. Yellow, watery secretions, stool, skin, vesicles, etc. Thick, yellow-green pus. Fulness. Sour, bilious and lithæmic. Rheumatic-hydrogenoid constitution. Sycosis. ...... Sensitive and suspicious. Sadness, < music or subdued light. Melancholia. Dire (suicidal) impulses. Vertigo; > head sweat. Crushing or gnawing in occiput. Meningitis. PHOTOPHOBIA. Nose run water at night. Epistaxis, during menses. Thick, tenacious, white slime in mouth. Dirty brown or greenish-yellow, thick, pasty tongue, < at base; tip feels burnt. Bitter taste. Thirst at start of fever only. Slow digestion. Concomitants to nausea. Green, bilious vomit. Sore, heavy liver; < lying on left side. As of a lump below liver. Crawling in gall-bladder. Colic, > rubbing abdomen. Cramp at umbilicus. FLATULENCE; painful; pushes here and there, < left abdomen. RUMBLING, GURGLING IN BOWELS, THEN SUDDEN GUSHING, NOISY, SPLUTTERING STOOL; after rising in A.M., or drives from bed. Foamy or yellow diarrhœa, mixed with green slime. White sand in urine. Dyspnœa. Sycotic asthma. Loose, but violent cough; must hold chest or sides. Run rounds. Hang nails. Retracted nipples. Sharp cutting back pains, spreading upward like a fan. Throbbing in heels. Vesicles on soles. Chilly, can't get warm, even in bed. Heat with aversion to uncover. Burning below knees. Foul axillary sweat. Warty nodules.

Complementary: Ars. Thu. Related: Colo. Glo. Med. Pul.

Copyright © Médi-T 1999

## A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

## NITRICUM ACIDUM

#### **REGION:**

MARGINS OF OUTLETS: Throat. Anus. Mouth. <u>GLANDS:</u> Liver. Prostate. Salivary. Tubular organs. Blood. Skin. Bones. Joints. Right side.

#### WORSE:

Slight CAUSES: TOUCH. JARRING. Noise. Rattling. Motion. Mercury. Milk. After eating. COLD; air; dampness. Night. Evening. Changing weather. Heat of bed. Mental exertion, or shock.

### BETTER:

**Gliding motions**. Riding. Mild weather. Steady pressure.

Painful piles. Itching, eczematous anus, or oozes moisture. URINE, strong as horse's; cold; alternately profuse and scanty. Cramp from kidney to bladder. As of a hot wire in urethra. Infective nephritis. Itching, burning fore-skin. Phagedenic chancre. Œdematous prepuce. Bloody water from vagina. Weak, irregular menses. Shattering cough; from a spot in larynx; with lumbar stitch, > cold. Expectoration smeary, pussy, etc. Cavernous phthisis. Cutting in larynx. Orgasms to chest; with palpitation and fear. Swelled finger joints. Warts; on back of hands. Weak ankles. Skin, dry; eroded; cracks in every angle; coppery spots, on shin bones; itches on undressing. Crusts form and fall. Ulcers; rapid; raw; ragged; with proud flesh or plugs of pus. Stubborn suppuration. Burrowing pus. Fistulæ. Cancer. Syphilis. Painful, broken chilblains. Painfully sore bones, < tibiæ; caries. Pulse drops each 4th. beat. Jagged or soft warts (Stap. Thu.). Condylomata. Icy coldness; soles. SWEAT; easy, then takes cold; exhausting (urinous), mornings; in axillæ; on feet.

Complementary: Calc-c. Thu. Follows: Kali-c. Related: Ars. Kali-c. **Kre**. Merc.

## NUX MOSCHATA

REGION: SENSORIUM. Mind. NERVES. FEMALE ORGANS. Digestion. Children and old women.

WORSE: <u>Cold:</u> Bath. Damp. Drafts. Wind. Fogs. Feet. Pregnancy. Change of seasons. EMOTIONS. Excitement. MENSTRUATION. Jar. Bruises. Slight causes. Mental exertion or shock.

#### BETTER:

Moist heat. Warm room. Dry weather.

 bright yellow and lienteric; < night. Inactive rectum. Strangury from alcohol. **Thick, dark, irregular menses.** Flatus from vagina. Leucorrhœa; replaces menses. Deficient, irregular labor pains. Cough, > heat of bed. **Hoarse; when walking against wind. Palpitation**, > walking. Acute pain now in spine, now in lumbar region. Dry palms. Dry, cold skin. **Sleepy attacks.** Sudden; with vertigo. Weak, irregular pulse. Alternate chill and heat. Chills with sopor. Red sweat, or sweat absent.

> Complementary: Calc-c. Lyc. Related: Cann. Croc. Gel. Mos. Op. Rhus-t.

## **NUX VOMICA**

#### **REGION:**

Cerebro-spinal axis. NERVES. <u>DIGESTIVE ORGANS:</u> STOMACH. LIVER. **Bowels**. RESPIRATORY ORGANS. Male brunettes.

#### WORSE:

EARLY MORNING. <u>COLD:</u> OPEN AIR (Dry). **Drafts**. Seats. Wind. UNCOVERING. <u>HIGH LIVING:</u> COFFEE. Condiments. **Liquor.** Drugs. **Debauchery**. **Purgatives**. **Sedentary habits.** Overeating. <u>Mental:</u> **Exertion**. Fatigue. Vexation. Disturbed sleep. <u>SLIGHT CAUSES:</u> **Anger. Noise**. **Odors**. Light. **Touch**. <u>PRESSURE:</u> of clothes, < waist.

#### **BETTER:**

FREE DISCHARGES. Naps (Kali-bi.). Wrapping head. Resting. Hot drinks. Milk. Moist air.

VIOLENT ACTION; often irregularly fitful or inefficient. Increased reflexes. Irritable and hypersensitive, mentally and physically. Firm fibred brunette. Twistings. Jerks. Spasms; with consciousness. Tense, contracted feeling. Lightning-like pains. Neuralgia; prodromal. Sensation as of a rough body internally. Bruised soreness; OF ABDOMEN, brain, etc. INTERNAL scrapy RAWNESS; throat, larynx, etc. Takes colds. Biliousness. Faintings after vomiting, after stool, after labor pains, etc. ..... Sensitive and critical. Active, ANGRY AND IMPATIENT; can't stand pain; so mad, he cries. Zealous, nervous and excitable. Nagging. Spiteful. Irritable hypochondriasis. Sullen. Fears poverty. Violent, ugly (suicidal) impulses. Vertigo; on an empty stomach; with blank spells. Sensitive scalp. Swelled forehead.Lachrymation; on affected side. Migraine. Blood-shot eyes. Sore nostrils. Nose stopped, but runs water; on one side. Sneezing; violent; abortive; from intense crawling in (I) nostril. Coryza; fluent by day and in open air, dry at night. Epistaxis on coughing. Acute smell. Red, turgid or yelowish face, < about nose and mouth. Left angle of mouth droops. Jaws snap shut; stiff. Teeth chatter. Fetor oris. TASTE, biter-sour; bad in A.M. Itching palate; Eustachian tube. Rough, scratchy throat; putrid taste in, on coughing. Craves piquant foods or stimulants. HICCOUGH. Violent retching, < hawking. Eructations; sour. Heart-burn. Water-brash. Nausea; > if he can only vomit. VIOLENT VOMITING; bilious-sour. Food lies like a heavy knot in stomach. Gastric pains, into back; chest; > vomiting, etc. As of a band about waist; clothes oppress it. Indigestion. Liver

sore; sticking; enlarged. Gall-stone colic. Bowels gripe here and there. SORE BOWELS, < COUGHING OR STEPPING. Hernia; infantile. Flatulent colic. UNEASY, **fitful and** FRUITLESS URGING FOR BOWELS TO ACT, > STOOL. Strains hard at stool. Inactive peristalsis. **In rectum**; retained flatus; as if more stool remained; spasm of. Obstipation. PILES; itching; > cool bathing. Sexual erethism. Onanism. Premature ejaculation. **Menses profuse, early and prolonged** or intermittent; of dark, lumpy blood. Dysmenorrhœal cramps; spread over whole body. **Cough violent**, throwing the patient down; paroxysmal; whooping. Painfully stiff neck; pains down (r) shoulder. Lumbar ache, as if breaking; **must raise up to turn over**. Acute lumbago. Crawling along spine. Shooting from toes to thighs, < after stool. Tense cramps in calves and soles. Feet feel clubby and raw. Goose-skin. Jaundice. **Yawning**. Sleepy in evening or sleepless from rush of ideas. **Awakes too early; can't sleep again**. Finally sleeps, but on waking feels miserable. Night-mare. Chill with thirst and heat without thirst. EASILY CHILLED; CAN'T UNCOVER, < **motion**; < drinking even during the heat. Sour sweat.

> Complementary: Kali-c. **Pho**. Sul. Related: Ign. Lyc.

## OCIMUM CANUM

### REGION: Ureters (R).

# WORSE:

Scanty urine.

**Sore pains in ureters**. Renal colic with hæmaturia and violent vomiting. Red sand in the urine. Swelled inguinal and mammary glands.

Related: Canth. Lyc. Urt-ur.

## **CENANTHE CROCATA**

**REGION:** 

CEREBRO-SPINAL AXIS. Heart.

## WORSE:

**Injury**. Menstrual and sexual disturbances.

Mania. Swelled, twitching face. Rosy red blotches on face and chest. Burning heat, < head and throat. **Epilepsy**; with priapism. Status epilepticus (Abs. Aco.). As of a bug creeping under skin about waist; < touch of clothes.

Related: Bell. Cic.

# OLEANDER

REGION: Digestive tract. Skin. Scalp. <u>Nerves:</u> Cerebro-spinal. Motor.

WORSE: After suckling. Rubbing. Undressing.

### BETTER:

Looking sidewise.

Related: Anac. Chin.

## OLEUM ANIMALE

### **REGION:**

NERVES. Pneumo-gastric. Digestive organs. Here and there; in single spots or parts. Excretions.

#### WORSE:

Cold. Eating. Suppressions.

#### BETTER:

Rubbing. Pressure. Open air.

Related: Sul. Tell.

## **OLEUM JECORIS ASELLI**

<b>REGION:</b>
Chest.
Liver.
Tendons.

WORSE: Milk. Cold damp.

Related: Pho.

## ONOSMODIUM VIRGINIANUM

#### **REGION:**

<u>MUSCLES AND nerves:</u> Eyes. Occiput. FEMALE PELVIC ORGANS. Spine.

#### WORSE:

<u>Sprains:</u> EYE STRAIN. Sexual excesses. Darkness. Tight clothes. Warm. Humid air.

#### BETTER:

Rest. Sleep. Eating.

Aching, sore and stiff; after the pain. Inco-ordination. ...... Irresolute. Confused. Forgetful. Slow thinking. Aphasia. Nervous exhaustion. Vertigo; with the headache; < lying on (I), side. Headache; occipital; screwed in, as if; < eye strain and lying on back. Pains up and down from (I), occiput to shoulder, < exertion. Migraine. Dull, heavy oppressing in occiput. Aching, heavy, tired, stiff eyes. Eye, combined with ovarian symptoms. Misjudges distances. Mushy, yellow stool. Aromatic urine. Sexual desire gone. Sexual neurasthenia. Pains alternate between ovaries. Sore ovaries and rectum. Acrid leucorrhœa. Sticky, white expectoration. Swelled, tender mammæ. Itching nipples. Tired, numb legs and popliteæ. Seems to tread on cotton. Staggering.

Related: Cimi. Hyper. Lil-t. Rhus-t.

OPIUM

**REGION:** 

MIND. SENSES. <u>NERVES:</u> Brain. Cerebro-spinal. Sympathetic. Lungs. Respiration. Digestive tract.

WORSE: EMOTIONS. FEAR. Fright. Joy. Odors. ALCOHOL. Sleep. Suppressed discharges. Receding eruptions. If heated.

# BETTER:

Cold. Uncovering.

Negative, torpid states; but little pain, secretion or reaction. Paralysis; painless; of brain, tongue, **bowels**, lungs, etc. Tremor. **Twitchings**; during sleep. Convulsions. Epilepsy, in sleep. Internal dryness. Hot, head; sweat; bed seems, hunts a cold place, etc. Stupid sleep, spasms, violent chills, etc., during. ..... PLACID; says nothing ails him. Dreamy. Sluggish. Dull. Stupid. No will power. Lying. Fears; after fright. Delirium; with terror; alcoholic. Wants to go home. Carphology. Cerebral congestion; intercurrent; apoplectic. Heavy occiput. Visual hallucinations. Inactive pupils. Red, bulging, staring eyes. Dark, turgid, sweaty or hot red face or red and pale alternatly. **Old look**; after cholera infantum. Mouth twitches or hangs open. Cravings, without appetite. Vomiting; in peritonitis. As of a weight in abdomen. Bowels feel obstructed. Paralytic atony of bowels and bladder; after laparotomy. Hard tympany. Colic; lead. Stools of hard, black balls. Constipation. Bloody mucus oozes from open anus. Retained urine. Lively fœtal motions. Rattling, unequal breathing. Sighing. Snoring. Stertor. Tickling cough. Pneumonia. Weak heart. Crawlings here and there. General itching. Skin rough and dirty. Painless ulcers. Tired and sleepless; drunkards. SOMNOLENCY. Heavy, stupid sleep; of the aged. Full, slow pulse (Dig.). Hot, sweaty (Samb.) and drowsy; with cold limbs. Sweaty, without relief.

> Complementary: Alu. Bar-c. Bry. Pho. Plb. Related: Arn. Nux-m.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

### **OSMIUM METALLICUM**

REGION: Respiratory tract. Trachea.

WORSE:

Coughing. Talking.

Foul secretions. Pains go up and down. Crawlings. ..... Greenish, rainbow colors about light. Snuffling. Fluent coryza, with a sense of stoppage. Stomach feels full of broken stones or lumps. Spasmodic cough; with torn loose feeling and tenacious sputum. Sensitive air passages. Foul axillary sweat.

Related: Ars. Iod. Pho.

# OXALICUM ACIDUM

REGION: Digestive tract. Navel. <u>Nerves:</u> Cord. Heart. Left side; Lung.

WORSE: Thinking of it. Cold. Touch. Shaving. Mental exertion.

#### BETTER:

After stool.

Weak, cold, livid and numb all over; < lower limbs. **Violent pains**; in streaks, like lightning, **in spots**, burning, etc. Neuralgia. ...... Nervous and sleepless. Swimming vertigo. Band-like sensation about head. Numb prickling in occiput and back. **Sour taste**. Gnawing emptiness. Colicky urging about navel or **involuntary**, muddy-brown stools, < **lying**. Oxaluria. Testes throb or feel crushed. Low voice. Paroxysmal, jerking breathing. Nightly dyspnœa. Pain from lower (I), chest to epigastrium. Palpitation, < lying. Fixed chest. Angina pectoris. **Back feels too weak to hold body**. Cold creeps up spine. **Weak trembling hands and feet**.

Related: Ars. Pic-ac.

# **PÆONIA OFFICINALIS**

#### REGION: Anus.

Veins. Skin.

### WORSE:

STOOL. Touch. Night. Motion.

Sensitiveness. Shooting or splinter-like pains. ...... Moisture (foul) at anus. Excessive pains at anus, continue long after stool; must rise and walk about. Fissure or fistula ani. Anus covered with crusts. Large, inflamed, ulcerated piles. Bunions. Swelled veins. Terrifying night-mare.

Related: Rat.

# PALLADIUM METALLICUM

REGION: Uterus. Right ovary. Mind.

WORSE: <u>Emotions</u>: Lively. Chagrin. Social functions. Standing.

# BETTER:

Touch. Pressure. Diversion. Rubbing.

**Fleeting pains**. ...... Love praise. Easily offended. Headache from ear to ear, across vertex. **Glairy** mucus from throat, or leucorrhœa. Shooting from navel into breasts or pelvis. Hollowness in flanks. Bearing down, > rubbing. Cutting in uterus and bladder, > stool. Menses flow when nursing. Glairy leucorrhœa, before and after menses. Leaden heaviness in pelvis.

Related: Asaf. Plat.

# **PAREIRA BRAVA**

**REGION:** Genito-urinary organs. Left side.

BETTER: On hands and knees. **Must get on hands and knees to urinate**; **pains** go into **glans** and thighs. Bursting feeling in bladder or glans. Dysuria. Urine contains thick, stringy, white mucus or **red sand**. Renal colic. Enlarged prostate.

Related: Berb. Med.

# PARIS QUADRIFOLIA

REGION: Head. Spine. Eyes. One side.

WORSE: Thinking.

Eyestrain. Touch.

### BETTER:

Pressure.

Heaviness. Numbness (I). Joints feel broken. Parts feel too big or drawn together. Garrulous loquacity. Weight in nape. Eye-balls seem pulled back (Pul.) or feel too large. Face seems drawn into root of nose. Imaginary bad smells. Hawks up tough, green mucus. As of a ball in throat. Periodical painless hoarseness. Painful skin; objects feel rough. Unilateral coldness or heat.

Related: Bell. Nux-v.

# PETROLEUM

REGION: OCCIPUT. <u>SKIN:</u> Folds. Scalp. Face. Genitals. Mucous membranes. Stomach. Bowels.

WORSE: <u>MOTION:</u> CARS. CARRIAGE. BOAT. <u>Weather:</u> Cold; winter. Changing. Thunder-storms. Eating. Vexation. Cabbage.

# BETTER:

Warm air.

Weak and tremulous; feels sick internally. **Internal itching**. Emaciation, < chest. Dreads open air. ..... Excitable and quick temper. Death seems near. Irresolute. Sense of duality; **Ioses himself**. Worries but don't know why. VERTIGO; **in occiput**. **Occiput**; **aching**; **heavy**.

Inflamed tarsi. Deafness. Moist spots behind ears. **Dryness** in ears, nose, throat, etc. Foul mucus in throat. Hunger, causing nausea; after stool. Aversion to meat. Gastric symptoms, > eating. **Nausea**; **sea and train sickness**. Abdomen inflated; coldness in. **Diarrhœa by day only** (Phyt.); < cabbage; then miserable emptiness. Involuntary urine on rising. Cough at night only or < then; shatters the head, > pressing temples. Cold air oppresses chest. Coldness at heart. Stiff or cracking joints. Limbs go to sleep. Ragged, **chapped hands and fingers**; bleeding; in house-maids. SKIN; **fragile**; **cracks deeply**, < **in angles**, nipples, figer-tips or palms. Psoriasis palmaris. DIRTY, HARD, ROUGH, THICKENED SKIN; like parchment; **it gets raw**, **festers or won't heal**, < in folds. Brown spots. Eruptions having thick, hard, moist or yellow-green crusts; on occiput or genitals, < cold. Eczema. Herpes. Vesicles. **Itching**; orifices; with burning. Cold spots. Chilly, with dry mouth. Hot palms and soles. Sweat in spots; foul on feet or in axillæ.

Complementary: Sep. Related: Grap. Sep.

# PHELLANDRIUM AQUATICUM

#### **REGION:**

Mucous membranes. <u>Right side:</u> Chest. **Mammæ**. Nerves.

#### WORSE:

Air; cold; open. Using eyes.

#### BETTER:

While nursing.

# **Catarrhal symptoms**. Phthisis. ..... **Clang**, **like striking on metal**, **in brain**. Everything tastes sweet. **Expectoration**; **terribly foul**; loose; profuse; smeary; causing dyspnœa. Pain in milk-ducts, into abdomen; on nursing. Pain from (I), border of (r), mamma, to between shoulders. Pains going backward through (r), chest. Sleepy.

Related: Asaf.

# PHOSPHORICUM ACIDUM

REGION: MIND. Nerves. Metabolism. Sexual system. <u>Spine:</u> sensory nerves. Muscles. Bones.

WORSE: <u>DEBILITY from:</u> LOSS OF FLUIDS. Sexual excesses. Fatigue. Fevers. Convalescence. <u>EMOTIONS (chronic):</u> Grief. Chagrin. Mental shock. Unhappy love. Homesickness. Drafts. Cold. Music. Talking.

#### BETTER: Warmth. Short sleep. Stooling.

> Complementary: Chin. Related: Gel.

# PHOSPHORUS

#### **REGION:**

<u>CAVITIES:</u> Head. LUNGS. Heart. <u>CIRCULATION:</u> Blood. BLOOD-VESSELS. Arteries. <u>MUCOUS MEMBRANES:</u> STOMACH. BOWELS. Lungs (lower). <u>NERVES:</u> Brain. Cord. <u>Bones:</u> Jaw; upper. Shin. Spine. Liver.

#### WORSE:

<u>LYING ON:</u> LEFT or painful **side**. BACK. <u>SLIGHT CAUSES:</u> EMOTIONS. Talking. Touch. Odors. Light. <u>COLD:</u> HANDS (in water). Open air. WARM INGESTA. Salt. Puberty. <u>Sexual excesses</u>. <u>Weather:</u> Sudden changes. Windy. Cold. Thunder-storms. Morning and evening. Mental fatigue.

### BETTER:

**Eating**. Sleep. <u>Cold:</u> Food. Water; to face. Rubbing (Magnetic). Sitting up.

Active metabolism. Rapid growth. Insidious onset, gradually increasing debility, ending in severe or rapid disease (Tarn.). Recurring effects, colds, croup, bleedings, etc.

HÆMORRHAGE; vicarious; blood-streaked discharges of ulcers, etc. Decomposition. Polypi. Symptoms due to heart and lung affections. Tall, gracile, nervous and delicate. Phthisical habit. Acidosis. Weak spells; in joints; < exertion. Emptiness; in chest, stomach, etc. Acute senses. Erethistic exhaustion. TIGHTNESS; chest (I), cough, etc. Spots; pains or soreness in. Internal paralysis; throat, rectum, etc. Internal itching, tickling. Throbbings, here and there. Numbness. Jerkings, localised; subsultus. Joints stiff, with little pain. Human barometer. ...... Amative, but excitable and easily irritated. Anxious; fears being alone, twilight, ghosts, thunder-storms, etc. Quickly prostrated by unpleasant impressions. Timid and irresolute. VERTIGO; accompanies many symptoms; floating; on waking; whirling; > stool. Head, heavy, aches over one eye; with hunger; < children; < lying on r. side; > cold. Burning in temple. Cold occiput. Vertex throbs. Dandruff. Bald spots. Lachrymation, in wind. Vision; flashes; halos; red; green; black; > shade; narrow fields of; colored, then migraine. Choroiditis. Retinitis albuminurica. Glaucoma. Ears; echoes or reverberations in; deaf to human voice. Otitis; media. Mastoiditis. Nose; nervous motion of alæ; coryza, flows and stops; on alternate sides; swelled; caries; ulcer, etc. Epistaxis; of youths; then pneumonia; with cough, etc. Sneezing; < odors, smoke, etc. with dyspnœa. Descending nose colds. Sensitive smell. Pale about nose and mouth. Changing, sickly face; hollow eyes, with blue rings. Numb teeth. Gum sore behind central incisors. Palate itches. Abscess of hard palate. Sour taste and eructations. As of cotton or something hanging in throat. CRAVES COLD DRINKS WHICH >, but are VOMITED IN A LITTLE WHILE; after chloroform. Regurgitates ingesta. Waterbrash. Ravenous hunger; nightly; precedes attacks. Craves salt; what is refused when offered. Burning in gullet and stomach, < eating. Pressure above epigastrium. Stomach; EMPTY, HOLLOW FEELING IN; as if hanging down; < emotions; tremor, flutter or rolling over in. Sore spot in epigastrium. Rubs abdomen for >. Stool, like cooked sago; granular; slender; tough; diarrhœic, gray, bluish, watery, pouring out, painless, nervous, involuntary, exhausting. Anus open; prolapsed. Dysentery. Urinates, then weak. Pellicle on urine. Periodical albuminuria. Sexually erethistic, but impotent. Prolonged menses; replaced by smarting leucorrhœa. **Oppressed for breath**; < least motion. Tight, suffocating breathing, < cough. Larynx, raw, sore, furry; pains on speaking. Voice, low, hoarse, < evening; croupy, then bronchitis. Cough; hard, wheezing; dry; violent; painful; tickling; hacking; exhausting; with retching, burning in air-passages or trembling; < change of temperature, before strangers, laughing, exertion or singing. Expectoration; easy, bluish, rusty, salty, foamy or cold. Pneumonia; I. lower lung; secondary, with sopor. Chest full, heavy; stitches (I. upper); pains into throat or r. arm or alternating sides; rattling, < cold drinks. Dry, burnt feeling in chest with cough, at first dry then loose. Heart, pains into r. arm; violent palpitation from least thing; during goitre, etc.; weak; fatty; orgasms to. Left infra-mammary pain. Mammary abscess. Between scapulæ; cramp; burning. Spinal irritation, < heat. Pain forward from I. scapula. Tearing in I. shoulder at night. Burning spot in lumbar region. Numb fingers and toes. Palms burn. Paralyzing stitches in hips; then up back. Pain in tibiæ; periostitis. Ankles, as if to break. Suppressed foot-sweat. Tottery; stumbles easily. Icy cold feet. Toes cramp. Blood red spots. Thin, foul, bloody pus. Pyæmia. Yellow spots on abdomen. Jaundice; as a concomitant. Skin burns on shaving. Fatty cysts. Sleepless; eyes won't stay shut; from internal heat. Sleepy by day, sleepless before midnight. Sleeps in cat naps. Dreams, of fire; lewd. Somnambulism. Congestion to head, lungs, etc. Soft pulse. Coldness in cerebellum; of knees, in bed. Chilly in a warm room; down back. Craves ices, during the chill. Burning heat; local; up back. Hectic. Sweaty; early morning; sticky; without relief. Painless fevers.

> Complementary: Lyc. Sang. Sep. Antidotes: Coff. Nux-v. Related: Caus. Con. Sil.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

### PHYSOSTIGMA VENENOSUM

#### **REGION:**

Spinal motor nerves. Eyes. Muscles. Left side.

#### WORSE:

Change of temperature. **Eyestrain**. Injury. Bathing. Heat and **cold**. Descending. Motion.

#### BETTER:

Lying with head low (Ver-v.). Exerting the will.

Related: Agar. Gel. Nux-v.

# PHYTOLACCA DECANDRA

REGION: <u>Glands:</u> MAMMÆ. Naso-pharynx. Throat. Tonsils. Muscles. <u>Fibrous tissues:</u> NECK. Back. Tendons. Joints. Periosteum. Kidneys.

Tongue (Root). Digestive tract. Right side.

WORSE: Raising up. Motion. Swallowing. Hot drinks. Heat. <u>Cold:</u> Damp. Night. Change of weather.

### **BETTER:**

Lying on abdomen. Cold drinks.

A remedy of long and deep action. SORE, HARD ACHE, all over; sudden; < eyeballs, kidneys, neck, shoulders, back, forearms and below knees. Restlessness. Bluish-red parts, fauces, glands, etc. Spreading pains. Rheumatism; after tonsilitis. Shreddy, stringy secretions; stools, menses, etc. Hard mammary glands. Obesity. ..... Faint on rising. Frontal headache. Head feels beaten sore; < brain. Hot tears. Green vision. Nose seems heavy. Nostrils close alternately. Acrid coryza. Yellowish sickly face. Aching, malar bones. Glands swelled at angle of jaw. Jaws ache, as in mumps. Everted lips. Clenches teeth. Tongue, fiery red at tip; feels burnt or pains at root and into ear on swallowing. Much stringy saliva. White-gray spots on fauces. Mucous patches. THROAT; very sore; very painful swallowing; dark, puffy; burning, as of a stick, hot ball or lump in. Like dark wash leather on tonsil. Tonsilitis. Diphtheria. Hard throb in r. tonsil. Quinsy. Violent retching and vomiting; he would rather die. Continuous urging to stool; even during sleep. Dysentery. Hard ache in kidneys. Dark, red urine; chalky sediment. Albuminuria. Sore spermatic cords. Menstruation, with flow of saliva and tears. Chronic aphonia. Dry, tickling cough. STONY HARD, HEAVY, SWELLED (< left) OR TENDER MAMMÆ, paining during suckling, spreading over whole body; hard nodes in. Mastitis. Nipples cracked; inverted. Heart symptoms go to r. arm. Fatty heart. Neck stiff. Right arm numb and fuzzy. Hips and thighs pain on change of weather. Aching tibiæ. Syphilis. Aching heels, > elevating feet. Bone pains. Dry, harsh skin.

> Complementary: Sil. Related: Bry. Kali-bi. Kali-io. Merc. Rhus-t.

# **PICRICUM ACIDUM**

REGION: <u>Nerves:</u> Brain. Occiput. Cord. Lumbar region. Kidneys. Sexual organs.

WORSE: Exertion; mental or physical. Seminal losses. Heat.

# BETTER:

Rest. Cold. Bandaging. In sun. Related: Gel. Ox-ac. Pho. Pho-ac.

# PLANTAGO MAJOR

REGION: <u>Nerves:</u> Ears. Teeth. Kidneys and bladder.

WORSE: Night. Warm room.

### BETTER:

Sleep. Eating.

Sharp, shifting pains. Soreness. Neuralgia. As of a body between ears; in groins, etc. ...... As if brain turned over. As of a hair before (I), eye. Pains center in ears and teeth or alternate between them. Earache. Saliva flows with the pains. Toothache. Dirty taste. Bowels seem cold. Brown, frothy stools. Polyuria. Enuresis. Throbbing between scapulæ. Cold sweat on sacrum. Numb, tremulous legs. Sensitive skin. Gloomy dreams, exciting tears.

Related: Arn. Fer-p. Pul.

# PLATINA

**REGION:** FEMALE ORGANS. Nerves: Vagus. Sensory. Trifacial.

WORSE: <u>EMOTIONS:</u> Sexual. Coition. Chagrin. TOUCH. Nerve exhaustion.

BETTER: Walking in cool air. Sunshine.

A remedy of pains. For prim old maids. Oversensitive mind and nerves. Violent cramping, squeezing, thrusting or numbing pains, and then spasms. Neuralgia. Many and various ovarian or uterine reflexes. Irregular spasm, congestion of blood or coldness of single parts, eyes, ears, etc. Tremor. Alternate mental and physical or sexual symptoms. Numbness; scalp, face, coccyx, calves, etc. Bandaged feeling. Sticky; tears, stool, menses, etc. ...... Laughs at wrong time. Unkind, abrupt and quarrelsome. Disordered sense of proportion; objects

seem smaller, strange, frightful, etc. Hysteria. Horrors; fears death. CONTEMPT. Hauteur. Proud and erotic (Aur.). Alone, deserted feeling. Mentally < in twilight. Bad humor, yet weeps. Gradually increasing, then slowly lessening headache. Clavus. Tense scalp. Cramp at root of nose. Grimaces. Boring in jaws. Congestion to abdomen. Colic. Hard, black, scant or soft, difficult stools; of tourists; of pregnancy. Crawling itching anus in evening. Painfully sensitive genitals, with itching, tickling or crawling. Dark, thick, profuse menses, with dragging. Heat in ovaries. Ovarian irritation. Vaginismus. Dysmenorrhœa, with shrieks and jerks. Eroticism. Onanism. Spasmodic yawning. Bruised backache, < pressure or bending backward. Knees drawn up and spread apart. Cramp in calves. In sleep wants to uncover entirely.

Related: Cup. Ign. Plb. Stan.

### PLUMBUM METALLICUM

#### **REGION:**

<u>CORD AND NERVES:</u> MUSCLES. ABDOMEN. **Kidneys**. Navel. Blood-vessels. Blood.

#### WORSE:

Clear weather. Open air. **Exertion**. Motion. Company. Grasping smooth objects. Touch.

#### BETTER:

Hard pressure. Rubbing.

Slow, insidious processes, having violent side symptoms; often of very changeable or incoherent character; coming in **single parts**, etc. Paralysis. Atrophied limbs with plump body; paralysed parts < touch. Sensitive to open air. Impulse to stretch. Exaggerates her condition. Retraction; anus, testes, navel, etc. Increasing slowness and apathy. Deep, bluish red sclerotic. Abdomen is drawn into uneven lumps (Ars. Ign.). Abdominal distress that impels her to stretch. Urination slow, yet profuse. VIOLENT CONTRACTION. Retraction. Lightning pains that extort cries. Boring. Cramps (periodical), convulsions or (flaccid) paralysis; with hæmorrhage or hyperæsthesia. Chronic epilepsy, with marked aura. Wasting of single (upper) parts, or of paralysed parts. Sclerosis. Gout. ..... Taciturn. Timid, restless and anxious. Fears assassins. Physical labor exhausts the mind. Stupidity. Melancholy. Delirium; nocturnal; alternating with colic or pains in limbs. Twitching of r. face. Yellow sclerotic and inside of mouth. Trembling tongue. Sticky saliva. Sweet taste. Aphthæ. Dysphagia. Foul or fecal eructations. NAVEL FEELS RETRACTED. Colic; accompanies many symptoms. Radiating abdominal pains, or **boring**, or as if forced through a narrow place. Tense abdomen. Hernia at navel. Anus feels drawn up, or painfully contracted. Stool, granular; of hard, black balls, like sheep dung; passed with an urging cramp. Stubborn constipation or colics of infants. Retracted testes. Pollutions. Bluish, red spots. Dry oversensitive skin. Dry, burning ulcers. Takes odd positions during sleep. Wiry pulse. Coldness from exertion. General cold sweat during stool. Feet cold, when walking only.

> Complementary: Rhus-t. Thallium. Related: Op.

# PODOPHYLLUM PELTATUM

**REGION:** <u>Liver:</u> **Duodenum**. Intestines. RECTUM. Right side: Ovary. Scapula. Throat.

WORSE: EARLY MORNING. Eating. Hot weather. Dentition. Drinking. Motion. Mercury.

### BETTER:

Stroking liver. Lying on abdomen.

Complementary: Nat-m. Related: Alo. Chin. **Merc**.

# POLYGONUM SAGITTATUM

**REGION:** Genito-urinary organs. **Intestines**.

#### WORSE: Cold. Dampness.

# **PRUNUS SPINOSA**

**REGION:** <u>Nerves:</u> Respiratory. Orbital. Bladder.

### WORSE:

Stooping. Ascending.

**Pains causing** SHORT BREATH, shooting or pressing **outward**; lightning like; wandering. Neuralgia. Cramp. Nerve paralysis. Compensatory effects. ...... Pains from forehead (r), to occiput. **Bursting in eyeballs**. Eyes feel pressed apart. Teeth feel pulled out. Cramp in bladder; he doubles up to urinate (reverse-Alu.); urine reaches glans and then goes back again. Strangury. Glans pains on urinating. Pulsating pudendum. Leucorrhœa; watery, purulent and acrid. **Dropsy**; cardiac; of feet. Air hunger. As of a lump below I. scapula. Heart disease. Night-sweat.

Related: Laur.

### **PSORINUM**

REGION: <u>SKIN</u>: FOLDS OF. Sebaceous glands. EARS. BOWELS. Respiration. Right side.

#### WORSE:

<u>COLD:</u> Open air. Washing. Weather; stormy; changing. Winter. <u>Heat:</u> Of bed. Exertion. Woolens. SUPPRESSIONS. Yearly. Contact of his own limbs.

### BETTER:

Lying with head low, or quietly. Eating. Washing. Nosebleed. Hard pressure. Profuse sweating.

Feels sick all over. Lack of reaction, in chronic diseases. After-effects of infectious diseases, lasting for years. Enfeebled. RECURRENCE. Clears up confused cases. Migraine. Quinsy. FOUL; discharges; stools; eruptions; sweat; stubborn footsweat; odor of body. Thick secretions. Weak, tender and thin, easily chilled; takes cold; clothing seems large or he feels pushed down. Joints seem loose. HUNGRY or unusually well BEFORE AN ATTACK; but

Complementary: Sep. Sul. Tub. Related: Grap. Mang. **Pho**. Sul.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

# **ROBINIA PSEUDO-ACACIA**

**REGION:** Secretions. Stomach.

WORSE: Eating. Night. Fats.

Acridity; sour taste; sour stomach; acid belching; vomitus so sour it sets the teeth on edge or dulls them. Acid dyspepsia. Waterbrash. Burning in stomach and between scapulæ. Squeezing in stomach. Sick headache.

Related: Iris. Mag-c.

### **RUMEX CRISPUS**

REGION: <u>Mucous membranes</u>: Larynx. Trachea. THROAT-PIT. Bowels. Nerves. Skin. Left side; chest. Joints. Ankles.

WORSE: <u>COOL AIR:</u> INHALING. Open air. Raw changes. Uncovering. Night. Pressure; on trachea.

**BETTER: Covering mouth**. Wrapping up.

raising arm. **Right scapula**. Spasmodic cramps in ankles and feet. Skin itches if exposed to air. Acne vulgaris on back. Sudden sleepiness.

Related: Caus. Seneg.

# **RUTA GRAVEOLENS**

REGION: <u>Fibrous tissues:</u> EYES. Flexor tendons. Joints. Wrists and ankles. Back (lumbar). Cartilages. Periosteum. Uterus. Skin.

WORSE:

<u>Over-exertion:</u> EYE-STRAIN. Injury. **Sprains**. <u>COLD:</u> **Air**. Wind. **Damp**. Wet. LYING. SITTING. **Pressure on an edge**.

#### BETTER:

Lying on back. Warmth. Motion.

> Complementary: **Calc-p**. Related: Arn. Phyt. Ran-sc. Symp.

# SABADILLA OFFICINARUM

REGION: <u>MUCOUS MEMBRANES:</u> NOSE. ANUS. Digestive tract. NERVES. Lachrymal glands. Throat.

WORSE: COLD; air; drinks. <u>PERIODICALLY:</u> Same hour. Forenoon. New and full moon. Odors. Undeveloped exanthema. BETTER: Open air. Heat. Eating. Swallowing.

Related: Ars. Pul. Urt-u.

# SABAL SERRULATA

#### **REGION:**

<u>Genito-urinary organs:</u> **Prostate. Ovaries**. Mammæ. **Bladder**. Urethra. Mucous membranes.

### WORSE:

Women and **old men.** <u>Weather:</u> Cold, Damp. Cloudy. Sympathy.

Sharp, **stinging pains** in urethra. **Debility**. ...... Voices seem distant. Abdominal pains into thighs. Irritable bladder and urethra. Strangury. Enuresis. Limy urinary sediment. Testes drawn up. **Enlarged** or congested **prostate**; senile. Painful erection or emission of semen. Ovarian pains. Vulva feels open. **Coldness in genitals.** Absent sexual passion; with nervous irritability. Mammæ sore, tender and full, or small; < cold bath. Backache from coition.

Related: Sep. Sil.

# SABINA

**REGION:** <u>FEMALE PELVIC ORGANS:</u> UTERUS. Rectum. **Nerves**. <u>Fibrous and serous tissues:</u> Small joints. Heels.

WORSE: Nightly. <u>HEAT:</u> Bed. Room. Exercise. Pregnancy. Climacteric. Foggy weather.

### BETTER:

Cold. Cool, open air.

> Complementary: Thu. Related: Caul. Pul.

# SAMBUCUS NIGRA

#### **REGION:**

Respiratory organs. **Respiration**. Kidneys. Skin.

#### WORSE:

Dry, cold air. Cold drinks, while heated. Head low.

#### BETTER:

Pressure over a sharp edge. Motion. Wrapping up.

Related: Bell. Brom.

# SANGUINARIA CANADENSIS

REGION: <u>RIGHT SIDE:</u> Head. LIVER. Chest. Deltoid. VASO-MOTORS. Capillaries. Mucous membranes. Stomach.

WORSE:

Periodically: WITH SUN. Weekly. Night. Climaxis. Odors. Jar. Light. Raising arms. Looking up.

### BETTER:

SLEEP. Lying on back. Vomiting. Cool air. Passing flatus.

Redness; abdominal; tongue, etc. BURNING HEAT AND EBULLITIONS. Dry mucous membranes. Burnt feeling; tongue. Burning; in throat; under sternum; spot or stitches in chest; palms and soles, etc. General pulsation. Congestion; to head, abdomen, chest, etc. Symptoms ascend, or end in bilious vomiting. Migraine. Internal rawness. Acrid, blood-streaked or foul discharges. Lies on back with head elevated. ..... Irritable and bilious. Grumbling. Borrows trouble. Pain over r. eye or ASCENDS FROM OCCIPUT TO OVER R. EYE, > free urination. Sun pains. Swelled temporal veins. Pain at root of nose. Coryza; stopped, then diarrhœa. Sensitive to odors. Red, burning cheeks. Hectic spot. Full and tender behind angle of jaw. Anterior tongue looks red, like raw beef. Palate feels scalded. Sorethroat (r); pains to ear and chest. Craves spices. Averse to butter. Nausea, < sneezing or blowing nose, > eating. Tension in epigastrium. Stomach pains to r. shoulder. Bilious or gushing stools. Acrid leucorrhœa. Larynx full and dry; in singers. Coughs; raises foul air, tough, bloody plugs or purulent sputum, or passes flatus; dry, tickling - behind sternum, in evening. Pneumonia. Phthisis. Itching axillæ, < before menses. Cutting, stiff r. deltoid, < raising or turning arm. Omodynia; < night. Wrinkled palms. Dry skin; of jaundice. Polypi. Pain in bones near surface. Flushes of heat, rising into face and head; with headache. Burning, scanty sweat. General pulsation. Heat of palms and soles, < covers.

Complementary: Ant-t. Pho.

# SANICULA AQUA

REGION: Nutrition. Female organs. Neck. Rectum. Skin.

WORSE: <u>Motion</u>: Downward. Of hands behind him. <u>Cold wind on</u>: Occiput or neck.

# SARSAPARILLA

### **REGION:**

Genito-urinary organs. Skin. Right side; lower.

### WORSE:

At close of micturition. Spring. Cold wet. Mercury. Night. Suppressed gonorrhœa. Yawning.

### BETTER:

Uncovering neck or chest. Standing.

> Antidotes: Bell. Merc. Complementary: Sep. Related: Calc-c. Petr.

Copyright © Médi-T 1999

<u>Main</u>

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

# **SCILLA MARITIMA**

REGION: <u>MEMBRANES:</u> MUCOUS. Serous. Kidneys. Heart. Spleen.

WORSE: Early morning. Motion. Uncovering. Old people.

> Complementary: Ant-c. Related: Ars.

# **SCOPARIUS GENISTA**

(See Genista Scoparia)

# SCUTELLARIA LATERIFLORA

High strung neurotic women. Sleepless from nervous excitement.

# SECALE CORNUTUM

REGION: <u>Muscles:</u> BLOOD-VESSELS. UTERUS. BLOOD. Nerves. Cord. Limbs.

WORSE: WARMTH.

During menses. Pregnancy. Loss of fluids. COVERS.

### BETTER:

Cold; bathing. Uncovering. Rocking. Forcible extension.

Dusky, scrawny and heamorrhagic. Numbness, insufferable tingling, crawling, twitching, gnawing or cramping; with stiffness; in single parts; starting in face or back; in limbs; in fingertips; after the pains, etc. Burnings; here and there, like fire. Dark, thin, foul or exhausting discharges. Decomposition. Petechiæ. Varicoses. Passive bleedings or discharges. Contracted arterioles. Tonic spasm. ...... Mental weakness after spasms. Fear, depressed by; maniacal. Sparks before eyes. Distorted or sunken countenance; blue rings under eyes. Wild look. Thirst; craves acids. Empty retching. Empty feeling in hypogastrium. Wants abdomen uncovered. Gushing, painless, watery, olive-green or bloody stools; with collapse. Bloody urine. Everything seems loose and open. Senile enuresis. Inert uterus, or bearing down with coldness. Contracted uterus; hour-glass contraction. Miscarriage. Green lochia. Septic placenta. Metritis. Gangrene of female organs. Leucorrhœa; brown, foul; continuous. Pains through chest on pressing spine. Cold limbs. Bluish fingers and toes. Cramps in hands, legs and feet. Fingers spread apart; bent backward or clenched; look water soaked. Boils with green pus. Blood blisters. Cold, dry, wrinkled or bluish skin, < over affected part. Raynaud's disease. Foul, indolent ulcers. Twitching tremor or quiver in skin. EXTERNALLY, ICY COLD, YET BURNING HOT INTERNALLY; OBJECTS TO BEING COVERED, < ABDOMEN. Heat, as of sparks on skin. Erysipelas. Cold or foul sweat; destroying shoes.

> Antidote: Solan-n. Related: Nux-m. Ust.

# SELENIUM METALLICUM

**REGION:** <u>Nerves:</u> GENITO-URINARY ORGANS. Supra-orbital (L). LARYNX. Liver.

WORSE: <u>Debilitating causes</u>: Hot days. Sexual excesses. Loss of sleep. Singing. Drafts. After sleep. Tea. Lemonade.

**BETTER:** After sunset. Inhaling cool air.

**Easily debilitated;** by heat of sun; a little mental or physical exertion makes him sleepy. Senility. **Emaciation**; of single parts, face, hands, etc. Cramp, then stiffness. Bitings. ..... Loquacity. Sadness. Frets when awake and dreams of it as he falls asleep. Nervous headaches. Scalp feels gathered together. Falling hair, < eyebrows; don't want hair touched. Ache over I. eye; < tea. Coryza, ending in diarrhœa. Thirstless. Craves stimulants, tea, etc. Sharp stitches in or rash over liver. Abdominal pulsation; hinders sleep. Very large stools. Coarse sand in urine. **Lascivious**, but impotent. Urine and semen dribble. **Easy loss of semen**; at stool, etc. Watery semen. Chronic gleet. VOICE HOARSE, as soon as he sings; affected by every cold; rattles. Nodes in vocal cords. Hawks up clear mucus. Sudden sciatic pains (I), leave soreness behind. Oily skin; itches in folds or about ankles. Skin remains moist after scratching. Burning spots. Acne. Imagines drafts of air. **Sweat**, profuse, yellow; **leaves a salty deposit**, stiffens the linen or makes the hair stiff and wiry; < genitals.

Related: Nat-m. Sul.

# **SENECIO AUREUS**

#### **REGION:**

FEMALE: GENITO-URINARY ORGANS. Bladder. MUCOUS GLANDS. Nose. Lungs. Lumbar spine.

#### WORSE:

Puberty. Sexual excitement. Dampness. Cold. Open air.

#### BETTER:

Menstruation.

### SENEGA

**REGION:** <u>MUCOUS and serous membranes:</u> CHEST. **Eyes**. Nose. Bladder. Muscles. Left side.

WORSE: <u>Air:</u> Open. Wind. Inhaling cold. Rest. Pressure. **Touch**. Looking fixedly.

#### BETTER:

Motion; in open air. Bending head back.

Related: Caus. Hep.

# SEPIA OFFICINALIS

REGION: <u>Venous circulation:</u> Digestive tract. Portal system. FEMALE PELVIC ORGANS. Nerves. Skin.

WORSE: <u>COLD:</u> AIR; North wind. Wet. Snowy. Sexual excesses. Before menses. Pregnancy. Abortion. Morning and evening. After first sleep.

BETTER: VIOLENT MOTION. Warmth. Cold drinks.

mucus or foul, cheesy grains in A.M. Taste cheesy, fishy or bitter-sour. Ascending throat colds. Eructates tough, foamy mucus. Nausea at tought or smell of food; in A.M. Vomits; solids only; milky. Gnawing hunger. Craves acids. FAINT SINKING AT EPIGASTRIUM, not > eating, or a lump in. Griping in gall-bladder, < stooping. Falling out or heavy bearing down feeling in hypogastrium; holds it or crosses legs. Pot belly. Stool, then gelatinous mucus. Diarrhea, from boiled milk. Rectum constricted and powerless; no urging for days. Obstipation. As of a ball in anus. Piles, prolapsing; sticking; of pregnancy. Oozing from anus. Slow urination; cutting before. Enuresis, during first sleep; < coughing, sneezing, etc. THICK, FOUL URINE; ADHERENT, RED, SANDY SEDIMENT, or white, gritty. Menses absent; at puberty; after weaning, etc. Grasping, burning or sticking in uterus (os). Sub-involution. WEAK, DRAGGING OR BEARING DOWN FEELING; must sit close or hold parts. Tends to abort. Labia swelled; abscessed. Leucorrhœa; in large lumps; foul; gonorrhœal. Stomach cough; < rapid change of temperature; with foul sputum. Circulation, irregular; seems to stagnate. Palpitation; visible; ascends to occiput. General pulsation. Ebullitions at night. Overful blood-vessels. Collar feels tight. Aching; inter-scapular; LUMBAR-paralytic-wants it pressed. Purple hands. Cold knees or heels. Skin blotched; raw, rough, hard or cracked, < flexures. Herpes. Ringworm. Itching vesicules. Boils in axillæ. Thick crust on elbows. Ulcers, on small joints. Epithelioma of eyelids, lips, etc. Skin; wine colored. Spots on the skin. Loud talking in sleep. Dreams if lies on I. side. Easily chilled. Chilly, with air-hunger. Cold; in spots; on vertex; between scapulæ; feet, in bed. Sudden weakness; then anxious, hot flushes. Hot hands, with cold feet or vice versa. Sweat, easy; with orgasms; on genitals, axillæ or back. Irregular fevers.

Complementary: Nat-m. Pho. Related: Caus. Gel. Lil-t. Nat-m. Pul.

# SILICA

REGION: NUTRITION. Children. <u>Tissues:</u> Elastic. Cellular. NERVES. GLANDS. <u>Tubes:</u> Eustachian. Tear ducts, etc. Fistulæ. Bones. Cartilage. Mucous membranes. Skin.

#### WORSE:

<u>COLD CHANGES:</u> AIR. DRAFTS. **Damp**. Uncovering. Bathing. Checked sweat, < **feet**. <u>Sensitive to</u>: Nervous excitement. Light. Noise. Jarring spine. Change of moon. Night. Mental exertion. Alcohol.

#### BETTER:

<u>WARM:</u> WRAPS; to head. Becoming. Profuse urination.

Cachectic or senile patients. Large head, with wasted body. Fair, clear complexion. KEENLY SENSITIVE; to noise, pain or cold; hugs the stove. Violent sticking pains; localized; in ears, throat, ulcers, etc. Exaggerated reflexes. Contracted sphincters. Spasms. Tendency to easy exhaustion, abnormal sweats and suppuration. Cerebral softening (Phos.). Slow, incomplete processes, then induration. EVERY HURT FESTERS; stubborn suppuration; fistulæ;

abscess; proud flesh; induration; cicatrices, etc. Torpid cellular tissue. Mal-nutrition. Arrested development. Late learning to walk. Swelled, diseased glands. Emaciation. Scrophulo-rachitic diathesis. Parts lain on go to sleep. Ædema in A.M. Extrudes foreign bodies. Mental acuteness, with physical weakness or torpidity. Fidgety. Lacks grit. Slouchy gait. Sullen and stubborn. ASCENDING EFFECTS; violent vertigo; OCCIPITAL PAINS, etc.; > pressure. Headache, then blindness. Migraine. Vertex throbs. Open fontanels, with distended abdomen. Lumps on scalp. Inflamed eyes. Spotted vision. Cataract. Deafness; hears again with a snap. Frothy nasal discharge. Coryza; with epistaxis. Waxy pallor. Enlarged parotids. As of a hair on tongue, in throat, etc. Bitter taste in throat. Abscess at roots of teeth. Hawks down foul lumps. Averse to hot food. Averse to mother's milk; vomits it. Big, hard or hot belly; with thin legs. Rectum; cutting; cramping; paining into testes; < coition. Stools; receding; < menses; retained, for fear of pain. Fissure ani. Foul urethral discharge. Itching, moist spots on scrotum. Hydrocele. Cutting upward in vagina, < urinating. Nursing < utering flow. Biting, gushing leucorrhœa. Itching vulva. Retching, shaking, gagging cough; < cold drinks. Respiration difficult from draft on neck. Profuse, foul, lumpy sputum. Rattling in chest. Sore, retracted nipples. Nodes or fistulæ in mammæ. Sharp pains in breasts and uterus. Axillary glands swelled. Fingertips painful; dry. Panaris. Weak ankles. FOOT-SWEAT; FOUL; itching; acrid, destroying shoes; suppressed. Sore ache in arch of foot. Distorted, ingrown nails. Bunions. Soggy, wilted skin. Acuminate eruptions. Carbuncle. Ulcers; painfully sensitive; foul; spongy; on feet, toes; at nails; > heat. Osteitis. Somnambulism. Frightful dreams, wake him on failing to sleep. CHILLY; < lying in bed, exertion, etc. Coldness of painful part. Icy chills. Hectic. SWEAT; profuse; on upper parts; head, or affected parts; at night; foul; easy; acrid.

> Follows: Calc-c. or Hepar. Complementary: **Flu-ac.** Pho. Thu. Related: Calc-c. Hep. Kali-p.

# SOLIDAGO VIRGA AUREA

#### **REGION:**

KIDNEYS. Digestive tract. Lower limbs. Blood.

#### WORSE:

Pressure.

#### BETTER:

Profuse urine.

### SPIGELIA ANTHELMIA

**REGION:** <u>NERVES:</u> TRIFACIAL. HEART. **Neck**. Fibrous tissue. EYES. Teeth. LEFT SIDE.

#### WORSE:

TOUCH. MOTION. Jar. Periodically; with the sun. Tobacco. Coition. Raising arms.

### BETTER:

Lying on R. side, with head high.

> Follows: Aco. Complementary: Spo. Related: Cact.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

# SPONGIA TOSTA

#### **REGION:**

HEART; valves. Larynx. Trachea. Glands.

#### WORSE:

DRY, COLD Wind. Roused from sleep. Exertion. Raising arms. Before 12 P.M.

#### BETTER:

Lying with head low. Eating a little.

> Follows: Cact. Related: Iod. Led.

# STANNUM METALLICUM

# **REGION:**

NERVES. MUCOUS MEMBRANES. CHEST. FEMALE ORGANS.

WORSE: Using voice. Cold.

10 A.M. <u>MOTION:</u> After. Gentle. Lying on right side. Ascending steps.

### BETTER:

Rapid motion. Hard pressure; over an edge. Expectoration.

> Antidotes: Hep. Pul. Related: Lach. Nat-m.

# STAPHYSAGRIA

REGION: NERVES. TEETH. Genito-urinary organs. Fibrous tissues: Eyelids. Tarsi. Skin. Glands. Right deltoid.

WORSE: <u>Emotions:</u> Chagrin. Vexation. Indignation. Quarrels. Sexual excesses. Onanism. Touch. Cold drinks. Lacerations. Stretching parts. Mercury. Night.

**BETTER:** Warmth.

Rest. Break-fast.

 things. Poor memory. Hypochondriasis. Sexually minded; unsatisfied urge; widows. Sheepish; sensitive mentally and physically. Imagines insults. Irritable, nervous, excitable and violent. Brain feels torn. Compressive, stupefying headache. As of a heavy load in forehead. Moist, foul, eroding milk-crust; < occiput. Dryness in eyes. Nodes in lids. Styes. Blepharitis. Sickly, peaked and hollow-eyed. Neuralgia, from caries; pains go to eyes. Coryza, now thick, now thin; ulcerating. Swelled sub-mental gland; abscess. Pale, bleeding gums. Loose, aching, black, crumbling teeth; < eating and during menses; > hard pressure and heat. Pyorrhœa. Musty taste. Hungry; craves milk. Colic; flatulent; ovarian; < coition. Dysentery. Irritable bladder. Urinates a slender stream. Trickling or burning along posterior urethra; < after walking or riding, > urinating. Priapism. Prostatitis. Dysuria; of brides; in pregnancy (Pop-t.). Itching or sensitive vulva. Pains from ovaries into thighs. Salpingitis. Crural neuralgia. Tight chest, at close of coition. Cough, < cleaning teeth or alternating with sciatica. Violent vawning; brings tears; after headache. Pains that precede shingles. Backache; in bed in A.M. Fine tearing in or numb fingertips. Nodes on finger joints. Skin symptoms, alternate with joints pains. Weak knees. Biting itching; as of vermin; changing place on scratching. LACERATED WOUNDS; < sphincters; perineum, etc.; stitch pains. Amorous dreams, with pollutions. Sweat and flatus smell like bad eggs.

> Complementary: Colo. Related: Cham. Merc.

# **STICTA PULMONARIA**

REGION: Nerves. Membranes: Nose. Chest. Bronchi. Joints. Shoulder (R).

#### WORSE:

Night. Lying down. Motion. Change of temperature.

#### **BETTER:**

Free discharges. Open air.

Related: Cetrar. Elap. Guai. Sang. Thu.

# **STRAMONIUM**

REGION: BRAIN. <u>Circulation:</u> Throat. Skin. Spinal nerves: Arms. Hip (L). Genitals.

WORSE: Glistening objects. Fright. AFTER SLEEP. Dark, cloudy days. Suppression. Intemperance.

BETTER: LIGHT. Company. Warmth.

A remedy of TERRORS, BUT LACKING IN PAIN; with suppressed excretions (Ver-a.), passing neither urine nor stool (Led.). Very mobile states. Tremor; nervous. Disorderly, graceful or rhythmic motions (Elap.), < head or arms. Chorea. Spasms, < night. ..... DREADS DARKNESS, and has a horror of glistening objects. Fearful, desires company or wants to escape. Active, variable delirium; talks incessantly; sees many, vividly brilliant or hideous phantoms, more to one side. Wildly excited, as in night terrors or delirium tremens, or does all sorts of crazy things. Raving mania, with cold sweat, cursing and praying. Religious insanity. The talk of others is intolerable. Self accusation. Loss of reason or speech. Stupid. Imbecile. Vertigo, < in dark. Jerks head up and drops it again. Fixed sparkling stare. Squint. Diplopia. Night blindness. Green vision. Crowding, visual hallucinations. Sees black. Delusions as to size and distance. Red, bloated or rapidly changing face; now flushed, now pale; a sardonic grin, then expresses terror. Frowning. Fine red dots on tongue. Stammering. Constantly spits saliva. Dry throat, with great thirst, yet dreads water; it chokes him. Hydrophobia. Putrid, dark, painless, involuntary diarrhœa. Sexual excitement (in males). Excessive menses, preceded by sexual excitement. Grasps the genitals. Nymphomania. Spasmodic cough. Spasm of larynx. Voice suddenly fails, in higher tones. Nervous asthma. Drawing in back. Sensitive spine. Violent pain in hip. Unilateral paralysis, with twitchings. Crawlings, as of many bugs. Non-appearing exanthema. Fiery scarlatinous rash. Sopor. Weeping, in dreams. Awakes in fear or screaming. Frightful visions.

Antidotes: Cof. Nux-v. Related: Bell. Hyo. Op.

# STRONTIUM CARBONICUM

REGION: <u>Vaso-motors:</u> Circulation. Heart. Kidneys. Marrow. Ankles. Right side.

WORSE: COLD; changes. Uncovering. Walking. Sprains. Bleedings. Evening.

BETTER: Heat and light: Sun. Wraps. Baths.

### Itching.

Related: Calc-c. Rhus-t.

# **STROPHANTHUS HISPIDUS**

#### **REGION:**

HEART; circulation. Stomach. Kidneys.

# WORSE:

Exertion. Alcohol. Tobacco. Tea.

Related: Apoc. Glo. Ign. Spi.

### SULFUR

REGION: <u>CIRCULATION:</u> VENOUS. Portal. Abdomen. NUTRITIVE ORGANS. <u>MEMBRANES:</u> Mucous. Serous. Rectum. Chest. SKIN; folds. VERTEX. SOLES. Joints. Glands. WORSE: SUPPRESSIONS. BATHING. Milk. <u>HEATED:</u> EXERTION. IN BED, by woolens, etc. Atmospheric changes. Speaking. <u>Periodically:</u> 11 A.M. Climacteric. Full moon (Cina. Sil.).

#### BETTER:

Open air. Motion. Warm applications. Sweating. Dry heat.

STOOPED, LANK, UNCURED, UNTIDY AND UNWASHED. Emaciation; with good appetite. Atrophy of children. Psora. Scrofula. Rheumatism. DEFICIENT REACTION; effusion; deposits; slow reabsorption. CHRONICITY. RED ORIFICES, or single parts; lips, tarsi, ears, etc. (Alo.). LOCAL THROBBING, BURNING OR CONGESTION; SOLES; VERTEX; bones; painful spots, etc. ITCHING; parts; discharges cause, etc. Foul, acrid or blood streaked discharges. Weak, faint spells. Empty, overful, rough or asleep feeling. ASCENDING EFFECTS; heats, orgasms, religious, philosophic, etc. Peevish, mean, prying or easily excited. Melancholic. Tired of life. Vertigo; in forehead. VERTEX, throbs, hot, heavy, sore, etc. Nape to vertex; pain, chills, pressure, etc. As of a band about or pain deep in brain. Sunday headache; preceded by photopsies. Hot head, with cold feet. Sweaty scalp. Dry, cold hair. Eyes; burn; cutting, as from sand; bursting in balls; guivering. Halo about light. As of floating soot before. Photophobia. Ophthalmia. Swashing in ears. Nose obstructed on alternate sides; drips; swelled; red, < cold. Catarrhal colds. Epistaxis, < night or lying on r.side. Sensitive smell. Imaginary odors. Swelled veins of forehead. OLD LOOK. Spotted face. Dry, tremulous tongue; red edges and tip. Sensitive dental fangs. Grinds teeth. Nursing sore mouth. Throat; as of a swelling or a vapor rising in; external redness. Eructations, like bad eggs, > eating. Drinks much, eats little. Averse to meat. SUDDENLY HUNGRY AND WEAK; < 11 A.M.; at epigastrium. ABDOMEN SORE, > pressure; heavy, as of a lump; stitches; bearing down, against rectum; congested. Borborygmi. Colicky babies. RECTUM pains; itches; urging in; hæmorrhoidal habitus. Holds stool back from pain. DIARRHŒA; HURRIED, EARLY MORNING (Tub.), changing; mushy; stinking; painless; watery; gray froth; < milk; alternating with constipation. Burning, itching urethra. Hurried or nightly urination. Bed wetting. Testes hang low. Cutting in uterus; < menses. Burning, itching, sore vulva; < sitting. Puerperal sepsis. Acrid, foul menses. SUFFOCATIVE AIR HUNGER. Irregular breathing. Cough; violent, in 2 or 3 incomplete bouts. Deep, hoarse voice; early. Chest; rattling and heat at 11 A.M.; as of a band about or a load on; red; brown spots on. Pain backward from I. nipple. Pneumonia. Heart seems too big. Palpitation, < lying. Nipples crack at base. Sharp burning in mammæ. Neck weak; boils on. Heavy shoulders. Aching between scapulæ. Lumbar pains; to stomach; walks bent; supports weight on hands, when sitting. Coccyx, pains during stools. Numb I. arm, < lying. Palms crack and peel; eczema on; warts on. Numb fingers (r). Tense hamstrings (I). Cramp in calf (I). SOLES BURN; STICKS FEET OUT OF BED, AT NIGHT or are cold in bed; dry. Jerks one limb, on dropping to sleep. SKIN; dry: rough, wrinkled, scaly; ITCHING, violently at night; BREAKS OUT; festers, and won't heal; burning, when scratched; painfully sensitive to air, wind, washing, etc. Eruptions alternate with other complaints, asthma, etc. Crops of boils. Itch. Creeping erysipelas. Rhagades. Eczema. Ulcers. Skin under-nourished. Suppuration with air bubbles. Localised congestions. Hot vertex and soles. Inclined to uncover single parts. Craves fresh air. Drowsy, then migraine. Sleeps in cat naps. Sleepy by day, wakeful at night. Sleep; unrefreshing; sings during. Chills up back. Heat; feels too hot; flushes of; with general throbbing; between scapulæ. Sweat; in axillæ; on hands or feet.

Antidotes: Merc. Pul. Sil.

Complementary: Alo. Calc-c. Sul-io. Related: Psor. Sele. Syph.

# SULFURICUM ACIDUM

### REGION: DIGESTIVE TRACT. blood. Blood-vessels. Left side.

WORSE: Open air. Cold. Spirits. Injuries. ODOR OF COFFEE. Climacteric. Toward evening. Excessive heat or cold.

# BETTER:

Hot drinks. Hands near head.

Moderate temperature.

Complementary: Pul. Related: Ars. Lach. Sep.

SULFUR IODATUM

#### REGION: Tissues. Skin. Glands.

Right side.

Exertion; slight. Heat. Lying on R. side. Before storms. Night.

### BETTER:

Cool air. Standing.

Follows: Sulphur.

Copyright © Médi-T 1999

# A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

# THYROIDINUM

### **REGION:**

HEART. Central nervous system. Right side. Skin.

#### WORSE:

Least: Cold. Exertion.

### BETTER:

Lying on abdomen.

Related: Calc-c. Glo.

# TILIA EUROPÆA

**REGION: Muscles**. Female genitals. Urinary organs.

WORSE: SWEATING. Drafts. After sleep.

Main

Related: Ap. Calc-c. Lil-t.

### **TRILLIUM PENDULUM**

**REGION:** FEMALE SEXUAL ORGANS.

WORSE: Motion. Climaxis.

**BETTER:** Exertion in open air. **Tight bandage**. Bending forward.

**Hæmorrhage**; gushing. ..... As if eyes would fall out, the **bones of hips**, **back or thighs be forced apart**, etc.; with **faintness and sinking** at stomach. Menses every two weeks. Bleeding fibroids. Menorrhagia. Varices of pregnancy.

Complementary: Calc-p. Related: Sabi.

### TUBERCULINUM

REGION: LUNGS. Mind. Head. Occiput. Glands. Larynx.

WORSE:

CLOSE ROOM. **Motion**. **Exertion**. <u>Weather:</u> DAMP (cold); **changing**. Draft. **Awaking**. **Noise**. Mental excitement. Thinking of it. **Pressure of waistband**.

### BETTER:

Cool wind; open air.

choanæ. Sticky mouth. Hawks mucus after eating. Adenoids. **Craves cold milk**, or sweets. Drum belly. Brown, **foul**, watery, explosive stools. Tearing in rectum on coughing. Bed-wetting. Sticky urinary sediment. Menses soon after child bearing. Frightful dysmenorrhœa. AIR HUNGER. Hoarseness, > talking. Dyspnœa, < cough. **Cough**; fits of; with chill and red face; < **evening**; < raising arms. Mucus rattle in chest, without expectoration. Pneumonia; of grippe. Asthma. Sore spot in chest. Heaviness at heart. Tension in nape. **Skin**: **dry**, **harsh**; sensitive, easily tanned; itching in cool air. Brown fingertips. Branny scales. Many enlarged glands. Dreams, frightful, vivid; of shame; awakes in horror. Chilly; yet wants fresh air. Cold feet; < left; in bed. Heat; on cheek of affected side; flushes of; in spots; burning; on genitals; < eating. **Sweat**; easy; cold; clammy; in upper parts; on hands; < coughing. **Clothes feel damp**. Wants covers in all stages.

Complementary: Calc-c. Kali-s. Sep. Related: Pho. Pul. Sep.

# URTICA URENS

REGION: MAMMÆ. Genito-urinary organs. Liver. Spleen.

WORSE: <u>Cool:</u> Moist air. Bathing. Yearly.

Burns. Stings. Snow air (Sep.).

Related: Form. Nat-m. Ocim.

### **USTILAGO MAIDIS**

REGION: Epithelium: Skin. Hair. Nails. Female sexual organs.

### WORSE:

Climacteric. Touch. Motion.

Tumid tissues, tending to **bleed slowly**. **Dark hæmorrhage**. **As of a knot**; in throat, bowels, uterus, etc. ...... Depression. Loss of hair and nails. Sticky secretion matting the hair. Milk crust. Masturbation. Menses half liquid, half clots or stringy; vicarious. The uterus seeps

dark, clotted blood. Spongy cervix. Metrorrhagia. Acute ovarian pain. Burning in r. ovary; soreness in I. and of uterus; pains shoot down thighs. Foul, yellow or brown leucorrhœa. Pain under I. breast. Dry, hot skin.

Related: Asaf. Bov. Sec-c.

# VALERIANA OFFICINALIS

REGION: <u>NERVES:</u> Spinal. Genito-urinary. Mind. <u>Muscles, etc.:</u> Calf. Heels. Tendo Achilles.

WORSE: REST. STANDING. Excitement. Evening.

### **BETTER: Changing position**. Walking about.

Rubbing.

Related: Asaf. Ign. Pul.

# VARIOLINUM

REGION: BLOOD. Spine. Muscles. Metabolism.

WORSE: Motion. Vaccination.

palms. **Pustular eruptions**; foul. Smallpox. Shingles and pains that follow. Ulcers look scooped out. As of cold water trickling down back. Violent chill. Intense burning fever. Foul sweat.

Related: Ant-t. Cimi. Maland.

### VERATRUM ALBUM

#### **REGION:**

<u>NERVES:</u> ABDOMINAL. Heart. Blood-vessels. Vertex. Blood. Respiratory and digestive systems.

#### WORSE:

EXERTION. DRINKING. Cold drinks. Fright. During pain. Wet cold.

### BETTER:

Hot drinks. Walking about. Covering. Lying.

VIOLENT EFFECTS; PROFOUND PROSTRATION, COLD SWEAT ON FOREHEAD, FAINTNESS OR COLLAPSE. SUDDEN, EXCESSIVE EVACUATIONS. Cramps; in chest, bowels, fingers, toes, etc.; with rigidity. Progressive weakness and emaciation; in acute diseases, eq., whooping cough, ague, etc. ..... Delirium; early; with violence, loguacity or lewdness; during pain. Prays, curses and howls in turn. Acute manias, insanities, etc. Remorse. Loss of ideation. Sits in silence. Melancholia. Overpowering headache. Hair bristles; painful. Face; deathly pale on rising; bluish, pinched or distorted; frowning; terrified look. Red I. cheek, as if burnt. Jaws cramp on chewing. Heaviness in teeth. Burning thirst. Craves ice water or sour drinks. Vomits or eructates froth. EXCESSIVE VOMITING, WITH PURGING; violent retching, cutting colic, cramps in limbs and rapid prostration. Cholera; morbus, infantum, etc. Painful epigastrium. Watery, green, odorless or colorless (rice water) stool, or in large masses. Nymphomania. The air seems too hot. Dyspnœa. Tickling down throat, into lungs. Continuous, violent cough; with retching; < cold drinks. Neglected pertussis, with complications. Aphonia. Heart; cuttings at; weak; visible palpitation. Fine burnings, in arms; r. to left. Cramps in calves; during stool (Ap. Sec-c.); between scapulæ, etc. > motion. Skin feels scorched. Awakes at night trembling. Thready pulse. GENERAL COLDNESS (icy); on vertex; of nose; in mouth; of waterbrash; limbs, sweat, etc. Blood seems to run cold or internal heat with cold (wrinkled) surface. Fevers showing external coldness only. Congestive chill.

Complementary: Carb-v. Related: Ars. Cam. Cup. Cyanides. Tab.

## **VERATRUM VIRIDE**

REGION: Vaso-motors: MEDULLA. Occiput. CHEST. Stomach. Heart. Capillaries.

### WORSE: RAISING UP. Motion. Cold. Lying on back.

Puerperal states.

### BETTER:

Rubbing. Lying with **head low**. Eating.

SUDDEN VIOLENT CONGESTION; cerebellar or thoracic; with nausea and vomiting, weakness, staggering, etc. Markedly uneasy. Trembling here and there during sleep, as if on the verge of convulsions. Muscle prostration. General pulsation. Erratic motions. Spasms; with twitchings, shrieks or opisthotonos; before or after menses; as a prodrome. Eclampsia. Uræmia. Burnings; in places; tongue, pharynx, gullet; of skin, which is cold; with prickling. Lies with head low. ..... Loquacity. Mania; puerperal. Delirium, with wild staring eyes and restless hands. Carphology. Head, thrown back; nodding or rolling motions; throbs on raising up; aches on vertex and between eyes. Pains up occiput, with dim vision and dilated pupils. Vision, of red spots; purple, on closing eyes. Deafness, < quick motion. LIVID, TURGID FACE, BUT BECOMES FAINT ON SITTING UP. Apoplexy. Heat stroke. Tension across malar bones. Chewing motions. Red or dry streak down center of tongue. Foul breath. Nausea, with vomiting and purging. Vomiting; violent, without nausea. Hiccough. Œsophagitis. Stomach seems to press against spine. Gastritis. Abdomen aches; cutting at navel. Slow, heavy breathing; as of a weight on chest. Dyspnœa. Violent cough from very start. Pneumonia. Dull, burning ache at heart. Aching neck and shoulders. Vesicles on hands. Cramps in feet, dorsæ, soles, etc. Dreams of water. Full, large, soft pulse or slow, with strong or violent heart beat. Hyperpyrexia or rapidly oscillating temperature; with sweat. Sepsis. Burning in chest. Clothes feel damp. Cold, clammy sweat. Cerebro-spinal fever.

Related: Aco. Gel.

# VERBASCUM THAPSUS

### **REGION:**

<u>Nerves (facial)</u>: Orbits. Ears. Zygomæ. Respiratory tract. Bladder. Left side.

### WORSE:

Drafts. Change of temperature. With every cold. 9 A.M. to 4 P.M. Twice a day, at **same hour**. Talking.

### BETTER:

Deep inspiration (Osm.).

Spasmodic catarrhal or neuralgic effects. Earache. Coryza; with tears (Euphr.). **Cramping**, **squeezing**, **crushing**, **paralyzing faceache**; in malar bones. As of a lump at navel. Piles. Enuresis; < coughing; nightly. Deep, hollow, bellowing or trumpet toned cough. Cough; without

waking; nervous; > deep breathing. **Hoarseness**.

Related: Aco. Plat. Sep.

# VIBURNUM OPULUS

REGION: FEMALE ORGANS. Nerves. Left side.

WORSE: Fright. Before menses. Cold; snow air. Lying on L. side.

BETTER: Rest. Pressure. Open air.

Related: Caul. Pul. Sep.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

### **VINCA MINOR**

**REGION:** Skin. Hair.

WORSE: After swallowing.

Weak and faint, as if to die. ..... Foul, matted hair. Cutting in lower œsophagus. Menorrhagia; blood flows and flows, with weakness. Weeping eczema intermingled with foul, thick crusts.

Related: Ustil.

# **VIOLA ODORATA**

REGION: <u>Nerves:</u> Eyes. Ears. Vision. Wrists (R). Skin.

WORSE:

Cloudy weather. Cool air. Music. Puberty.

**Tension**. Nervous activity, then sudden exhaustion. Combined **eye**, **ear and kidney** or worm symptoms. ...... Pain over brows. Pain I. eye to vertex, < cough. Cramp in eyes. Otorrhœa. Craves meat. Itching at anus. Milky urine. Enuresis. Weight on chest. **Dry skin**, **with moist palms**. Cold shoulders.

Related: Pul. Spi.

# **VIOLA TRICOLOR**

REGION: Skin. Scalp. Urinary organs.

WORSE: Pressing on opposite side.

Suppressed eczema.

Cracked, gummy crusts on scalp, exuding profuse, tenacious, yellow fluid, matting hair together; with swelled cervical glands. Milk crust. Eczema. Urine smells like cat's urine; involuntary in bed. Emissions, with vivid dreams.

Related: Rhus-t.

# **VIPERA TORVA**

REGION: VEINS. Blood.

WORSE: LETTING LIMB HANG DOWN. Cold. Yearly. Touch.

Bursting feeling. Hæmorrhagic tendency. ...... Epistaxis. Excruciating pain at epigastrium. Enlarged liver. Fulness and unbearable pain, as if limb would burst; must elevate parts; sits with feet high. Cramps in or blue lower limbs. Varicose veins or ulcers. Phlebitis. Goitre.

Related: Elap.

### VISCUM ALBUM

**REGION:** 

Female sexual organs. Nerves.

### WORSE:

Becoming chilled while hot.

Vertigo; persists after epileptic attack. **Vertex**; sudden throbbings in. Sore about waist. Milky urine. Bronchial asthma. Blood won't clot and wounds won't heal.

Related: Bufo.

## XANTHOXYLUM FRAXINEUM

### **REGION:**

Nerves. Respiration. Female sexual organs. Left side.

WORSE: Sleeping. Dampness.

# BETTER:

Vomiting.

Grinding, shooting, radiating pains. Numb I. side. ...... Nervousness. Head threatens to fly to pieces. Throat feels like a hollow cavern. Violent, **agonizing**, grinding **dysmenorrhœal pains**, not > in any position; pains go into thighs or radiate over whole body, even to heart. Leucorrhœa replaces menses. Soreness of face of thighs, before menses.

Related: Ars. Lach.

### ZINCUM ARSENICICUM

### WORSE:

10 A.M. and 3 P.M. Light exertion.

Occipital pain. Blue vision. Burning in **bladder**. Numb r. arm, then left, > writing. Soles ache when tired, > pressure. **Lumbar pain**, < **exertion**, sitting, jarring, or standing.

### ZINCUM CHROMATUM

# **REGION:**

Ears. Nose. Throat. Left side.

# WORSE:

**MOTION**. Lying on back. Washing head.

Related: Pul.

# **ZINCUM IODATUM**

REGION: Heart. Nerves. Valves.

WORSE: Lying on L. side. Heat.

Related: Sticta.

### ZINCUM METALLICUM

REGION: <u>BRAIN AND NERVES:</u> Occiput. Spine. Orbital region. Root of nose. Blood. Inner canthi.

WORSE: EXHAUSTION; mental. Suppressions. Noise. Touch. Wine. After being heated.

### BETTER:

**Motion**. Hard pressure. Warm open air. FREE DISCHARGES.

Fagged, enervated or depressed; can't throw things off; develop exanthema or discharges, etc. Increasing weakness; < eating; with restlessness. Isolated effects; one part numb, another sensitive; formication; pain in spots; between skin and flesh, etc. Transverse pains. Automatic acts. Tremor. Jerkings; nightly. Spasm. Shootings. Descending paralysis. Disabling bone pains. Bloody discharges. ..... Fretful and sensitive; cries if vexed. Easily startled, excited or intoxicated. Muddled. Forgetful; repeats the question, then answers. Brain-fag. Screams; if moved; during sleep; with pain, etc. Violent vertigo; with stupor. Headache of varying intensity; pressive on vertex or root of nose; into eves; with weak vision; < warmth, > hard pressure. Temples; heavy ache in; pain, < biting. Occiput; dragging, down back; as of a blow on, then weak legs; heat in. Crashing in head on falling to sleep. Rolls head and grinds teeth. Brain paralysis. Hair painful; on vertex; bristles. Eves feel drawn together. Squint. Lachrymation on eating. Pterygium. Swelled nose. Pale, bluish, miserable face. Sticky lips. Bitter mouth. Voracity. As of a lump in liver region or at navel. Hypogastric flatulence. Itching at anus during stool. Piles draw down, > heat < walking; ulcerate. Violent urging but urinates only in certain positions, bending backward, crossing limbs, etc.; blood follows urine. Pressive cutting about kidneys. Grasps genitals; with each cough, etc. Sexual excitement. Onanism; during menses. Profuse, lumpy menses. Pain (boring) in I. ovary. Spasmodic dyspnœa, < flatulency > expectoration. Bursting, one hard throb or as of a cap over heart. Hard heart beat. Constricted chest. Nape tired; < mental exertion; lame, then stupor. **Spine aching**, **burning along**, < sitting; sensitive; inter-scapular cutting, > eructations; weak lumbar, < standing. Spasms, from spinal injuries. Pains in limbs on becoming heated. Hands tremble; eczema on. CAN'T KEEP FEET

AND LEGS STILL; cramp when cold. Toes feel swelled; sore; ache in tips. Sensitive soles. Bones of feet feel broken. Sweaty feet, with sore toes. Stumbling. Spastic gait. Varicoses; painful; chronic; on genitals. Broken, unrefreshing sleep.

> Antidote: Tab. Complementary: Pul. Related: Ign. Kali-p. Lach. Pic-ac.

## ZINCUM PHOSPHORICUM

Mental fatigue, depression and paralysis. Abuse of Bromides. Epilepsy.

# ZINC VALERIANICUM

REGION: Nerves. Ovaries. Spine.

#### BETTER: Rubbing.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

### **DURATION OF ACTION OF REMEDIES**

Table of the approximate minimum **Duration of Action of Remedies** by weeks.

Aco. \* Agar. (3) \* Ag-c. (1) \* Alu. (4) \* Amb. (4) \* Am-c. (4) \* Am-m. (2) \* Anac. (3) \* Ang. (2) \* Ant-c. (5) \* Ant-t. (2) \* Arg-m. (2) \* Arn. (2) \* Ars. (4) \* Asaf. (4) \* Asar. (1) \* Aur. (4) \* Bar-c. (5) \* Bell. (3) \* Bism. (3) \* Bor. (2) \* Bov. (4) \* Brom. (2) \* Bry. (2) \* Calad. (4) \* Calc-c. (5) \* Cam. (1) \* Cann. (1) \* Canth. (2) \* Caps. (2) \* Carb-an. (4) \* Carb-v. (4) \* Caust. (5) \* Cham. (1) \* Chel. (1) \* Chin. (3) \* Chi-s. (2) \* Cic. (4) \* Cina. (2) \* Clem. (4) \* Coccl. (2) \* Cof. \* Colch. (3) \* Coloc. (4) \* Con. (3) \* Croc. (1) \* Crot-h.(3) \* Cup. (3) \* Cyc. (2) \* Dig. (3) \* Dros. (2) \* Dulc. (4) \* Euphr. (2) \* Euphor. (4) \* Fer. (5) \* Flu-ac. (3) \* Grap. (5) \* Guai. (3) \* Hell. (3) \* Hep. (6) \* Hyos. (1) \* Ign. (1) \* Iod. (4) \* Ip. \* Kali-c. (6) \* Kali-n. (4) \* Kre. (1) \* Lach. (3) \* Laur. \* Led. (4) \* Lyc. (5) \* Mag-c. (5) \* Mag-m. (4) \* Mang. (4) \* Mar-v. (2) \* Men. (2) \* Merc. (2) \* Mez. (4) \* Mos. \* Mur-ac. (3) \* Nat-c. (4) \* Nat-m. (4) \* Nit-ac. (4) \* Nux-m. (1) \* Nux-v. (2) \* Old. (3) \* Op. \* Par. \* Petr. (5) \* Pho. (5) \* Pho-ac. (4) \* Plat. (4) \* Plb. (3) \* Pru-s. (3) \* Pul. (1) \* Ran-b. (3) \* Ran-sc. (4) \* Rhe. \* Rhod. (4) \* Rhus-t. (4) \* Rut. (1) \* Saba. (3) \* Sabi. (4) \* Samb. \* Sars. (3) \* Sec-c. (2) \* Sele. (4) \* Seneg. (3) \* Sep. (6) \* Sil. (6) \* Spi. (2) \* Spo. (3) \* Squ. (2) \* Stan. (4) \* Stap. (3) \* Stram. \* Stron. (4) \* Sul. (5) \* Sul-ac. (3) \* Tarax. \* Thu. (3) \* Valer. (1) \* Ver-a. (2) \* Verb. (1) \* Vio-o. (1) \* Vio-t. (1) \* Zin. (4)

Copyright © Médi-T 1999

Main

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

### **COMPLEMENTARY REMEDIES**

ABROTANUM-Bry. Kali-bi. Lyc.

ACETIC ACID-Chin.

ACONITE-Arn. Bell. Bry. Cof. Mill. Pho. Spo. Sul.

AETHUSA-Calc-c.

AGARICUS-Calc-c.

ALLIUM SATIVA-Ars.

ALOES-Sul.

ALUMINA-Bry. Fer.

ANTIMONIUM CRUDUM-Scil.

ANTIMONIUM TART.-Bar-c.

APIS-Arn. Ars. Bar-c. Hell. Merc-cy. Nat-m. Pul.

ARGENTUM NITRICUM-Calc-c. Nat-m. Pul. Sep.

ARNICA-Aco. Calc-c. Nat-s. Psor. Rhus-t. Sul-ac.

ARSENICUM-All-s. Carb-v. Lach. Nat-s. Pho. Pul. Sul. Thu.

ARUM TRI.-Nit-ac.

ASAFOETIDA-Caus. Pul.

ASARUM-Caus. Pul. Sil.

BARYTA CARB.-Ant-t.

BELLADONNA-Bor. Calc. Hep. Merc. Nat-m.

BRYONIA-Abro. Alu. Kali-c. Lyc. Rhus-t. Sep. Sul.

BUFO-Calc-c.

CACTUS-Ars.

CALADIUM-Nit-ac.

CALCAREA CARB. - Bar-c. Lyc. Sil.

CALCAREA FLUOR-Rhus-t.

CALCAREA PHOS. - Ruta. Sul. Zin.

CALENDULA-Hep.

CANTHARIS-Apis.

CAPSICUM-Nat-m.

CARBO AN.-Calc-ph.

CARBO VEG. - Ars. Chin. Kali-c. Lach. Pho.

CAUSTICUM - Grap. Lach. Petros. Sep. Stan. Stap.

CEPA-Pho. Pul. Sars. Thu.

CHAMOMILLA-Bell. Calc-c. Mag-c. Sanic.

CHELIDONIUM-Lyc. Merc-d.

CHINA-Ars. Calc-p. Carb-v. Fer. Kali-c.

CINA-Calc-c. Dros. Sul.

CINNABAR-Thu.

CLEMATIS-Merc.

COCCULUS IND.-Petr.

COFFEA-Aco.

COLCHICUM-Ars. Spi.

COLOCYNTHIS-Caus. Merc. Stap.

CONIUM-Pho. Sil.

CORALLIUM RUB. - Sul.

CROTALUS HOR. - Carb-v. Lycps.

CUPRUM-Ars. Calc-c. lod.

DROSERA-Carb-v. Nux-v. Sul.

DULCAMARA-Alu. Bar-c. Nat-s.

FERRUM-Alu. Ars. Chin. Ham.

FERRUM PHOS.-Nat-m.

FLUORIC ACID-Sil.

GELSEMIUM-Arg-n. Sep.

GLONOIN-Bell.

GRAPHITES - Ars. Caus. Fer. Hep. Lyc. Sul.

HAMAMELIS-Fer. Flu-ac.

HELLEBORUS-Zinc.

HEPAR-lod. Sil.

IGNATIA-Nat-m. Pho-ac. Pul. Sep.

IODINE-Bad. Lyc. Sil.

IPECACUANHA-Ars. Cup.

KALI-BI.-Ars. Pho. Psor.

KALI CARB. - Ars-io. Carb-v. Nit-ac. Pho.

KALI MUR.-Calc-s.

KALMIA-Benz-ac. Spi.

KREOSOTUM-Sul.

LACHESIS - Ars. Calc-c. Carb-v. Hep. Lyc. Nit-ac. Pho. Zin-io.

LACTIC ACID-Psor.

LEDUM-Chin. Sep.

LEPTANDRA-Pho.

LYCOPODIUM-Calc-c. Grap. Iod. Kali-c. Lach. Pho. Pul. Sul.

MAGNESIA CARB.-Cham.

MARUM VER.-Calc-c.

MERCURIUS-Aur. Bad. Bell. Hep. Sep. Sul.

MEZEREUM-**Merc**.

NATRUM CARB.-Sep.

NATRUM MUR.-Ap. Arg-n. Ign. Sep.

NATRUM SUL.-Ars. Thu.

NITRIC ACID-Ars. Aru-t. Calad. Calc-c. Lyc. Thu.

NUX MOSCH. - Calc-c. Lyc.

NUX VOMICA-Bry. Cham. Con. Kali-c. Pho. Pul. Sep. Sul.

OPIUM - Alu. Bar-c. Bry. Pho. Plb.

PALLADIUM-Plat.

PETROLEUM-Sep.

PHOSPHORIC ACID-Chin.

PHOSPHORUS-Ars. Calc-c. Cepa. Kali-c. Lyc. Sang. Sep. Sil. Sul.

PLUMBUM-Rhus-t.

PODOPHYLLUM - Calc-c. Nat-m. Sul.

PSORINUM-Sep. Sul. Tub.

PULSATILLA-Ars. Bry. Kali-bi. Kali.-s. Lyc. Sep. Sil. Stan. Sul. Sul-ac. Zin.

RHEUM-Mag-c.

RHUS TOX. - Bry. Calc-c. Caus. Lyc. Med. Pho. Phyt. Pul. Sul.

RUTA-Calc-p.

SABADILLA-Sep.

SABINA-Thu.

SANGUINARIA-Ant-t. Pho.

SARSAPARILLA-Merc. Sep.

SCILLA-Ant-c.

SECALE-Ars. Thu.

SEPIA-Nat-m. Pho. Psor. Pul. Sul.

SILICEA-Flu-ac. Hep. Lyc. Pho. Thu.

SPIGELIA-Spo.

SPONGIA-Hep.

STANNUM-Pul.

STAPHYSAGRIA-Caus. Coloc.

SULPHURIC ACID-Pul.

SULPHUR-Aco. Alo. Ars. Bad. Bell. Calc-c. merc. Pul. Psor. Pyro. Rhus-t. Sep. Sul-io.

SUMBUL-Lactuca.

TABACUM-Op.

TARENTULA-Ars.

THUJA-Merc. Nat-m. Nit-ac. Pul. Sabi. Sil. Sul.

TUBERCULINUM - Calc-c. Kali-s. Sep.

VERATRUM ALB.-Ars. Carb-v.

ZINCUM-Pul. Sep. Sul.

Copyright © Médi-T 1999

### A SYNOPTIC KEY OF THE MATERIA MEDICA By Cyrus Maxwell BOGER Presented by Médi-T

### ANTAGONISTIC REMEDIES

ACETIC ACID-Bor. Caus. Nux-v. Ran-b. Sars.

AMMONIUM CARB.-Lach.

APIS-Rhus-t.

BELLADONNA-Dulc.

**BENZOIC ACID-Copaiv.** 

CAMPHOR-Kali-n.

CANTHARIS-Cof.

CARBO VEG.-Kreosot.

CAUSTICUM-Acet-ac. Cof. Colo. Kali-n. Nux-v. Pho.

CHAMOMILLA-Zinc.

CHINA-Dig. Sele.

COCCULUS-Cof.

COFFEA-Canth. Caus. Coccl. Ign.

COLOCYNTH-Caus.

DIGITALIS-Strop.

DULCAMARA-Bell. Lach.

IGNATIA-Cof. Nux-v.

IPECAC-Chin. Op.

KALI NIT.-Cam. Caus. Ran-b.

LACHESIS-Am-c. Dul. Nit-ac. Sep.

LYCOPODIUM -Nux-mos.

MERCURY-Lach. Sil.

NITRIC ACID-Lach. Nat-m.

NUX MOSCHATA-Lyc. Nuxv. Pul. Rhus-t. Sil. Squ.

NUX VOMICA-Acet-ac. Caus. Ign. Nux-m. Zin.

PHOSPHORUS---Caus.

PULSATILLA-Nux-m.

RANUNCULUS BULB.-Acet-ac. Kali-n.

SARSAPARILLA-Acet-ac.

SELENIUM-Chin.

SEPIA-Lach.

SILICA-Merc. Nux-m.

STAPHYSAGRIA-Ran-b.

SULPHUR-Nux-m. Ran-b.

ZINCUM-Cham. Nux-v.

Copyright © Médi-T 1999

# H.I. English

English

Books online Articles online All languages Journal Boutique Links Miscellanous Forums

### H.I. French

French

# Homeopathy Home

Homeopathy Home

Membership: H.I. accepts Credit Cards

# HOMÉOPATHE INTERNATIONAL

We help homeopathy

H.I. English

is a french non-profit organization (<u>Membership</u>) that is dedicated to develop an information database on homeopathy on the net. We invite the profession to help us. NYPD & NYFD

New

Best of

#### **Click Here**

22 Juin

Book by Alexander Kotok: The history of homeopathy in Russian Empire...

Album by Sylvain Cazalet: Homeopathic remedies: An illustrated guide.

Album by Michel Séret: Photographies du Dr Michel Séret.

Album by Robert Séror: 400 new photos

Book by E. P. Anshutz: New, Old And Forgotten Remedies

Software by J.J. Kasparian: Version Mac Anglaise du "S.E. Duprat"

#### 3 Articles by Peter Morrell:

Homeopathy is not a 'doctrinal system' Very Ancient Origin of Contagionism The reality of holism

Article by H.G. Ashmead: A Brief History of Homeopathy in Delaware County.

Article by F.N. Ward: Twilight Sleep

Article by S. Cazalet: Old Disease Names

Article by D.H.A.P.: Origin & growth of homeopathy in India

Article par Bernhardt Fincke: The Principle of the least action

Photothèque \* ForumsNew

Boericke: M.M. \* Rep.

Kent: Rep. \* M.M. \* Philo. \* Cases \* New Rem. \* Writings

Clarke: M.M. \* 13 Clarke

TF Allen: Pure MM + Clinical Hints

Boger: Syn. Key + Philo.

Nash: Region \* Therap.

Hahn.: Organon [Deutsch] \* Chronic Dis.

Morrell: Site \* Articles \* RLHH \* Glasgow \* British H.

Boenninghausen \* Guernsey \* Biographies \* R. Bosch \* Lippe \* H.C.Allen \* Close \* Roberts \* Arndt \* WW1 \* Curie \* Talcott \* Jones \* Bidwell \* Hutchison \* Russia \* Kasparian \* Cazalet \* Illustrated guide \* Séret \* Washington \* B.Jain \* Wallpaper \* Game \* Anshutz \* etc.

All material © copyright by the authors. Comments are welcome: webmaster.

H.I. Français

Français

Grand Public Acteurs Dr R. Séror Journal Auteurs Livres en ligne Boutique Liens amis Divers Forums

H.I. English

English

**Editions Marco Pietteur** 

# HOMÉOPATHE INTERNATIONAL

#### Nous faisons avancer l'Homéopathie

Homéopathes, ce serveur vous est dédié !

C'est un point de rencontre pour les homéopathes, et une source de documentation. Proposez vos textes, participez aux discussions, faites nous part de vos expériences, etc..

Une pensée pour nos amis de New York.

Nouveautés

Best of

### **Click Here**

Chiunque conosca il sedicente: Dr. **Daniel Ginexi**, via cavallotti,15 42041 brescello (re) di Reggio Emilia, <u>ginexi@virgilio.it</u>, gli riferisca che ha in sospeso con Homéopathe International un pagamento di 1155 FF, e che dimostri la sua correttezza saldandolo subito.

22 Juin

#### 2 articles par le Pr Léon Vannier (Fr.):

Homéopathie et Grossesse Le Choix du remède Homéopathique

#### 4 articles par Bruno Laborier (Fr.):

Les maladies sexuellement transmissibles selon Samuel Hahnemann. "Essai sur un nouveau principe...": <u>critique des vertus curatives des remèdes</u>. <u>Quelques principes hygiéniques</u> d'Hahnemann à l'épreuve du temps. <u>Généralités sur les observations et les prescriptions de Samuel Hahnemann à Paris</u>.

#### Livres + articles par le Dr Robert Séror (Fr.):

Key Notes au fort degré vérifiés cliniquement ou la recherche du diagnostic intuitif. Pathogénésies de l'an 2000 Pathogénésies Latéralités et Irradiations. Biographie du Dr M. Granier Les 504 Pionniers de l'Homéopathie L' Homéopathie Française de 1844 à 1850 Revues de presse 37 \* 38 \* 39 \* 40 \* 41

#### Article par Sylvain Cazalet (Fr.): L'homéopathie américaine pendant le 1ère guerre mondiale.

Livre par Sylvain Cazalet (Fr. & Eng.): Homeopathic remedies: An illustrated guide.

#### Album par Michel Séret (Fr. & Eng.): Photographies du Dr Michel Séret.

Album par Robert Séror (Fr. & Eng.):

400 nouvelles photos dans la photothèque.

#### Livre par E. P. Anshutz (Eng.): New, Old And Forgotten Remedies

Livre par Alexander Kotok (Eng.): The history of homeopathy in Russian Empire...

Programme par J.J. Kasparian (Eng.):

#### Version Mac Anglaise du "S.E. Duprat"

#### 3 articles par Peter Morrell (Eng.):

Homeopathy is not a 'doctrinal system' Very Ancient Origin of Contagionism The reality of holism

Article par H.G. Ashmead (Eng.): A Brief History of Homeopathy in Delaware County.

#### Article par F.N. Ward (Eng.): Twilight Sleep

Article par S. Cazalet (Eng.): Old Disease Names

Article par D.H.A.P. (Eng.): Origin & growth of homeopathy in India

#### Article par Bernhardt Fincke (Eng.): The Principle of the least action

Article par S. Hahnemann (Deutsch.): Versuch über ein neues Prinzip zur Auffindung der Heilkräfte der Arzneisubstanzen, nebst einigen Blicken auf die bisherigen.

Article par Pierre Schmidt (Deutsch.): Kleine Dosen - Große Resultate! Homöopathie für Tiere

Article par R. Prebisch (Spanish): La Homeopatia en Tucuman, Argentina

#### Français:

<u>Séror</u> \* <u>Forums</u> \* <u>Demangeat</u> \* <u>Hui Bon Hoa</u> \* <u>Souk-Aloun</u> \* <u>Horvilleur</u> \* <u>Rép. Boericke</u>New \* <u>13 Clarke</u> \* <u>Bio HI</u> \* <u>Bio RS</u>New \* <u>C.G.H.</u> \* <u>Photothèque</u> \* <u>H.D.S.</u> \* <u>Allen</u> \* <u>Fragmenta+mmp</u>New \* <u>Art Boger</u> \* <u>Nash</u> \* <u>Vie SH</u> \* <u>Keynotes</u>New \* <u>Tropical</u> \* <u>Rec.98 Ehhds</u> \* <u>Laborier</u>New \* <u>Patho 2000</u>New \* <u>Patho Julian</u>New \* <u>Lexique R.H.</u> \* <u>Dynamis</u> \* <u>Talcott</u> \* <u>Gallavardin</u> \* <u>Kasparian</u> \* <u>Latéralités</u>New \* <u>Leblond</u> \* <u>St-Luc</u> \* <u>etc.</u>

#### Anglais:

Photothèque \* ForumsNew

Boericke: M.M. \* Rep.

Kent: Rep. \* M.M. \* Philo. \* Cases \* New Rem. \* Writings

Clarke: M.M. \* 13 Clarke

TF Allen: Pure MM + Clinical Hints

Boger: Syn. Key + Philo.

Nash: Region \* Therap.

Hahn.: Organon [Deutsch] \* Chronic Dis.

Morrell: Site \* Articles \* RLHH \* Glasgow \* British H.

Boenninghausen \* Guernsey \* Biographies \* R. Bosch \* Lippe \* H.C.Allen \* Close \* Roberts \* Arndt \* WW1 \* Curie \* Talcott \* Jones \* Bidwell \* Hutchison \* Russia \* Kasparian \* Cazalet \* Illustrated guide \* Séret \* Washington \* B.Jain \* Wallpaper \* Game \* Anshutz \* etc.

Bonnes adresses sur Internet:

Moteurs de recherche Interne: <u>Search</u> ou Externe: <u>Google</u> \* <u>Altavista</u>

Annuaire téléphonique inversé: Infobel

Acheter un livre ancien: Abebooks

Vente aux enchères: Ebay

#### Informations sur ce site:

1er site homéopathique avec:

+ 1.000 documents exclusifs ou inédits 8 programmes gratuits à télécharger 2 forums + 1 moteur de recherche + 1.000 photos différentes + 25.000 pages online + 8.000 pages .html + 65 Livres online + 500 Articles 7 langues 1 journal

+ 15.000.000 de fichiers consultés par an + 1,2 Go: Volume occupé par ce site + 1.100.000 visiteurs par an + 160 Go de tranfert par an

H.I. Français : Textes \* Idées \* F.A.Q. \* Participer \* Webmaster \* Adhésion & Don

Les textes publiés sur H.I. sont copyright, restent sous la responsabilité des auteurs correspondants, n'impliquent pas la caution d'H.I. dont les idées peuvent différer, et ne remplacent pas une consultation chez un homéopathe. Ecrire au webmaster.

Note: The hyperlink does not resolve to any location in this document either because the depth of the link was greater than the maximum specified for conversion or because the hyperlink in the source document was broken.